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2352 Quilchena Ave., Merritt

Stella Martin

March 22, 1948–Sept 18, 2016

Stella was born on March 22, 1948 in Merritt BC to Helen and Earle Martin. She passed away at Overlander Residential Care in Kamloops, BC on September 18, 2016 at the age of 68 years.

Stella was pre-deceased by her parents Helen and Earle, and is survived by her brother Tom (Audrey), her two nieces, Jennifer (Paige, Ava) and Katherine (Rob, Claire, Mia) and her nephew, Gregory, all of Calgary.

Stella received her teaching certificate from the University of Victoria in 1967 and started her teaching career in Spences Bridge that same year. The following year, she moved to Clinton where she taught elementary school for more than forty years.

During this time, she also established, taught and mentored a baton twirling group in the town of Clinton, which was successful in participating in events such as: The Calgary Stampede, PNE parades, as well as many other festive events. A number of her majorettes went on to successfully participate in Provincial and National competitions.

Stella was very proud and devoted to this group and considered them as her family.

The family would like to express their sincere thanks and appreciation to Dr. Wynne and Dr. Rolehauser and the entire staff at Overlander, who cared for Stella over the last several years. She was treated with respect and compassion and considered her caregivers as part of her family.

A Memorial Service will be held at 11:00 am Saturday, October 01, 2016 in the Trinity United Church, 1899 Quilchena Ave., Merritt BC with interment to follow at Pine Ridge Cemetery in Merritt, where she will be laid to rest with her mother and father.

In lieu of flowers, donations may be made in her name to the charity of choice.

Condolences may be emailed to the family from www.kamloopsfuneralhome.com



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MERRITT MORNING MARKET

MIDWEEK EDITION – SEPTEMBER 28, 2016 #2917
News, opinion, community events & classifieds since 1996! Box 2199 Merritt, BC V1K 1B8
T (250)378-5717 F (250)378-2025 market@uniserve.com merrittmorningmarket.wordpress.com

New support for mental health & substance use

ASK Wellness Society has signed a contract with Interior Health to provide 6 support recovery beds in Merritt — that will enhance mental health and substance use (MHSU) services.

This, along with similar contracts in Cranbrook, Armstrong & Kamloops is amongst the first 5 of 10 eventual contracts to provide an additional 57 beds to communities throughout IH. Support recovery beds provide clients a safe, substance-free setting while they await residential treatment, return from residential treatment or transition to a more stable lifestyle.

IH is focusing its resources on five key strategies which will shift the system away from hospitals and towards care being provided in a community setting. One of these strategies is directed at improving primary and community care outcomes for MHSU clients.

The recover beds are part of the province's new *Joint Task Force on Overdose Prevention and Response* announced at the end of July.

For a Good Time, Call Jackie

If you have friends visiting for only a short time as I did last Saturday/Sunday, consider treating them to this whirlwind tour of the Best of the Nicola Valley:

Friends arrive 10 pm Saturday: enjoy late night supper of cold spring salmon, garlic sautéed local spinach from the Farmer's Market & Jacob's Creek Chardonnay-Pinot Noir bubbly, served on the deck overlooking the Nicola River; Visit under the stars to the sounds of the river flowing by; Savour vanilla ice cream with homemade blueberry-peach compote made with Nicola Valley honey;

Enjoy a peaceful, good night's sleep;

Rise early Sunday, and delight in good coffee on the deck in dappled sunlight coming through gradually yellowing cottonwoods;

Enjoy bird sounds, osprey fishing, otter swimming, and share a Brambles' cinnamon bun with pecans three ways; Drive out Hwy 5a through gorgeous ranchlands and along Nicola Lake to the Quilchena Hotel for their sumptuous Sunday Brunch Buffet, one of the best deals around;

Visit Quilchena Store for a little shopping; Take the lovely drive toward Monck Park; Pick fruit at a friend's place on Nicola Lake; Skinny dip in Nicola Lake;

Drive back toward Merritt, stopping at Nicola Country Gifts for a little more shopping;

Visit the historic Baillie House for treasures, tea, treats and the best prices on Nicola Valley Honey, the most delightful valley souvenir to be found!

Friends return to the Coast, rested & happy, with a car-load of Nicola Valley fruit, Quilchena souvenirs, Nicola Ranch Country Gifts gifts, Baillie House treasures & honey, and a most contented belly full of fabulous food, agreeing that it doesn't get much better than this! — JdW

Plum Clafouti

6 tbsps white sugar, divided • 1-1/3 cups milk • 3 eggs
14 Italian prune plums, halved and pitted
2/3 cup all-purpose flour • 1-1/2 tsp grated lemon zest • 2 tsp vanilla
1 pinch salt • 1/2 tsp ground cinnamon • 2 tbsp confectioners' sugar

Preheat the oven to 375°F. Butter a 10" pie plate, and sprinkle 1 tbsp of sugar over the bottom. Arrange the plum halves, cut side down, so that they cover the entire bottom of the pie plate. Sprinkle 2 tbsp of sugar over the plums. In a blender, combine the remaining 3 tbsp of sugar, eggs, milk, flour, lemon zest, cinnamon, vanilla, & salt. Process until smooth, about 2 mins. Pour over the fruit in the pan. Bake 50-60 mins, or until firm & lightly browned. Let stand 5 mins before slicing. Dust with confectioners' sugar before serving.

