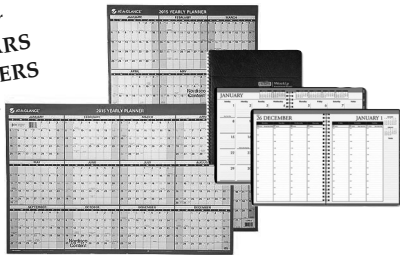


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CHILI SUNDAY
January 11,
11am-2pm
in Kane Valley

More info
www.nicolanordic.ca

Bring enough chili for your group and add it to the communal pot over the fire pit at Parking Lot 3 (approx. 4 km up the Kane Valley Rd., on the right) Bring your own dishes, and the club will supply the buns, cookies & hot drinks... and have the fire going!



BEGINNER'S QUILTING CLASS

Curious about quilting?

In this series of classes you will be introduced to the equipment and skills needed to construct and finish a small table runner. You will learn about rotary cutting, strip-piecing and machine quilting.

Monday January 19, 6:30 to 9:30 pm & Saturday January 24, 9:00 to 4:00 pm

Cost \$50.00 plus supplies.

Kits of fabrics from Katja's Quilt Shop are available for this class at Granny's House.

Phone Eleanor 250-378-3734 to register

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MIDWEEK EDITION – JANUARY 7, 2015 #2672

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Alfie Gray

There will be a Celebration of Life for Alfie Gray at the Adelphi Hotel on Sunday, January 11 at 1pm.

If you knew him, please join us to share some stories with family & friends.

Letter to the editor

While we're talking about waste...

[About the biowaste] I agree with the residents, but why not also try to stop the garbage being dumped behind Lower Nicola. In Ontario and Van Island they removed the dumping fees and moved to keep the dump open longer hours and on weekends. Here they increased the fees on house renovation dumping and we will have a bigger problem in the spring. Already there are numerous sites near the dump that are being illegally used by residents of this valley. I have tried to make some changes by contacting the TNRD and have seen little or no action. With that going on, what the heck might as well just dump garbage anywhere, nobody seems to care. —Darlene

Chili Sunday

If you ski (or would like to try), or would just like to check out the Kane Valley cross-country ski trails, head up there this Sunday, Jan 11, for the Nicola Nordic Ski Club's annual Chili Sunday, 11am-2pm. This event is open to all — it's a fun way to get to know new people, share some food, ski some trails!

It all started with some local hard-core nature-lovers in the 1970s skiing the old logging skid trails. Over the years, they've been developed into over 50 kms of wilderness trails, all well mapped and marked. Through hundreds of volunteer hours, community involvement, industry support of Tolko, Rotary sponsors, VSA and Ministry of Forest, the incredible vision and hard work of community members has led to this unique ski area.

The Nicola Nordic Ski Club is a non-profit society. All fees collected go directly to grooming the ski trails and maintaining the equipment. The rate to ski is \$7/day or a season pass is \$40 for individual & \$80 for family.

Interested in learning how to ski? A group lesson will begin Sunday at 11am. Round up some skis and come give it a try! Bring enough chili for your group and add it to the communal pot over the fire pit at Parking Lot 3 (approx. 4 km up the Kane Valley Rd., on the right). Bring your own dishes, and the club will supply the buns, cookies and hot drinks... and have the fire going.

More information is available on the website, including updates on trail conditions: www.nicolanordic.ca

January: Alzheimer Awareness month

January is Alzheimer Awareness month, and to help promote awareness of the disease, the Merritt and District Hospice Society has partnered with the Alzheimer Society of BC to host an info session on Alzheimer's disease and advance care planning. The speaker will be Tara Hildebrand from the Alzheimer Society of BC.

Tara will talk about the progression of the disease, coping and managing strategies, and self-care. She will also talk about the importance of a power of attorney and having a representation agreement.

This information session is free to the public, and will take place on Tuesday, January 20, 1-4pm at the Merritt Civic Centre, Room 2. FMI, contact Jill 378-4577.

I'm Tired! Christmas was finally over and the pastor's wife dropped into an easy chair saying, "Boy, am I ever tired." Her husband looked over at her and said, "I had to conduct two special services last night and three today, and I gave a total of five sermons. Why are you so tired?" "Dear," she replied, "I had to listen to all of them." **Chinese Restaurant** Luke and Obi-Wan are in a Chinese restaurant having a meal. Skillfully using his chopsticks, Obi-Wan deftly dishes himself a large portion of noodles into his bowl, then tops it off with some chicken and cashew nuts. All this is done with consummate ease you'd expect from a Jedi Master. Poor old Luke is having a nightmare, using his chopsticks in both hands, dropping his food all over the table and eventually himself. Obi-Wan looks at Luke disapprovingly and says, "Use the FORKS, Luke."

Community

MSS trip to Flanders and Vimy Ridge

MSS students are fundraising for a trip to Flanders Fields & Vimy Ridge, and looking for donations of bottles (they will pick up). They are also interested in doing odd jobs or services to raise money for the trip. Please call Jen Bowden 315-0221 or jbowden@sd58.bc.ca Thanks for helping them realize their dream.

Biosolids public mtg

A biosolids public meeting is scheduled for Monday, Jan. 26, 2015. There will be a variety of presenters & speakers. Watch for more details after the holidays.

Shelter still looking for volunteers

The NV Shelter and Support Society is still seeking volunteers to fill shifts at the Shelter from 5-9pm and 9pm-midnight.

New volunteers and those who would like a refresher are invited to attend a volunteer training session on Wed., January 14, 7pm. The location will be determined by attendance. If you would like to attend, please register by email kreid.nvsss@gmail.com, by texting (250)492-4908, or by phone 378-3955. Application packages are available at the Community Policing Office.

'Big Brothers Big Sisters' in Merritt

Big Brothers Big Sisters is looking for volunteer mentors to get involved in their programs in Merritt. To become a volunteer mentor, please contact Brittney, Mentoring Coordinator for Merritt, 280-2327, brittney.parks@bigbrothersbigsisters.ca, or in person at 2133 Quilchena Ave., Community Policing Office.

Swingin' Fiddles return to Merritt!

If you missed them a few years ago (or loved them!) *Swingin' Fiddles* are coming back to town. They feature fiddling, step dancing, vocals, acrobatics & humor — great family entertainment. Scott Woods' 2015 tour *Fiddling in the key of...eh?* explores some of the great Canadian fiddling styles and influences from Cape Breton tunes to Acadian and Irish to French Canadian and Metis.

The concert is set for Sunday May 31, 2015, 7pm at the Civic Centre sponsored by Trinity United Church. Adults \$25, Children 12 & under \$10, tickets available now from Gloria, 378-4153. FMI www.scottwoods.ca

Merritt, BC Homeschoolers

Merritt, BC Homeschoolers are organizing events. FMI contact Cecilia 315-0022 evenings, or ask to join their facebook page.

Cadets seeking volunteers, instructors

The Army Cadets are looking for volunteers, marksmanship, archery, biathlon and first aid instructors, officers & guest speakers. They also welcome youths aged 12-18 to join them at 1755 Coldwater Ave on Tues. 6:30pm-9pm, no registration fee. FMI please follow them on FB at 950 *The Rocky Mountain Rangers Army Cadet Corps* or Tracy 378-4722.

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