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SUNDAY**

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Intuitive Painting WORKSHOP

WITH **JEAN
BURGESS**

March 27, 28
& 29, 2015
Friday: 6-9 pm
Saturday 10-5
Sunday 10-3:30

Intuitive Painting focuses on your spontaneous self
expression via contact with creative energy. The focus is not on final
product or artistic technique. Painting is used as a tool to help you
face the creative void evoked by the empty white
paper. You will explore your patterns that prevent the spontaneous
emergence of images and colour. You will be introduced to a method of
inquiry that dissolves creative blocks, moves you
deeper into your inner authentic world, and

No previous painting experience is necessary. Be prepared for
fun, emotions, self discovery,
soul support and colour!

Painting process and photos at www.mypage.uniserve.ca/~sn1138/

Riverwinds Retreat
1016 Highway 8,
12 km west of Merritt

\$160/person includes:
Instruction, all supplies &
materials, lunch, coffee,
tea and snacks each day

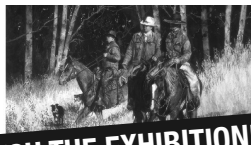
Accommodation may also be
available for an additional fee

Register by emailing Jackie
Jackie.stibbards@gmail.com

Space is limited



Jean Burgess



LAST CHANCE TO CATCH THE EXHIBITION!



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BY
*Harold
Allanson*

NICOLA VALLEY RANCH LIFE

EXHIBIT FEBRUARY 27 - MARCH 7, 2015

JOIN US FOR THE
ARTIST'S RECEPTION FEBRUARY 27, 5-7PM

AT THE COURTHOUSE ART GALLERY
1840 Nicola Avenue, Merritt BC

Gallery open Fridays & Saturdays
10am to 4pm
for the duration of the exhibition



Harold Allanson, STONE CROP STUDIO
255 James Way, Gabriola Island, BC
Telephone: (250) 247-7930
haroldallanson.com hallanson@shaw.ca

Nicola Valley Community Arts Council
Telephone: (250) 378-6515
www.nvartscouncil.ca
NicolaValleyArtsCouncil@gmail.com

MERRITT MORNING MARKET



WEEKEND EDITION - MARCH 6, 2015 #2696

News, opinion, community events & classifieds since 1996! Box V1K 1B8
T (250)378-5717 F (250)378-2025 market@uniserve.com merrittmorningmarket.wordpress.com



Celebrate Women (L-R) Sarah Molnar, Sandy Labermeyer, Lynn Snook, Patricia Caroline (Lynne) Ray, Marlene Fenton, Nadine Jolly, Deborha Merrick, Darlene Lewis Deneef & Louisa Robertson were honoured at last night's NV Women in Action International Women's Day event. The event is in its 11th year, and recognizes the women whose contributions make a difference in our community.

Spring forward Daylight Saving Time

When local standard time is about to reach Sunday, March 8, 2AM clocks are turned forward 1 hour to Sunday, March 8, 3AM local daylight time instead.

Sunrise and sunset will be 1 hour later on Mar 8, 2015 than the day before, with more light in the evening.

IHA's response to biosolids concerns

Late last month, Interior Health initiated a reporting line for anyone in Sunshine Valley who believes "... that the air, water or land will be or is being adversely affected by biosolids operations, or any operation, to the point there may be potential health impacts."

Then it goes on to say: "Interior Health seeks best practice for the protection of human health and the environment, and upon notification of land application project intentions, can stipulate direction or conditions of practice."

And that's not sitting well with residents opposed to the biowaste operations in Sunshine Valley. They read into that statement that IHA likely has no intention of stopping biosolids operations, rather that they plan to continue [to allow] sludge importation and application. And they'll react when adverse effects show themselves.

The reporting line is 250-851-7340.

2pm (lunch included). Get up-to-date stats from the Extreme Weather Response Shelter. Learn about ASK Wellness housing programs and add your voice to the conversation about *Housing First* and support services in our area. RSVP to NVSSS coordinator Kelly Reid 378-3955 or kreid.nvsss@gmail.com

St. Patrick's Day luncheon The Catholic Women's League will hold its annual St Patrick's Day luncheon on Tuesday, March 17, 11am-2pm at Catholic Church Hall. Delicious luncheon, reasonably priced, everyone welcome.

