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COMMUNITY THEATRE**



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project happen!

nicolavalleycommunitytheatresociety.com



MONDAY EDITION – SEPTEMBER 19, 2016 #2913

News, opinion, community events & classifieds since 1996! Box 2199 Merritt, BC V1K 1B8

T (250)378-5717 F (250)378-2025 market@uniserve.com merrittmorningmarket.wordpress.com

Quilting celebrity

Last week, Louisa Robertson's original quilt pattern was published in a well-known quilting magazine, *Quiltmaker's Quilts from 100 Blocks*. In early spring, her quilt block design was included in *Quiltmaker's 100 Blocks* (from 100 designers), and this publication is the follow-up with the blocks worked into quilts.

This is just the most recent in a growing list of Louisa's exposure in the multi-million dollar North American quilting industry. And with each time, along with her blog & teaching schedule, her quilting brand grows stronger. But celebrity takes commitment — to her art and the quilting community. It takes time & effort, of course there's nothing like doing 'work' if it's your passion!

The magazine is available on stands around town until mid-Nov... if they last.

True North – Strong and Green Nat'l Forest Week

National Forest Week is Sept 18-24, 2016. BC's forest sector is vital to the economy and communities, supporting 65,500 jobs in 140+ rural economies.

Forests are not just an economic generator but have recreational, environmental, wildlife and other values that help define who we are as a nation. In Merritt, there will be a logger's sport show next weekend in Central Park.

Grilled kale salad w/ ricotta & plums

4 tbsps extra-virgin olive oil, divided
3 tbsps balsamic vinegar
1 teaspoon honey
3/4 cup fresh ricotta
2 teaspoons chopped fresh thyme
Kosher salt, freshly ground pepper
4 med. plums, halved, pitted, thinly sliced
12 large or 16 small curly kale leaves



Whisk 3 tbsp. oil, vinegar, thyme & honey in a medium bowl. Season vinaigrette to taste with salt & pepper. Add plums & toss to coat; transfer plums to a plate.

Heat a gas grill to high. Brush kale leaves with 1 Tbsp. oil; season with salt. Grill kale, turning once, until crispy and charred at edges, about 2 mins. Let cool enough to handle, remove large center stems with a knife and discard. Divide ricotta among plates; season with salt and pepper. Stir vinaigrette again. Tear larger kale leaves into pieces (leave smaller leaves whole). Place leaves in a large bowl and toss with some of the vinaigrette. Divide leaves among plates. Top with plums and drizzle some vinaigrette over.

It's About My Height Lady (to her doctor): "What I am worried about is my height, not my weight." Doctor: "How come?" Lady: "According to my weight, my height should be 7 feet, 8 inches."

The Amish Carriage While driving in Pennsylvania, a family caught up to an Amish carriage. Attached to the back of the carriage was a hand printed sign... "Energy efficient vehicle. Runs on oats and grass. Caution: Do not step in exhaust."

THIS WEEK'S HOROSCOPE



Aries
March 21 - April 19



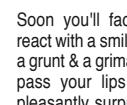
Taurus
April 20 - May 20



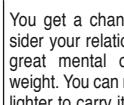
Gemini
May 21 - June 20



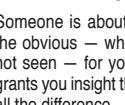
Cancer
June 21 - July 22



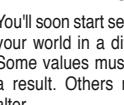
Leo
July 23 - Aug 22



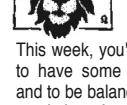
Virgo
Aug 23 - Sept 22



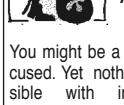
Libra
Sept 23 - Oct 22



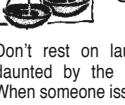
Scorpio
Oct. 23 - Nov 21



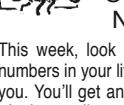
Sagittarius
Nov 22 - Dec 21



Capricorn
Dec 22 - Jan 19



Aquarius
Jan 20 - Feb 18



Pisces
Feb 19 - Mar 20

This week you'll be compelled to try something new & different. You're affinity with frontiers will help you access a eureka moment.

It seems as if the only way to get ahead, is to do something that feels like a step backwards. It is not a sacrifice, more a compromise. Evaluate the emotional impact of your actions. Balance the pros and cons, be sensitive as you reach a decision. You can transform insight into breakthrough.

