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**MERRITT DESERT**  
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Full Butter Chicken And Rice \$10.99  
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Samosa Chaat \$6.49  
Free Delivery of Food

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MIDWEEK EDITION — SEPTEMBER 18, 2019 #3329  
News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8  
Tel: (250) 378-5717 Fax: (250) 378-2025 Email: market@uniserve.com

### Italian plum season

Every fall I celebrate the fantastic local crop of Italian prune plums — which are abundant in this valley... because of the climate, and because of those who figured out that they thrive here!

One such, I call him an 'urban orchardist' because of his many trees scattered across several properties, is Gaetano Dalessandro. He is the 'plum whisperer' for both trees & fresh fruit.

The season is winding down now, so if you're interested in this valley's secret orchard crop — and if you're not blessed to have a tree or 6 of your own — contact Gaetano at 250-378-4771, or you might find him at the pull-out on Hwy 8 across from the Lions. Then check for recipes here, or past ones on our website.

### Letter A big thank you

c/o our MMIWG

The people who were there for me in every way. Wow, I hope I never left anyone out. Buzz Manuel Jr & Sr, Dan Manuel, Erica Funk, Robin Brodie, Duane Tom, Phillip and Dee Chillihitzia, Stewart Michel, Tracey Wimbush, Jeanette Armstrong from Penticton Band, Lori Wilson from ONA Westbank, Norma Hall, Evelyn Antoine, Shane Gottfriedson, Chief Lee Spahan, Chief Marcel Shackley, Phillip Manuel, Walter Archachan, Darlene Saddleman, Const. Chester Williams, as well as other Merritt RCMP members.

Wow, thanks, you gals and guys are the greatest people! Wow, thanks a million!  
— Fr. Gilbert 3d't Mike

### Thoughts from outside the box

### The Noble Army: Part 2 of 3

Not only is the Khalsa a community of warriors, the Khalsa is also a community of saints. Each member is humble, kind, gentle, loving, peaceful, fearless, forgiving, God-oriented, communally aware, soft-spoken, rational, truthful, mentally disciplined, knowledgeable, poetic, worldly, and detached from the self and Maya. The Khalsa only unsheathes the sword as a shield and not for secular gain. Puran Singh once wrote:

*"Once it is said The Khalsa occupied the throne of Delhi when the Mughal Emperor submitted and acknowledged the power of The Khalsa, the leader Jassa Singh said—'Ah! The Khalsa is atit (untouched by Maya). What has it to do with thrones'—and gave the throne back to the Mughals."*

*"No one need be afraid of The Khalsa of Guru Gobind Singh, that it would ever think of seeking the bones of material objects. The eyes of The Khalsa are fixed heavenward."*

As dictated by Guru Gobind Singh to the great Sikh scholar, Bhai Nand Lal Goya, Goya writes in his book, *Tankhahnama*:

*"The Khalsa is he who protects the poor, who destroys the wicked, who recites the Name, who fights the enemy, who concentrates his mind on the Name, who is detached from all other ties, who rides the horse, who fights every day, who bears arms, who promotes dharma, and who dies for his faith."*

The famous Sikh historian, Rattan Singh Bhangu, writes in his book, *Pracheen Panth Prakash*, the following on the Khalsa's creation.

*"The perfect Guru, the Tenth, created the Khalsa Panth in this manner, so that they must wage a war against oppression."*

Guru Gobind Ji further describes the Khalsa as "he is whose heart burns unflickering the Lamp of Naam, day and night, know him the Khalsa, the pure!" As recorded by Puran Singh. This connection to the essence of God is the reason the Khalsa's history is full of Singh's able to overcome incredible odds and achieve superhuman deeds, akin to those performed by Banda Singh, Deep Singh, Hari Singh, and Jassa Singh. As the Jedi draws power from the Force, the Singh draws power from the Lamp of Naam (the Primal Energy that pervades within all known and unknown). To be continued...

### Info on car insurance

Today, Wednesday Sept. 18, Merritt Chapter Vintage Car Club of Canada will have a representative from Interior Savings Insurance to answer questions on changes to car insurance. Meet at the Anglican Church Hall, 1978 Chapman St. at 7pm. Anyone is welcome.

