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- CORPORATE BRAND APPAREL
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**Merritt
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OFFICE SUPPLIES (250)378-6882
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1951 GARCIA ST.
MERRITT, BC

Lynda's Cafe 
WHERE FRIENDS MEET TO EAT

Check out our Hours
Mon, Tues, Sat ~ 7am to 3pm
Wed, Thurs, Fri ~ 7am to 7pm
Sun. Smorg ~ 9am to 2pm
Join us for BRUNCH!
2101 QUILCHENA AVE. (250)378-0331
Find us on facebook

OPEN 7 DAYS



Come in for our Friday buffet, 4:30-7:30pm

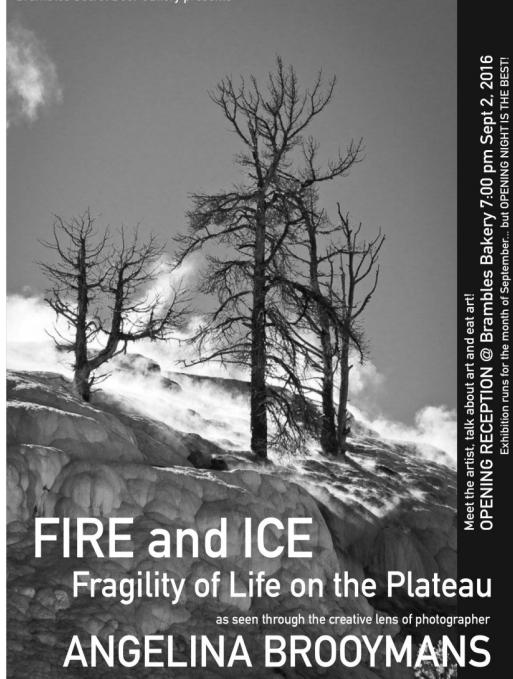
Tel (250)378-8283 • 1953 Nicola Ave.

BACK TO SCHOOL SALE 2015 BMX bikes BIG PRICE REDUCTIONS!
WHILE QUANTITIES LAST
SALE ENDS SEPT 30th

- 2016 Havoc Pro Scooters blowout price **\$159** (MSRP \$199)
- 20% OFF all BMX and scooter parts & accessories

1975 Coutlee Ave (behind the Thrift Shop) 250-936-9702 www.breathebikes.ca

Brambles Secret Door Gallery presents



FIRE and ICE
Fragility of Life on the Plateau
as seen through the creative lens of photographer
ANGELINA BROOYMANS

Meet the artist, talk about art and eat art!
OPENING RECEPTION @ Brambles Bakery 7:00 pm Sept 2, 2016
Exhibition runs for the month of September, but OPENING NIGHT IS THE BEST!

Learn to play
BRIDGE

A comprehensive entry level course designed for
NEW PLAYERS and EXPERIENCED PLAYERS
wanting to refresh and update their game starting

Thursday, September 15, 2016 for 9 weeks
at Merritt Seniors' Centre, 7:00 - 9:30 pm 1675 Tutill Ct

Instructor: Russ Kidd - ingruss@telus.net or phone 250-314-1021
Cost: \$100 includes the book *Bidding in the 21st Century*
Single Session Drop-in: \$10

No partner required -
come on your own or bring a friend

Sept. 15: The Basics
Sept. 22, 29, Oct. 6: Responding to Opening Bids of 1NT.
Oct 13: Responding to Opening Bids of One in a Suit
Oct 20: Rebids by Opener
Oct 27: Rebids by Responder
Nov 3: Overcalls and Advances
Nov 10: Takeout Doubles and Responses

SPONSORED BY THE MERRITT BRIDGE CLUB



MERRITT MORNING MARKET

MONDAY EDITION – SEPTEMBER 12, 2016 #2910
News, opinion, community events & classifieds since 1996! Box 2199 Merritt, BC V1K 1B8
T (250)378-5717 F (250)378-2025 market@uniserve.com merrittmorningmarket.wordpress.com

Nicola Mining Inc. strikes copper

Nicola Mining's stock was up last week with the announcement that recent test drilling has found 'significant mineralization' in 3 distinct zones on the Thule Copper Property — Embayment, Titan Queen, and Eric — located approx. 1 km northwest of Craigmont Mine.