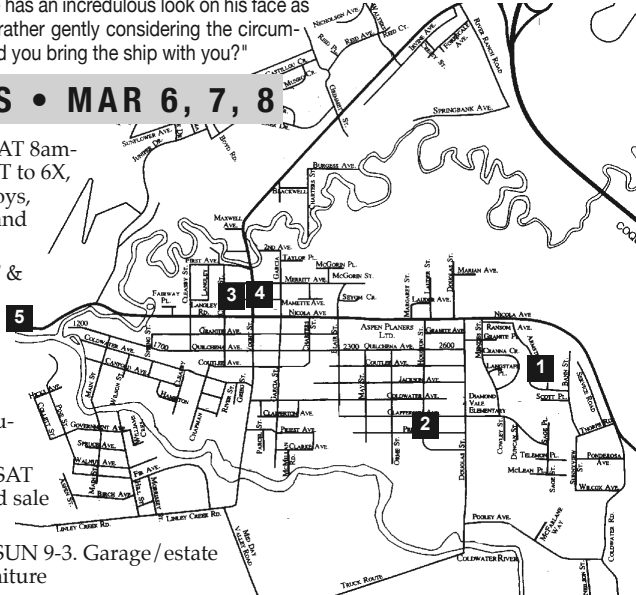
Spring dance camp Fun-filled Spring Dance Camp during second week of Spring Break, March 23 to 27, 8:30am-1pm every day. Register before March 13 to enjoy a week of dance and dance fitness. Also lessons in stage make-up and hair styles for dance class and the stage. 378-9898 or dance@telus.net

Canadian Cancer Society daffodils Daffodils are \$5.60 for a bunch of 10. Orders must be received at Baillie House by Mar. 17, flowers arrive on Mar. 26. FMI 378-0349.

Helmsman Training A young man who wants to see the world signs on to a steamship to be trained as a helmsman. He masters the classroom instruction and then starts his practical training on the wheel of the vessel. In his first lesson, the mate gives him a heading, and the young fellow holds to it. Then the mate orders, "Come starboard." Pleased at knowing immediately which way starboard is, the young man leaves the helm and walks over to his instructor. The mate has an incredulous look on his face as the helm swings freely. Then, rather gently considering the circumstance, he asks politely, "Could you bring the ship with you?"

GARAGE SALES • MAR 6, 7, 8

- 1650 Armstrong St., SAT 8am-12noon. Girls clothes 5T to 6X, boys clothes 2T to 4T, toys, electronics, furniture, and much more
- 1434 Douglas St., SAT & SUN 8:30am-2pm. 100% of the proceeds goes towards the Merritt Army Cadets
- Merritt Civic Centre, SAT 8am-1pm. Community Yard Sale
- Baillie House, TUES-SAT 10am-4pm. Spring yard sale
- 434 Barwick Ave., Lower Nicola, SAT & SUN 9-3. Garage/estate sale, lots high-end furniture



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Black's Pharmacy

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Lynda's Cafe



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Project of the Merritt Dance Society



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Saturday
10 am to 4 pm

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& Marmette Ave.
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Nicola Valley Museum & Archives

1675 Tutill Court, Merritt, BC

Admission by donation

Winter Hours
Mon, Tues, Wed & Fri 10 – 3
Thur. 10-4.
Closed Sun.

Phone 250-378-4145 for appt or tour

Intuitive Painting WORKSHOP

WITH JEAN BURGESS

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Riverwinde Retreat
1016 Highway 8,
12 km west of Merritt

\$160/person includes:
Instruction, all supplies & materials, lunch, coffee, tea and snacks each day

Accommodation may also be available for an additional fee

Register by emailing Jackie
jackie.stibbards@gmail.com
Space is limited



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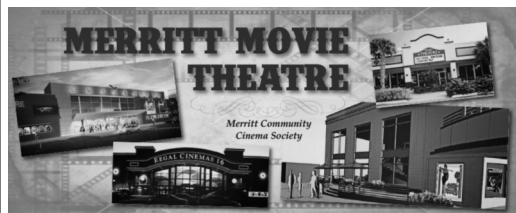
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MERRITT MORNING MARKET

FRIDAY EDITION – MARCH 6, 2014 #2696

Box 2199, Merritt, BC V1K 1B8 Tel: (250)378-5717 Fax (250)378-2025 Email market@uniserve.com

PERSONAL

LOST Mon. Mar. 2: Samsung flip phone nr Canadian Tire store or dwntwn, reward offered for return 378-2269