### Community

#### The Original Paint Nite

Support the NV Skating Club. Unleash your inner artist Sat., Oct. 5, 3-5pm, NVIT. \$45/person, Ages 10+. Tickets online at [yaymaker.com](http://yaymaker.com)

#### Nicola Naturalist Society AGM & members' photo night

Excellent photos of local wildlife, nature and scenery. Wed. Sep 18, 7pm at NVIT Lecture Theatre. All welcome - join the club for 2019-2020 at the meeting.

#### Merritt Seniors Assoc. gen. meeting

Friday Sept. 20, 1:30 pm, at the Merritt Seniors Center at Tutill Crt. Guest speaker, on fraud. Everyone welcome.

#### Chamber's 'World Clean Up Day'

Community cleanup day, Sept. 21. Participants gather at 9am at the McDonald's parking lot, the event runs 10am-1:30pm throughout the community. Community yard sale 10am-2pm at the Civic Centre parking lot. BBQ by donation 2-4pm. FMI 378-5634.

#### Annual food drive

Bags will be picked up from door steps or front yards by gates, on Sep 21. To ensure your donation is received, please have your bag out by 10am on the morning of pick up.

#### Korean Culture event

Friday, Sept 27, there's a free buffet of Korean-Philipino-First Nations traditional foods starting at 5:30pm, along with a performance of traditional Korean dancers & drummers, as well as contemporary music. Everyone welcome. FMI John Kim 250-280-1268.

#### 'One to One' volunteer tutors needed

Literacy Merritt & Nicola Valley Society is looking for volunteer tutors for the One to One Children's Literacy Program. Volunteers read with 3 students for 30 minutes each at a local elementary school once a week. All you need is a love of reading and a desire to make a difference in the lives of children in your community. Fall 2019 training sessions will be held on Monday, September 30th. Tutoring begins mid-October. FMI 250-378-7844 or [literacymerritt@gmail.com](mailto:literacymerritt@gmail.com)

#### Merritt Community Choir

The Community Choir meets Monday eves beginning Sept. 16. If you enjoy singing and working on music skills in a fun & friendly setting, this is for you! You're welcome to "check us out". Mondays, 7pm Diamondvale Elementary. FMI call Ellen 250-378-9899.

#### Nicola Valley Community Band

The Community Band has begun practicing Tuesdays 7pm in the MSS Music Room. Entrance & parking on Cleasby St.

#### Pacific Forest Rally

Granite Ave. will be closed Fri Sept. 27 for the car display 4:30-5:30pm, and ceremonial start 5:30pm. FMI [www.pacificforestrally.com](http://www.pacificforestrally.com)

## BLACK'S PHARMACY

### Fruit Fly Trap

**\$ 10<sup>00</sup>**

**IDDA** FREE Delivery for Seniors & Those with Restricted Mobility [f](http://www.idda.ca)  
2037 Quilchena Avenue, Merritt BC 250-378-2155

**Lynda's Cafe** 

Mon-Thurs 7am - 3pm

Fri 7am - 3pm

Saturday: 7am-2pm

Sunday: 9am-2pm

WHERE FRIENDS MEET TO EAT

2101 QUILCHENA AVE. (250)378-0331  
Find us on facebook

**ROYAL LEPAGE**

Merritt Real Estate Services

### FOR RENT

**2 BDRM** apartment ..... \$850 plus hydro

**2 BDRM** Rainbow Apt. .... \$875 inc utilities

**2 BEDROOM** sixplex in Lower Nicola ..... \$800 inc utilities (x2)

**3 BEDROOM** duplex. .... \$1300 plus utilities

**2 BEDROOM** house .... \$850 plus utilities

**3 BEDROOM** house .... \$1300 plus utilities

Please feel free to stay in touch as inventory may change very quickly.

3499 Voght St. Merritt

**(250) 378-1996 direct line to the Property management department**

Call for all your residential or commercial property management needs!