Tylenol
Arthritis Pain
\$13.99
170's

Black's Pharmacy

2037 Quilchena Ave., Merritt BC (250) 378-2155

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BACK TO SCHOOL SALE
2015 BMX bikes BIG PRICE REDUCTIONS!
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BREATHE BIKES
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• 20% OFF all BMX and scooter parts & accessories
1975 Coulee Ave (behind the Thrift Shop) 250-936-9702 www.breathebikes.ca

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2663 Granite Ave. (next to Fountain Tire)

378-4531

spirit thai massage

9:00 am. - 7:00 pm.

Monday - Saturday

1-280-2494

-378-1318

Single or tandem massage

THE GLOBAL GOALS For Sustainable Development

#GLOBALGOALSWEEK

SEPTEMBER 18 - 24, 2016

In September 2015, 193 world leaders agreed to 17 Global Goals for Sustainable Development. If these Goals are completed, it would mean an end to extreme poverty, inequality and climate change by 2030.

Our governments have a plan to save our planet...it's our job to make sure they stick to it.

The Global Goals are only going to work if we fight for them and you can't fight for your rights if you don't know what they are. We believe the Goals are only going to be completed if we can make them famous.

The 18th - 25th September 2016 is #GlobalGoals week – a week where our world leaders have the chance to start making these Goals a reality.

Join us this week to make as much noise about the Global Goals as possible, to tell our world leaders to stick to their promises and to get the job done.

The Global Goals have the potential to end poverty, inequality and climate change, but they're only going to be completed if we raise our voices.

On #GlobalGoals week we want to make as much noise about the Global Goals as possible in order to remind our world leaders to stick to their promises and all we need you to do is SHARE!

You can't fight for your rights if you don't know what they are so we're on a mission to tell everyone that this is the plan to make our world a better place.

Follow On: Twitter: @TheGlobalGoals
Instagram: @TheGlobalGoals • Facebook: The Global Goals
Join the action: #GlobalGoals #LeaveNoOneBehind





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OPEN 7 DAYS



Come in for our Friday buffet, 4:30-7:30pm

Tel (250)378-8283 • 1953 Nicola Ave.

Help host a Syrian refugee family

Merritt will be hosting a refugee family. The group is in the process of making application.

If you would like to contribute, donate your bottle recycling at the Return-It Depot by mentioning Rotary's Refugee family project.

If you would like to help out, please contact Jacqueline on (250) 936-8585.

NICOLA VALLEY COMMUNITY THEATRE



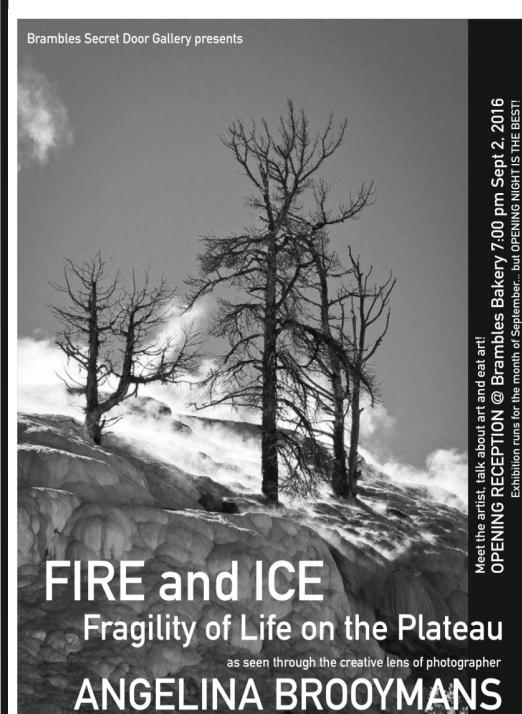
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Brambles Secret Door Gallery presents
Meet the artist, talk about art and eat art!
OPENING RECEPTION @ Brambles Bakery 7:00 pm Sept 2, 2016
Exhibition runs for the month of September... but OPENING NIGHT IS THE BEST!