DOG walking, housesitting. 378-9577

LOST brass military combat diver coin 378-4853

WILL DO some casual babysitting in your home, have own trnsprt. Jean 378-6256

FOUND: tarp on Mamette Lk Rd, Feb 12, call to ID 378-1336

BINGO at Elks Hall, every Wed., 1pm

ND HELP spring cleaning, or any housekeeping 378-0466

LOST: sml blk shoulder purse w/ turq. plstc Int. Sav. change holder 378-6230

FOUND: set keys, nr Planet Fitness. Txt 280-0543

HANDICAPPED man in his 50s seeks a female companion 378-9577

WILL DO housework 315-6617 Suzanne

NEED housekeeper? 378-0466 avail. anytime

LITTLE Brother and Big Brothers looking to do yrd wrk, help w/ moving, snow shovelling, dump rns ect., have truck. Levi or Elijah 378-6740 leave msg

ANGIE'S TEA LEAF reading. Accurate, born gift, no questions asked, affordable/cheapest rates in town 378-8326 anytime

EMPLOYMENT OPPORTUNITY

AD PROP. MGT is looking for 3 labourers, 2 truck operators, p-t, on-call Jason 378-7122

SERVICES

WOODY'S tree services, pruning, falling, topping 378-2067, 315-8087

HARD TO LEAVE HOME? Mike's Light Delivery Service. At your service 378-9577

HANDYMAN FOR HIRE Home renovations, plmbg, roofing, flrng, wndws, drs, home mechanics, all makes/mdls. 315-0315 7 days a wk 6am-10pm. Free est. on all jobs, guaranteed qual. wrk.

CRAZY CRITTERS Dirt bikes, quads, mtrcycle, sml eng., snwmbls, auto serv. & repair. Machining, welding, fabricating, tire ganging, flat repairs by appt. 378-7690

PC REPAIRS/upgrades/networking. Call Rob 378-2644, visit tutortechs.x10.mx Drop offs only please

MASTER of the toolbox, home, auto, mechanical 315-5398, fully guaranteed

CERT'D tree faller w/ 29+ yrs falling exper., w'all the right gear, is now doing tree service & removal jobs, in Merritt. Free estimate, call 378-7204 anytime

DUMP runs, yrd cln-ups, hlf-tn trek, reas. rates Jim 378-7756

DRYWALL, textured ceiling, painting. Call Jeff (250)378-3709, (250)315-2066

ON-CALL delivery serv. w/ scooter, also bottle recycling. Mike 378-9577

GRANNY'S House Quilting & Retreat has fabric and sewing notions. 378-3734

CHILD CARE

NOW OPEN: Stepping Stones Family Day Care. Book now 315-3150, 315-3040

FOR SALE - APPLIANCES

BAR refrigerators, Copper Valley Motel \$20ea 378-9214

FRIDGE, dishwasher, washer & dryer 315-2345, 525-0240

APT sz freezer \$1250bo 378-6492

ADMIRAL dryer, \$100. 280-7511

SML fridge, wrks grt \$100obo 280-1576

PANASONIC over the range microwave w/ inverter 1100w \$100 exc cnd 378-5087

SHARP microwave, w/ht 320 378-3569

WOODS refrigerator 30"x63" exc. cond., w/ht, no frzr compart., no longer nd 2nd fridge. Will dlvr in twrn for \$20 378-6030

BAR-B-Q pit, steam cooks 4 full racks of ribs or 2 chickens. \$75 378-2410

FRIGIDAIRE hvy duty wshr/dryer combo \$3250bo 525-0033

WHIRLPOOL wshr & gs dryer \$250/both 378-5140

FRIGIDAIRE elect. range, gd wrking order. elect. Gene 378-3990

WASHER & dryer, gd wrking cnd \$750bo 378-9169

INGLIS Niagara 30" slf-cln elect. range, almnrd/blk gls oven dr \$75, prfct wrking cnd. 378-9563

FOR SALE - AUTOMOTIVE

NW PRICE on Dunlop AT20 Grand Track 74 tires P245/75R16 all-seas. m&s 95% tread 400 378-6868

04 FORD Focus, approx. 131k 378-2198

87 THUNDERBIRD \$700, vry gd cnd

98 Saturn 5-sp, vry gd cond \$1800. 378-5106, 315-8340

01 CHRYSLER Intrepid SE, 122k, 4 new snowys' s, p/wndws, p/lcks, p/mirrors, bonus 4 unmounted Michelin all-seas. tires \$2700. Jerry 378-4290

4 MULTI Mile Touring tires 195/65-15's, 90% tread \$200 378-5661

83 OLDS Cutlass Supreme Brougham, 2-dr, hardtop, 305 auto, gd shape \$2000obo 378-8156

87 HONDA Accord, lw km 378-3527, 280-1670

WHT fbrgls canopy w/ sliding wndws, fits Dodge Dakota ext. cab or single cab & Ford 150. \$600obo 378-4493