The Swimming Horsefly A man entered a diner and ordered a large bowl of soup. A big horse fly then flew into the bowl. The startled man saw the fly, then retorted to the waiter. "Look at this bowl, what do you see? A horse fly right? What is it doing in my soup?" The waiter, not sure how to reply, said, "I'm not sure, but it looks like the backstroke to me."

Celebration of Life

Join the family on Saturday, Oct 1st for a *Celebration of Life* for Troy Donald Drown at 2pm at the Nicola Valley Evangelical Free Church, 1950 Maxwell Avenue.



Pacific Forest Rally

The Pacific Forest Rally, round 4 of the Canadian Rally Championship, takes place this Friday & Saturday. This year, increased media coverage will allow you to follow the Canadian Rally Championship series, including PFR, with online video, Facebook and Twitter plus TV broadcasts on TSN and RDS networks.

From 4:30pm on Friday, there will be a car display on Granite Ave., with the ceremonial start at 5:30pm. Check out the program for maps & best vantage points for all legs of the rally. Then on Saturday, approx. 9pm is the end of rally, and the winners podium at the Merritt Desert Inn. FMI www.pacificforestrally.com

Community

Children/Youth Community Choir

Practice is on Thursdays 3:15-4pm at Trinity United Church. FMI phone 378-4528. All are welcome!

Legion Thanksgiving turkey draws

This Saturday, Oct 1st, the Legion's meat draws will all be turkeys. Come on out & win your Thanksgiving dinner!

Short films on 'Life as a Syrian Refugee'

The Merritt Refugee Group presents short films on *Life as a Syrian Refugee* on Mon. Oct. 3, 6:45pm, at NVIT. Admission by donation. Come out to support a Syrian refugee family.

National Fly Fishing Championship

The 2016 Canadian National Fly Fishing Championships will be held in Merritt, Oct. 4-7. Competition will be on 3 lake & 2 river venues during the 3 days of the event. Venues include Corbett Lake, 7 Half Diamond Ranch lake, Tunkwa Lake Resort, and 2 sections of the Similkameen River. FMI www.innovativeflyfisher.com

Homeless Connect

ASK Wellness is seeking compassionate community member volunteers interested in participating in a homeless count survey on Oct. 6, 8:30am-2pm. All volunteers must attend a mandatory training session on Oct. 5. They are also seeking clothing, food, hygiene products & financial donations FMI 315-0098.

Search & Rescue training

Nicola Valley Search and Rescue will be starting training for new members on Wednesday October 5, 6:30pm at the Airport basement. Anyone interested in the new training can contact Cst Tracy Dunsomore at the Merritt RCMP or attend at the airport prior to 6:30pm.

The Jitterkights

The Merritt Seniors' Ctre presents a night of music & dancing with *The Jitterkights*, Oct. 6, 7pm. The show features William Brookfield & Penny Lee Lochhead doing the songs of Johnny Cash, Roger Miller, Patsy Cline, June Carter and more. Tickets \$10 early bird, \$12 at the door, available from Black's or any Seniors board member. FMI 378-4407.

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14 Italian prune plums, halved and pitted

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During this time, she also established, taught and mentored a baton twirling group in the town of Clinton, which was successful in participating in events such as: The Calgary Stampede, PNE parades, as well as many other festive events. A number of her majorettes went on to successfully participate in Provincial and National competitions.

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Help host a Syrian refugee family

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If you would like to contribute, donate your bottle recycling at the Return-It Depot by mentioning Rotary's Refugee family project.

If you would like to help out, please contact Jacqueline on (250) 936-8585.

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WEDNESDAY EDITION – SEPTEMBER 28, 2016 #2917

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WANTED: female companion 525-0445
WANTED: someone to fix pellet stove 378-6556

LOST: blue iPod, \$50 reward 315-1020

SENIOR COUPLE req. reliable person to help w/ lt housekeeping, 2-3 hrs, 3x/wk. Salary negotiable & depended on qualifications. Prefer someone with LTD exper. Refs req'd. 315-7565

WORK WTD: drywall repairs & painting all sm jobs welcome, hourly or flat rate 280-9987

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HOUSESITTING & ranch-sitting, avail., RCMP-approv'd, bonded, short or long term, exc refs. 378-7435

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NOW HIRING part time/full time cook. Must have min. 2 yrs exper. & Food Safe. Must be avail. evening & wknds. Competitive wages & benefits. Pls apply in prsn w/ resume & cvr letter to Yaki Joe's

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RANCILIO coffee grinder 378-2133