The results show the westward continuation of the skarn zone that hosts the Craigmont deposit. Follow-up tests also showed mineralization features associated with porphyry-style copper deposits, including the Highland Valley porphyry complex located 50 km north of Thule Property.

Nicola Mining CEO Peter Espig said, "We are extremely encouraged with the results: 1.11% copper over 85.92 metres, including 13.83 metres grading 2.71% copper, highlight the high-grade mineralization of the property.

LNIB's solar panels reported far & wide

Newspapers across the country are reporting that the Lower Nicola Indian Band "has installed BC's largest community-owned solar panel system": 330 panels of photovoltaic solar panels to generate up to 85.8 kilowatts of electricity.

"Chief Aaron Sam said the system, launched Friday, is designed to help power the community's school and feed electricity back into the local grid.

Sam said the community and council were pleased to make the long-term investment after discussing renewable-energy options for several years. He expects the system to generate returns for the community in the forms of energy-cost savings, education for youth, a scholarship fund and community pride for years to come."

Quinoa, plums, lemon

1-1/2 cups quinoa
3 cups chicken broth
Zest of 1 small lemon
3 teaspoons fresh lemon juice
6 Italian prune plums, pitted and diced (plus 2 more if you want to add them uncooked before serving)



Rinse quinoa under cold water & drain well. Place in pot with chicken broth & plums. Bring to simmer, cover & cook until all of the liquid has been absorbed, 10-15 mins. Remove from heat & add lemon zest and juice. Serve hot or at room temperature. Makes 6 servings.

It's Bean Soup When the waitress in a New York City restaurant brought him the soup of the day, the Englishman was a bit dismayed. "Good heavens," he said, "what is this?" "It's bean soup," she replied. "I don't care what it's been," he replied. "I want to know what it is now!"

THIS WEEK'S HOROSCOPE

Aries March 21 - April 19

Be grateful for what is wrong. Just imagine the delight you will experience when the way forward finally presents itself in an undeniably obvious, and encouraging fashion.

Leo July 23 - Aug 22

We can't keep repeating mistakes. This week invite you to ask, 'What do I keep doing wrong?' Find out and you can finally fix it.

Sagittarius Nov 22 - Dec 21

If you don't want to waste valuable time feeling unnecessary anxiety, just stop. Pay heed to a problem by all means, but don't worry.

Taurus April 20 - May 20

Differences between friends cause tension from time to time. Remember, this weekend, that you share something far deeper than that which seeks to divide you.

Virgo Aug 23 - Sept 22

This week, you'll finally be able to convince someone of the merits of your plans. But it may take more than words to outline your vision.

Capricorn Dec 22 - Jan 19

Bring seriousness to an area of your life where frivolity dwelt. Be artistic & imaginative now, but, if you want to see a real difference, be sure there's substance to your vision.

Gemini May 21 - June 20

You are not quite sure how to respond to a challenge. But absolutely avoid using a sledgehammer to crack a nut. Relax and allow things to happen naturally.

Libra Sept 23 - Oct 22

To be successful you need strength, drive & spirit. You have to venture out of your comfort zone, and take a risk. And this is exactly where a bit of 'attitude' may help.

Cancer June 21 - July 22

To be successful you need strength, drive & spirit. You have to venture out of your comfort zone, and take a risk. And this is exactly where a bit of 'attitude' may help.

Scorpio Oct. 23 - Nov 21

You've had more than your share of worry. Don't let old wounds or imagined concerns hold you back. Just let go of your fears & move out of the jungle into a more friendly place.

Pisces Feb 19 - Mar 20

This week you can emerge feeling victorious, but it could be your own fears you must conquer. You're being asked to clarify your vision and ground your ideas in reality.

Align
Probiotic Supplement
\$27.99
28's
Black's Pharmacy
2037 Quilchena Ave., Merritt BC (250) 378-2155

the LOCAL BUTCHER

YOUR IN-TOWN FULL SERVICE BUTCHER SHOP
• Top Quality Product at Competitive Prices
• Friendly Knowledgeable Staff
• Special Orders Welcome!