FIRE and ICE
Fragility of Life on the Plateau
as seen through the creative lens of photographer
ANGELINA BROOYMANS

MERRITT MORNING MARKET

MONDAY EDITION – SEPTEMBER 19, 2016 #2913

Box 2199, Merritt, BC V1K 1B8 Tel: (250)378-5717 Fax (250)378-2025 Email market@uniserve.com

PERSONAL

WTD TO HIRE: Nd 1 tree topped & branches removed or chipped/ shredded. Quote please, 378-9841

WORK WTD: drywall repairs & painting all sml jobs welcome, hourly or flat rate 280-9987

FOUND: Watson work gloves, nr Coldwater Rd & Pooley. 378-1336

DOG WALKING: reas rates 525-0445

HOUSESITTING & ranch-sitting, avail., RCMP-approv'd, bonded, short or long term, exc refs. 378-7435

WANTED: healer for health 378-8326

ANGIES accurate tea leaf reading, present & future, anytime 378-8326

EMPLOYMENT OPPORTUNITY

ENERGETIC, FRIENDLY, respon. person needed for front counter service position. Must be smart & reliable, w/ grt refs. Pt to start, but f-t potential for the right person. Plse drop resumes at The Local Butcher. 2011 VE Voght St.

MILLCO First Aid Services hiring level 3 first aid attendants drvs lic. & OFA3 req'd. Send resumes to [info@millcosafety.com](http://millcosafety.com) or fax 250-378-2223

KRUSE N STYLE looking for experienced hairdresser, pls apply within

NOW HIRING part time/full time cook. Must have min. 2 yrs exper. & Food Safe. Must be avail. evening & wknds. Competitive wages & benefits. Pls apply in prsn w/ resume & cvr letter to Yaki Joe's

SERVICES

DRYWALL, textured ceiling, painting. Call Jeff (250)378-3709, (250)315-2066

RV REPAIRS, reas, rates 378-6696

FRESH COAT PAINTING Quality & service come first. Painting, inter/exterior, res., commerc., fully insured/bondable, 15 yrs exper. 25% seniors disc, 100% customer satisfaction. Dennis (250)571-6852

JPV ENTERPRISES - Providing quality yard care for Merritt & area. Landscaping (Lawn care, pruning, hedging, gardening, debris removal), auto cleaning, general labour. On facebook, (250)280-7077

PROF. house cleaner, attention to detail, reas, rates, seniors disc, refs avail. 378-6552

CERTIFIED tree faller w/ wd chipper for sml jobs, truck & trailer for branch or debris removal. 378-6431

AUTOMOTIVE REPAIRS all makes lic'd, guaranteed, free estimates, affordable rates, honest & reliable. 936-8637

AFFORDABLE automotive repairs. Lic'd & guaranteed, free estimates 936-8637

TUTORTECHS PC REPAIRS. Call Rob 250-936-8243 or go to tutortechs.ca We Also Buy/Sell/Trade PC's and Parts

GRANNY'S House Quilting & Retreat has fabric and sewing notions. 378-3734

CHILDCARE

LICENSED CHILDCARE Family Place for children 0 - 12 years. We will help complete subsidy paperwork. Open Monday to Saturday. Drop ins Welcome. Hours are 6:00 - 9:00pm. Located at Railyard Mall, 2172 Couteau Ave. Please call 250-378-4878 to find out available spots left for September school start.

I HAVE 2 SPOTS open in my home for children ages 1-4. I offer a Warm, caring atmosphere, cln safe environment to learn & play, nutritious snacks, lots of outdoor nature activities & crafts. Call/text 315-3893 for reas, rates & info.

FOR SALE - APPLIANCES

LRG canner, offers 280-6916

NR NW Kenmore Sears front load wshr & dryer \$900obo 378-7791

DEHYDRATOR \$10 378-0216

KENMORE dryer, hvy duty & Moffat wshr, gd cond \$200/bth, top load 315-2249

4-BURNER range, gas, 378-2353

NW PRICE wth Kenmore convection self-cleaning oven, lk nw, must sell \$275obo 378-7073

WHT digital Inglis dryer, exc cond, no longer needed \$75 378-5223

BROIL KING BBQ & tank & cover, 2 yrs old. \$150 378-6888

DANBY Microwave, nw/invr used \$100. Master Chef **bride**, brnd nw \$150. 280-0875

WHT deep freeze 3ft x 3ft \$40 (250)378-8178

FRIDGE 18 cf, 31" w \$350, lk nw except for 2 scratches on r-h side. Smaller **fridge**, 30" w \$150 378-3748

WASHER & dryer, dishwasher, fridge & stove, microwave \$25-0240

ADMIRAL dryer, white \$25 378-4248

WASHER & dryer 378-4503

LAUNDROMAT coin-op gas dryer, wrks vry gd Joe 378-2676

FOR SALE - AUTOMOTIVE

4-STUDED wnt tires & whls 205/55R16, fit GM car \$400obo 378-7886.