91 GMC ½ ton, reg cab short box, 4x4 standard w/ 305 v8, grt shape, only 211k \$2500 call/txt 315-3984

SML motorcycle carrying rck for rear car/pck-up \$100 Joe 378-2676

PRJCT: 98 Explorer 4x4, gd mtr/trans/ tires, etc but nds body wrk on frnt end \$600 378-2831

89 D50 Dodge pck-up 4x4 \$1800obo, lots nw parts, nice tires 378-3527

98 JEEP sport 4-dr 4x4 blk, no rust, mtr in-line 6 cal., head rebt 2010, 2 sets tires, 1 set nw 214k, A-1 shape \$2900obo 378-3648, 525-1212

97 ASTRO cargo van, fresh engine, gd tires/trans. \$2900obo 378-4315

SIDE running boards for pick-up. Checkerboard liner for Chev truck, sides only, nd to go ASAP text 378-9818

4 WNTR tires for Subaru, 2 tires for Mercedes Benz 378-2047

REAR brake shoes, nw/still in box fit 3/4-tn dodge truck \$50. 4 P265/75R15" Firestone Winterforce studded m&s tires, w/ snowflake, 100% tread, on nw mazda 5-hole rims, fit Ford Ranger 4x4, nw price \$800, rims free. 378-6312

5 P225X16RX16 m&s., vry gd tread \$250/all Joe 378-2676

4 235/75R17 gd radial tires 378-6585

05 F350 XL, 6.0 diesel, reg. cab, 6-spd. stdnrd, 257k, nw rims tires/brks rotors, alt & batt. x 1yr, nw FICM, EGR just serviced, 2" frnt lvl kit, cmpr tie-dwns incl, all synthetic oil, ms grt. \$7500obo, 378-7991

05 SUNFIRE, lw mi. 104k summr/wntr tires reg mag, nw batt. 378-5024

84 PLYMOUTH Reliant, \$200 315-4844

97 THUNDERBIRD, grt cond., sun roof, p/s p/w, a/c, 4 nw wntr studded tires, cruise \$1800obo 378-5187

COMPL. Ford pick-up diff assembly for 49-56 Joe 378-2676

94 NISSAN B21 prts trck, 4x4 6-cyl., gd eng/trans./rear end, canopy \$400obo (250)558-6868

96 CHEV Suburban 4x4, mech. spec. 350 vortex mtr, auto, studded snow tires, doesn't strt/fuel pmp prblms \$1000obo 378-8156.

02 GMC 2500 hvy duty ext cab 4x4, full load \$9500. **07 ultra** classic Harley Davidson touring bike \$12,5000 378-6069

OLDR Chev van, woman-owned \$2900 obo, drv away. 378-8326, 280-1576

97 WHT Plym. Breeze, 4-dr, 4-cyl, a/c, auto, tilt/cruise, cd gd tires, maintained/ bills to prove, no dnts/rst, nds batt. \$1100 OTF WHY 378-3474

HVY DUTY mesh canopy 64"x66" w/ lockable drs. Offrs? Trades? 378-6001

97 TOYOTA Carolla DX plus, rebt trans., cln, gd shape, 36,8123km auto, wht \$3000obo 378-4177

LIVESTOCK/ PETS & ACCESS.

45-GAL. aquarium \$50 378-5106, 315-8340

WTD: male Rotti for Stud purposes, have a sound German-lined female we are looking for stud, trade for puppy? 936-8747

FREE rabbit cage 378-6492

FISH tank, all equipment \$35 378-4001

TAKING orders for baby rabbits ready for Easter. Bill 315-3621, 378-4534

FREE insulated dog house, fresh pnt, nw shingled roof, will dlvr in twrn. 378-6030

6 BLK LAB + collie puppies, 2 males & 4 girls, brn Nov 30, email/call for pic. Punella@ telus.net (250)487-9483 In Merritt DT

COTTAGECRAFT pony girth \$30 378-2410

XL DOGHOUSES: Elegant, insul'd, french gable, vinyl siding, raingutters, from 100\$. Cathouses: Elegant, insulated, french gable, vinyl siding. 50\$. Cust. dimension/color avail. Call/txt 936-8740

FOR SALE - MISCELLANEOUS

PLUM trees \$10ea. 1502 Orme St. 378-4471

NHL train set, orig. 6 (collectors) all light up, total 8 trains w/ rck \$1000. NHL Canucks ring (men's) \$200.