2051 VOUGHT STREET, MERRITT BC, 250.378.5817

Sunday Sept 18th ←
Cactus Annie's
*In the North Desert
Showing 6p.m-10p.m
One Night Only

TODD RICHARD
And the Big
TR BAND
Variety Fundraiser
FOLLOW YOUR
HAPPY WAY
Out of town guest room rates available
For tickets and info call
250-378-2254
www.toddrichard.net

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- Automotive • Industrial

2663 Granite Ave. (next to Fountain Tire)
378-4531

THE GLOBAL GOALS

For Sustainable Development



If we all fight for them, our leaders will make them happen. So we need you to help us to make them famous. Share the goals in conversation, on email, in debate, on products, at home, at work, at school – do whatever it takes to make the Global Goals a reality.

For The Goals To

Work, People
Need To Know
About Them

www.globalgoals.org/
tell-everyone/

• TAKE A GLOBAL GOALS SELFIE

- TAKE THE #DIZZYGOALS CHALLENGE
- DOWNLOAD THE GLOBAL GOALS APP
- SHARE 8 PAGES OF IMAGES, FACTS AND PHOTOS ON SOCIAL MEDIA



18th September 2016

In September 2015 World Leaders committed to the Global Goals for Sustainable Development. 17 goals to achieve 3 extraordinary things in the next 15 years. End extreme poverty. Fight inequality and injustice. Fix climate change. To realise these Goals everyone, however young they are, needs to take part. So join our movement, teach young people about the Goals and encourage them to become the generation that changed the world. worldslargestlesson.globalgoals.org/





CUSTOM MUGS!

Your photos or art on a mug ~ great gifts!

Merritt Printing
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1951 Garcia St. Merritt, BC

J.F. Archachan

Septic Service
Bin Services
Portable Toilet Rentals

Main (250)315-1392
Mobile (250)315-3641



Come in for our Friday buffet, 4:30-7:30pm

Tel (250)378-8283 • 1953 Nicola Ave.

Help host a Syrian refugee family

Merritt will be hosting a refugee family. The group is in the process of making application.

If you would like to contribute, donate your bottle recycling at the Return-It Depot by mentioning Rotary's Refugee family project.

If you would like to help out, please contact Jacqueline on (250) 936-8585.

NICOLA VALLEY COMMUNITY THEATRE



Become a member,
help make this
project happen!

nicolavalleycommunitytheatresociety.com

MERRITT MORNING MARKET

Follow us online!

merrittmorningmarket.wordpress.com



Also check out the display window at
the corner of Garcia St. & Granite Ave.



MERRITT MORNING MARKET

MONDAY EDITION – SEPTEMBER 12, 2016 #2910

Box 2199, Merritt, BC V1K 1B8 Tel: (250)378-5717 Fax (250)378-2025 Email market@uniserve.com

PERSONAL

WORK WTD: drywall repairs & painting all sml jobs welcome, hourly or flat rate 280-9987

FOUND: Watson glove, nr Coldwater Rd & Pooley. 378-1336

DOG WALKING, reas rates 525-0445

HOUSESITTING & ranch-sitting, avail., RCMP-approv'd, bonded, short or long term, exc refs. 378-7435

WANTED: cleaning lady for inside/outside, reasonable rate 378-8326

WANTED: healer for health 378-8326

ANGIES accurate tea leaf reading, present & future, anytime 378-8326

EMPLOYMENT OPPORTUNITY

ENERGETIC, FRIENDLY, respon. person needed for front counter service position. Must be smart & reliable, w/ grt refs. P-t to start, but f-t potential for the right person. Pls drop resumes at The Local Butcher, 2051E Voght St.