SAGA 150cc scooter, 19kms, nw \$2200 378-6696

01 HARLEY Davidson Heritage soft tail, 6800 km, 86cc engine, blue w/ lots chrome, nw tires/pipes, lots of xtras, must be seen, \$10,000. Eves 378-2530

4 WINTER TIRES, 70% tread 235-65-16 378-3531, 378-0170

03 PT CRUISER 134,000 mi., 2 sets tires, nw batt., grt car \$2250obo. Call or text Patrick 604-220-0424, car in Merritt

97 CHEV Lumina, new batt./starter/4 tires \$1400 378-0820

87 CHEV/GM 88-98 box liner. Misc. auto accessories. Used tires. Nw muf-fer 378-8156

4 TIRES m&s 195/65R15 from VW 378-7945

03 SUNFIRE, 114k \$3950obo. Leo 378-0441

89 CHEV van, gd shape \$1000, incl. wnt tires 378-4007

03 CHEV Malibu \$2200obo, clean, gd shape 378-5165

87 CHRYSLER New Yorker gd cond., low mil. \$2350obo 378-1329

97 CHEV van \$800obo 378-9505

11 CHEV CRUZ LTZ 76k, fully loaded, leather seats, sunroof, 2 sets of tires \$11,500 call/txt 315-9247

02 DODGE Ram 1500, 4x4, auto, V8, p/s, p/b, air, 171k, nice cond. 378-4564

93 FORD Festiva \$800, nw fuel pump/batt/ tires/alternator/whl bearings/muffler. Body gd shape/some rust, everything wrks good, 50 mil/gall., economical, safe. Kathi 378-1676, klassical7@hotmail.com

FOR SALE - AUTOMOTIVE

96 CHEV Lumina, new batt., exc cond 182k, first \$2500 takes 378-6054

FIRESTONE mag rims w/ tires 85% tread, 275/60R20 \$1500obo 778-253-0079

93 THULE rooftop storage \$200. New roof racks w/ locks \$80 Kathi 378-1676, klassical7@hotmail.com

FREE: 16" tire rim 378-6054

2 TRUCKS for 1! 90 GM Sierra 4x4 sngl cab, rns ok/nds wrk. 91 GM Sierra 4x4 ext cab, trns. issues, xtra trans goes with. Both are blue. Looking to trade for 1 running Chev or GM 4x4, the older the better! Glen 315-3117

4 15" tires, 2 snow, 2 all-seas. gd shape 315-0202

95 GMC short box, single cab 4x4 pick-up \$1500obo 250-644-8775

4 RADIAL TIRES 235/75R17 gd cond. 378-6585

85 YAMAHA Virago 1000 \$2500 Tom 315-0063

96 DODGE Ram 2500 4x4, nw starter 2 mos ago, drv shaft 3 yrs ago, btt. tested 2 mos ago, gd rear windw bar rck, tool bx, 10 ply tires 2011, p/s leak, may nd steerng shck drvs side, Senior no longer drivng. See pics on Craigslist (250)572-3329

4 STEEL rims, 15" 5-hole \$25/all 378-6217

T-BIRD exc cond, drive away/no repairs, rses. offer 378-8326

TIRES 4-225/60R16, \$80, Chev longbox caravans, 1@\$400, 1@\$500, 378-8156

98 FORD van, runs exc, sits 6 comfortably \$700 936-8047

RUNNING BOARDS 84" for Ford 150/250 \$600obo/pr. 4 Mt. tires, alum. wheels, off Dodge 150 \$125obo 315-2780

4 GDYR Wrangler-SRA tires P265/70R17, M/S <30,000kms \$100, 378-2458

03 SUNFIRE, 114k \$3950obo. Leo 378-0441

06 EXT Ford 4x4, 4.6 motor, 250k, nice shape, nw \$5900 378-6696

99 DODGE Ram 4x4, nothing wrong/nd to get it out of compound \$3000obo 280-6916

92 FORD Aerostar ext'd van, lw mil. \$2500obo 378-7721

13 CHEV Spark 4-cyl, gd cond., incl. set winter tires (250)377-5348

09 SUV 79k \$11,999 378-6524

FOR SALE - FURNITURE

CENTURY service dinnerware, green, many pieces, setting for 8 \$100 315-5776

FIREWOOD, grt price, call/text (250)644-8775

UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups,