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Sagebrush Agri Park Society



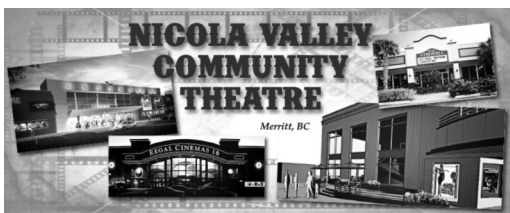
THANK YOU to the Sahola family for their participation in our Nicola Valley Equine Training School project. For membership info, contact Malcom 315-5268, alcomlynn@gmail.com

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Project of the Merritt Dance Society

Beginners dancing courses - ladies

Dance your way into a winter-warm glow! Sometimes the smallest step in the right direction ends up being the biggest step of your life. Find the Diva in yourself through dance - confident, fitter & flexible, coordinated, fun-loving. Beginners Dance courses starting in September.



MONDAY EDITION - SEPTEMBER 28, 2015 #2773
News, opinion, community events & classifieds since 1996! Box 2199 Merritt, BC V1K 1B8
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Merritt & TNRD's official support for TransMtn

As part of the National Energy Board Hearing for the Trans Mountain Expansion Project, 400 intervenors and more than 1,250 Commenters have been granted status to provide evidence and commentary.

Excerpted from a Commenter letter filed to the NEB on August 10, 2015 by the City of Merritt, British Columbia.

'The Trans Mountain Pipeline has been located within the Thompson Nicola Regional District for over 60 years extending 500 kilometres from Alberta in the North to Kingsvale in the South with an exceptional history of corporate citizenship, pipeline safety and emergency response.'

'The Trans Mountain Expansion project will bring economic opportunities to the Thompson Nicola Regional District through local investments, property taxes, landowner compensation and regional employment during both the construction and operational phases.'

Last week, the National Energy Board released a new and revised hearing steps and process, which includes an excluded period ending on January 8, 2016. The time limit for the NEB to issue its report to the Governor in Council is now May 20, 2016.

—www.transmountain.com/updates/city-of-merritt-exceptional-history-of-corporate-citizenship-pipeline-safety-and-emergency-response

October 19 election

The federal election will take place on Monday, October 19, 7am-7pm. The polling places are the Civic Centre & Lower Nicola Community Hall.

Advance polls will be at the Civic Centre: Fri Oct 19, Sat Oct 10, Sun Oct 11 & Mon Oct 12, 12noon-8pm each day.

You can also vote by mail-in ballot if you won't be in the Central Okanagan-Similkameen-Nicola riding on polling dates. To obtain a special ballot, call (1)778-214-6810 ASAP. The ballot must reach the returning officer for COSN — in Westbank — no later than 7pm on the Oct 13. FMI call the Office of the Returning Officer at (1)778-214-6810.

To make sure you're registered on the voters' list, go to www.elections.ca There is also info about what kind of ID to bring in order to cast your vote.

Niagara Falls A guide is showing a Texan the Niagara Falls. "I'll bet you don't have anything like that in Texas!" "Nope, I reckon we don't," said the Texan. "But we've got plumbers who could fix it."

What's Amore?

When the moon hits your eye Like a big pizza pie, That's amore.
When an eel bites your hand And that's not what you planned, That's a moray.
When our habits are strange And our customs deranged, That's our mores.
When your horse munches straw And the bales total four, That's some more hay.
When Othello's poor wife She gets stabbed with a knife, That's a Moor, eh?

THIS WEEK'S HOROSCOPE

 Aries March 21 - April 19 You are an agent for change, an innovator, a pioneer and a brave adventurer. This week, you encounter the downside of being different. But you also reap a big reward.	 Taurus April 20 - May 20 Even when trying to right a wrong that another person has caused, keep a dignified distance from injustice. You have the chance to right a wrong. You can do it swiftly with no fuss!	 Gemini May 21 - June 20 We are not as smart as we like to think we are. Events, this week, cause you to rethink your view. And in the new understanding, comes new inspiration!	 Cancer June 21 - July 22 You are not losing what you have found, nor are you in any danger of encountering a problem that can't be solved this week. The eclipse symbolises redemption & relief.
 Leo July 23 - Aug 22 You may not understand something because you aren't treating a sensitive situation with respect. Look at it again carefully, and be open to advice and insight from someone wise.	 Virgo Aug 23 - Sept 22 you are in a position of enviable strength. Apply yourself with dedication & determination, you can make progress. You can solve the problem that has been vexing you.	 Libra Sept 23 - Oct 22 Might you have an unrealistic expectation of a process that needs to take its time? Relax and be philosophical. Things will yet work out the way you want them to if you are patient, wise & fair.	 Scorpio Oct. 23 - Nov 21 Someone is being overly generous with their criticism and disapproval. Persuade them to replace this with support if anyone is ever to make any real progress.
 Sagittarius Nov 22 - Dec 21 No instant, wave-of-a-magic wand solution, presents itself to you this week. But as long as you resist your own inner voice of doubt and fear, you will yet make stable, tangible gain.	 Capricorn Dec 22 - Jan 19 This week, the cosmos urges and invites you to take a positive, constructive, step and a leap of faith. If you do that, all else you need will come.	 Aquarius Jan 20 - Feb 18 Though you may feel pressure and tension, nothing is as urgent as it seems and every matter has the potential to resolve itself in a way that suits you surprisingly well.	 Pisces Feb 19 - Mar 20 You wonder if you can ever manage to do the right thing, when your efforts to be fair seem to produce an undesirable result. Yet a seemingly impossible problem will solve itself!

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Sole to Soul
WELLNESS AND FITNESS CENTER
would like to invite you to our
GRAND OPENING
on Friday October 2nd, 2pm-7pm
at 2090 Granite Ave.

OUR TEAM

Angela Basaraba , certified in reflexology, reiki, and medical foot care nurse.	Ashley Dearden , a certified body sugar practitioner with <i>Sinfully Sugar'd</i> , body hair removal using all natural products.	Ashleigh Andrews who will be doing eyelash extensions and body wraps.
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The center will be offering a variety of classes such as yoga, meditation, hip hop, and boot camp and more.

Come on down for wine & cheese and check out the fresh new look at

Sole To Soul

Wellness And Fitness Center
inspiring a healthy living

- Come in to get discount on class registration
- Hourly draws, and a grand prize draw

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