MILLCO First Aid Services hiring level 3 first aid attendants drvs lic. & OFA3 req'd. Send resumes to info@millsafetys.com or fax 250-378-2223

KRUSE N STYLE looking for experienced hairdresser, pls apply within

NOW HIRING part time/full time cook. Must have min. 2 yrs exper. & Food Safe. Must be avail. evening & wknds. Competitive wages & benefits. Pls apply in prsn w/ resume & cvr letter to Yaki Joe's

SERVICES

DRYWALL, textured ceiling, painting. Call Jeff (250)378-3709, (250)315-2066

PROF. housecleaner, att. to detail, read. rates, seniors disc. refs avail. 378-6552

FRESH COAT PAINTING Quality & service come first. Painting, inter/ext, res., commerc., fully insured/bondable, 15 yrs exper. 25% seniors disc, 100% customer satisfaction. Dennis (250)571-6852

JPV ENTERPRISES Providing quality yard care for Merritt & area. Landscaping (Lawn care, pruning, hedging, gardening, debris removal), auto cleaning, general labour. On facebook, (250)280-7077

PROF. house cleaner, attention to detail, reas. rates, seniors disc. refs avail. 378-6552

CERTIFIED tree faller w/ wd chipper for sml jobs, truck & trailer for branch or debris removal. 378-6431

AUTOMOTIVE REPAIRS all makes lic'd, guaranteed, free estimates, affordable rates, honest & reliable. 936-8637

AFFORDABLE automotive repairs. Lic'd & guaranteed, free estimates 936-8637

TUTORTECHS PC REPAIRS. Call Rob 250-936-8243 or go to tutortechs.ca We Also Buy/Sell/Trade PC's and Parts

GRANNY'S House Quilting & Retreat has fabric and sewing notions. 378-3734

CHILDCARE

LICENSED CHILDCARE Family Place for children 0 – 12 years. We will help complete subsidy paperwork. Open Monday to Saturday. Drop ins Welcome. Hours are 6:00 – 9:00pm. Located at Railyard Mall, 2172 Coutlee Ave. Please call 250-378-4878 to find out available spots left for September school start.

I HAVE 2 SPOTS open in my home for children ages 1-4. I offer a warm, caring atmosphere, clean safe environment to learn & play, nutritious snacks, lots of outdoor nature activities & crafts. Call/text 315-3893 for reas. rates & info.

FOR SALE - APPLIANCES

NW PRICE wht Kenmore convection self-cleaning oven, lk nw, must sell \$275obo 378-7073

WHT digital Inglist dryer, exc cond, no longer needed \$75 378-5223

BROIL KING BBQ + tank & cover, 2 yrs old. \$150 378-6888

DANBY Microwave, nw/nvr used \$100. Master Chef bar **fridge**, brnd nw \$150. 208-0785

WHT deep freeze 3ft x 3ft \$40 (250)319-8118

FRIDGE 18 cf, 31" w \$350, lk nw except for 2 scratches on r-h side. Smaller fridge, 30" w \$150 378-3748

WASHER & dryer, dishwasher, fridge & stove, microwave 525-0240

ADMIRAL dryer, white \$25 378-4248

WASHER & dryer 378-4503

LAUNDROMAT coin-op gas dryer, wrks vry gd Joe 378-2676

48" **CEILING** fan with light, white/brass \$20 378-5681

FOR SALE - AUTOMOTIVE

4 WINTER TIRES 70% tread 235-65-15 378-3531, 378-0170

03 PT CRUISER 134,000 mi., 2 sets tires, nw batt., grt car \$2250obo. Call or text Patrick 604-220-0424, car in Merritt

97 CHEV Lumina, new batt./starter/4 tires \$1400 378-0820

8' CHEV/GM 88-98 box liner. Misc. auto **accessories**. Used **tires**. Nw muf- 378-8156

4 TIRES m&s 195/65R15 from VW 378-9545

03 SUNFIRE, 114k \$3950obo. Leo 378-0441

89 CHEV van, gd shape \$800 378-4007

03 CHEV Malibu \$2200obo, clean, gd shape 378-5165

97 CHRYSLER NewYorker gd cond., low mil. \$2350obo 378-1329

97 CHEV van \$800obo 378-9505

11 CHEV CRUZ LTZ, 76k, fully loaded, leather seats, sunroof, 2 sets of tires \$11,500 call/txt 315-9247

02 DODGE Ram 1500, 4x4, auto, V8, p/s, p/b, air, 171k, nice cond. 378-4564

96 CHEV Lumina, new batt., exc cond 182k, first \$250 takes 378-6054

93 FORD Festiva \$800, nw fuel pump/batt./tires/alternator/wlh bearings/muffler. Body gd shape/some rust, everything wrks good, 50 mil/gall., economical, safe. Kathi 378-1676, klassicalart7@hotmail.com