AIR conditioner 378-4007

PANASONIC microwave 1 yr old 378-5587

RANGE HOOD, unused in box 30" Cyclone Alito SC-500 \$375 315-5046

LRG canner, offers 280-6916

NR NW Kenmore Sears front load wsh & dry \$900obo 378-7791

KENMORE dryer, hvy duty & Moffat wshr, gd cond \$200/both, top load 315-2249

4-BURNER range, gas, 378-2353

NW PRICE wth Kenmore convection self-cleaning oven, lk nw, must sell \$275obo 378-7073

WHT digital Ingilis dryer, exc cond, no longer needed \$75 378-5223

BROIL KING BBQ & tank & cover, 2 yrs old, \$150 378-6888

DANBY Microwave, nw/nvr used \$100. Master Chef bar **fridge**, brnd nw \$150. 280-0875

WHT deep freeze 3ft x 3ft \$40 315-319-8718

FRIDGE 18 cf, 31" w \$350, lk nw except for 2 scratches on r-side. Smaller fridge, 30" w \$150 378-3748

WASHER & dryer, dishwasher, fridge & stove, microwave \$25-0240

ADMIRAL dryer, white \$25 378-4248

WASHER & dryer 378-4503

FOR SALE - AUTOMOTIVE

4 MICHELIN winter tires on Chev rims P245/65 R17, m/s, 80% tread left \$400 378-5272

WTD: rel. vehicle, mini van or wagon 4-door hatchback 378-5746

FREE: approx 2 ltrs ATF 378-1336

90 OLDS 3.1 L, auto, new windshd/exhaust, gd tires \$700obo. **Tires** w/ rims for Ford Ranger, Bronco Mazda \$150. 4 Nordic m/s

STUDDED tires or rims for Grand Am, Cavalier \$100. 2 Michelin all-sea tires, 90% tread \$150. 1 Michelin tire & rim from Windstar, 95% tread \$50. Les 315-3580

03 PT CRUISER 134,000 mi., nw wnr/summr tires, nw batt., bought nw truck/nd to sell \$2000obo 315-4765, text (604)220-0424

REBUILT Ford pk-up differential, fits 49-56, incl. drums \$500 Joe 378-2676

4-STUDDED wnr tires & whls 205/55R16, fit GM car \$400obo 378-7886.

SAGA 150cc scooter, 19kms, nw \$2200 378-6696

01 HARLEY Davidson Heritage soft tail, 6800 km, 86cc engine, blue w/ lots chrome, nw tires/pipes, lots of rust, must be seen, \$10,000. Eves 378-2530

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Leave a comment online at our blog, go to: www.merrittmorningmarket.wordpress.com

4 WINTER tires, 70% tread 235-65-16 \$400

03 PT CRUISER 134,000 mi., 2 sets tires, nw batt., grt car \$2250obo. Call or text Patrick 604-220-0424, car in Merritt

97 CHEV Lumina, new batt./starter/4 tires \$1400 378-0820

8 CHEV/GM 88-98 box liner. Misc. auto accessories. Used tires. Nw muf-fer 378-8156

4 TIRES m/s 195/65R15 from VW 378-9545

03 SUNFIRE, 114k \$3950obo. Leo 378-0441

89 CHEV van, gd shape \$1000, incl. wnt tires 378-4007

03 CHEV Malibu \$2200obo, clean, gd shape 378-5165

87 CHRYSLER New Yorker gd cond., low mil. \$2350obo 378-1329

97 CHEV van \$800obo 378-9505

11 CHEV CRUZ LTZ, 76k, fully loaded, leather seats, sunroof, 2 sets of tires \$11,500 call/tx 315-9247

FIRESTONE, mag rims w/ tires 85% tread, 275/60R20 \$1500obo 778-253-0079

93 THULE rooftop storage \$200. New roof racks w/ locks \$80 Kathi 378-1676, klassicalart7@hotmail.com

FREE: 16" tire rim 378-6054

2 TRUCKS for 190 GM Sierra 4x4 sngl cab, ms ok/nds wrk. 91 GM Sierra 4x4 ext cab, trans, issues, xtra trans goes with. Both are blue. Looking to trade for 1 running Chev or GM 4x4, the older the better! Glen 315-3117

4 15" tires, 2 snow, 2 all-seas. gd shape 315-9202

95 GMC short box, single cab 4x4 pick-up \$1500obo 250-644-8775

4 RADIAL TIRES 235/75R17 gd cond. 378-6585

96 DODGE Ram 2500 4x4, nw starter 2 mos ago, drv shaft 3 yrs ago, batt. tested 2 mos ago, gd rear wndw bar rck, tool bx, 10 pt tires 2011, p/s leak, may need steering shck drvs side, Senior no longer drivng. See pics on Craigslist (250)572-3329

T-BIRD exc cond, drive away/no repairs, reas. offer 378-8326

LIVESTOCK/PETS & ACCESS.

WTD: small to mid-size mix-breed puppy Joanne 778-389-9365

YOUNG Banded Rock Rooster \$10 378-2468

FREE kittens to good home 378-5529