Hockey cards, mnt cnd, from ealry 1990s, prices vary. **Autographed** Guy Lafleur framed picture 2003. 378-5106, 315-8340

WINE bottles empty and clean, 5 dozen \$10. 378-6433

GROW your own tomatoes & veg on patio/dck w/ self-catering planter 378-2778

WNDWS 2'7"x2'1.5, 2'10.5x2'10.5 w/ screen, 2 **grease guns.** Water tanks for trailer. **Tools,** various, compound mitre saw. **Flippers** sz 10. Pedestal sink 315-1004

KIDS Mega Blocks, lrg sz \$50 laundry bin full. txt only (604)757-7958

MIRROR 18"x60" \$20. 378-2759

ANTIQUES: lamps & more 378-8326

BRND NW Stag ukelele w/ custom padded case, instr. book to learn, cut. shoulder strap \$275 complete. 378-4773

RANGER scooter, 2 batt. \$600, will finance if need be 378-4001

MEDICAL equip: adjust. bathtub seat \$50, raised toilet seat \$20, nw sitz bath \$10, nw lrg wedge pillow \$10. 378-3569.

FREE: firewood from willow tree, behind Clapperton manor, Randy 525-0144 or just come get it.

FREE: Colourful, broken crockery for mosaics, Delft blues & celadon 378-2410

FREE kitchen cabinet, 1937 Merritt Ave., sitting in front of gar. 315-2345

LRG bag assorted ammunition for collectors 378-2136

ELECT. fireplace oak fin., lk nw/hrdly used Gene 378-3990

SCOOTER 4-whl Shoprider \$1000 cash 378-5149

3 BOXES oak hardwood, pd \$250, sell \$150. 378-5549

1 PICTURE of Beatles together, 1 of Ringo alone, vry old \$100 firm 378-8326

3 BARBIE dolls, \$10/all long hair. Porcelain dolls \$25 280-1576

NO!NO! hair removal system, as seen on tv \$200obo 315-6617

FREE: old wndws, RCA 35" tv, 2 wshrs 378-2047 1601 Bann St.

4' FLUOR. It assembly, w/ bulbs & bal-last \$35 Joe 378-2676

DR. SCHOLL heated/massage seat cushion, NIB, \$25. **Cookbooks,** \$5 and up. **The Simpsons,** DVD series. Collector's editions: 1st, 2nd, 4th & 6th seasons. \$30/each.. 378-2410

7' ROUND braided rug w/ 3' mat., col. green tones 378-6886

LRG CNRR comp dsk. Child's wd train set w/ tbl, 378-4395 eves.

FAUX fur coat, sz 18, lk nw cnd. 378-6001

GIRLS cowboy boots, sz 6, nr nw cnd \$125 378-4689

LITTLEST PET SHOP collection, over 120 characters, 8 bldgs var. szs, lots of accs. \$145obo. Girls Brody black faux leather jckt, sz med., vry cute \$20 378-4056

FOX fur (knee length) collar separating, exc for craft projects (moccasins, boots etc.) \$150 Carol-Ann (250)572-3329

PR BLK cowboy boots sz 9.5w \$60 378-0466

WNTR boots, men sz 10, Kodiak. Wntr snowsuit, orange sz x-lrg. Pr wrk boots, sz 10 378-0427

FOR SALE - FURNITURE

SOLID wd dsk 22"W x 48"L \$75 280-7511

SMALL desk \$25 378-5106, 315-8340

ROUND oak pedestal tbl w/ 4 chairs \$375 378-5546

FUTON, lk nw \$99. 280-1576

LEATHR padded comp. armchair 378-5165

WOOD laminate TV stdn \$15 280-7511

50" CHINA cabinet w/ desk \$400. Ant. chair \$150 378-2577

RECLINER chair, gd shape \$40 378-4001

BED frame \$20, 2-dwr horiz. filing cabinet, wd grain, 45 hanging file fldrs incl. \$50 378-3569

ROUND oak tbl 4 chairs \$100. Dbl bd & frame \$50 378-2370

TV STAND, gd cnd, hlds up to 42" tv \$20 firm. Ray 378-9169

ELRAN chesterfield, dual recliner \$250 378-5165

7' COUCH hide-a-bd, dbl, 2 lazy boy chairs, blue, hardly used 378-2136

2 SOLID wood rocking chairs \$30ea. 378-5601

FLORAL beige loveseat gd cnd \$90. **Lazyboy** \$40. hutch \$100. Burl tbl \$25. Cofl. & side tbs \$75 936-9190, 378-5789

FUTON, blk, used 1x \$160 378-8326, 280-1576

FOR SALE - ELECTRONICS / SOFTWARE

HD SATELLITE receiver Shaw Direct Motorola HDDSR600 \$70 378-4853

STARCHOICE Motorola DSR319 satellite receiver \$25 378-4853

21" DELL