FIRESTONE mag rims w/ tires 85% tread, 275/60R20 \$1500obo 778-253-0079

93 THULE rooftop storage \$200. New roof racks w/ locks \$80 Kathi 378-1676, klassicalart7@hotmail.com

2 TRUCKS for 1! 90 GM Sierra 4x4 singl cab, m/s on/nds wrk. 91 GM Sierra 4x4 ext cab, trans. issues, xtra trans goes with. Both are blue. Looking to trade for 1 running Chevy or GM 4x4, the older the better! Glen 315-3117

4 FULL pts lt beige siding + odd pccs. 7 full pts wht J trim. 2 pts wht softif. Left over from house re-stding. \$120 378-5297

BEETS, carrots, lettuce organically grown 315-1447

GARLIC, fresh dug bulbs \$3ea, taking ords for dried garlic & seed stock 378-2124

CENTURY service dinnerware, green, many pieces, setting for 8 \$100 315-5776

33' 80' ROPEX range, exc cond \$225obo. Meccano set parts & lots of parts \$50 obo. 5-drwr vanity w/ lg round mirror, from the 40s \$125obo. Qun water bed frame, w/ or w/o matt. \$60obo 378-2678

45-GAL, plastic barrels or large containers 378-2778

PADDLE for kayaks 315-7614

STARCHOICE sat. dish 378-6758

DOMETIC RM2301 gas/elect fridge for trlr (250)295-3642

WTD TO TRADE apricot & apple windfall for meat or salmon 378-2420

WTD FREE OR TO Buy: Wide Mouth Quart Canning Jars, reas. pricd, Nd about 8-10 doz. 378-9841

WTD: **ROOMMATES** to share recreation area rental, in nw beaut. home. Bbq pit, fire pit, quading, fishing, hiking, sledding area 30min from Merritt located in Brookmere. hydro/ sat/ wifi, fully furn'd living area, massive dck/yad area, all incl. ownr oil wrkr away 14/7 shift, will have own space in shp living area, so roommates have own area, must be cln resp., call/text more details. Terry 315-7284

FURN'D 1-bdrm bsmt, shared bthrm, \$675 incl. cbly/hydro/ht /Indy. dam. dep. req'd (778)869-3141 aft 6pm

4 15" tires, 2 snow, 2 all-seas, gd shape 315-0202

95 GMC short box, single cab 4x4 pick-up \$1500obo 250-644-8775

08 SMART Car 87k, auto/manual shift 5-spd, 3L gas, nw tires \$5900 378-6554

4 RADIAL TIRES 235/75R17 gd cond. 378-6585

FREE: 16" tire rim 378-6054

85 YAMAHA Virago 1000 \$2500 Tom 315-0063

UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5 for 1 cup. 378-4947

FOR SALE - FURNITURE

10 5' CEDARS, u dig 378-8383

FIREWOOD, grt price, call/text (250)644-8775

PRE-ORDER your Thanksgiving turkey \$5/lb, Orlooo Bronze. \$5/lb, \$40 downpayment req'd. Should dress out to approx. 15-17lbs. Govt Inspected, Professionally Butchered 378-2124

NEW 10'10" Gazebo, black& gold rod iron, leaf design \$150 378-9459

UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5 for 1 cup. 378-4947

FOR SALE - FURNITURE

OLDE gate-leg dining table w/ 4 lyreback chairs + china cabinet \$1000obo 378-7041

DBL BED compl. w/ headboard, floorboard, slats & rails, mattress, free. Two 42" square solid **oak table** w/ total 8 chairs, exc. cond. \$200 378-2874

QU-SZ box spring & matt., Grand