### COURTHOUSE ARTS GALLERY EXHIBITION



the Arts Council | BRITISH COLUMBIA ARTS COUNCIL | BRITISH COLUMBIA | TNRD | Merritt

Regular Hours: Thurs to Sat, 12-6pm

The Knights of Columbus Sponsors:

**Oktoberfest**  
With the Authentic Sounds of  
The Oktoberators

OCTOBER 5<sup>th</sup>, 2019, 6:00pm  
at the Merritt Civic Centre

Feast on schnitzel, spaetzle and bratwurst! Raise your mug of suds in celebration, plus door prizes and a Share the Wealth

Tickets Available at Copper Valley Mechanical - \$45



For more info and tickets call

Lea: 250-315-7770 • Jacqueline: 250-936-8585

Proceeds to local hospital & charities for equipment, ie. dialysis machine

My Favorite Exercise My favorite exercise is a cross between a lunge and a crunch. It's called lunch.

English Class TEACHER: Jean, what does trickle mean? JEAN: To run slowly.

TEACHER: good. Annie, what does anecdote mean? ANNIE: It's a short, funny tale.

TEACHER: Well done. Now, Rita, give me a sentence with both of these words in it.

RITA: Our dog trickled down the street wagging her anecdote.



## CUSTOM MUGS

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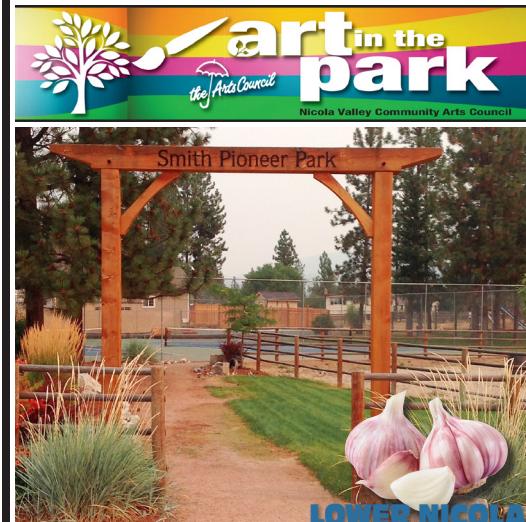
## Nicola Valley Museum & Archives

1675 Tuttill Court, Merritt, BC

Admission by donation  
**Regular Hours**

Monday-Friday 10am -4pm  
Closed weekends & stat holidays

Tel 250-378-4145 for appt or tour  
nvma@telus.net

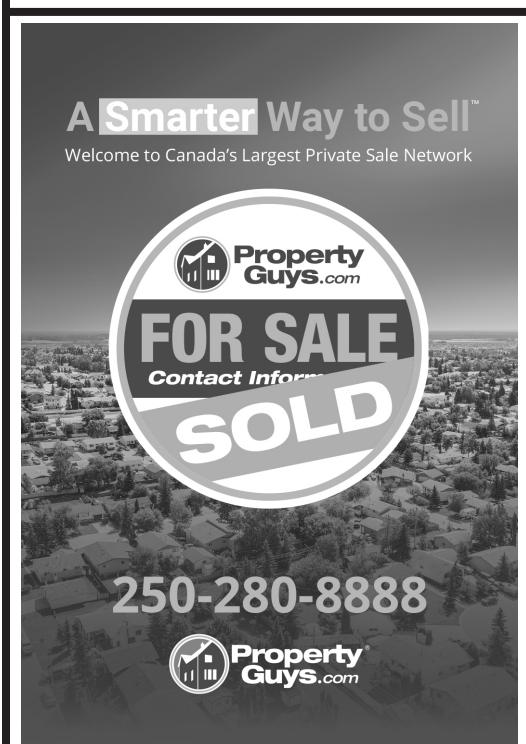


SEPT. 28 & 29, 2019  
SMITH PIONEER PARK  
12:30-2:30PM

**LOWER NICOLA GARLIC FESTIVAL**

1840 Nicola Ave., Merritt, BC | (250)378-6515 | www.nicolavalleyarts council.com | nicolavalleyarts gallery@gmail.com

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List your garage sale &/ or get our listing mail-out  
Email: market@uniserve.com



## MERRITT MORNING MARKET

WEDNESDAY EDITION — SEPTEMBER 18, 2019 #3329

Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

### PERSONAL

**SPACE FOR RENT** for small get-togethers/birthday parties. \$20 to \$25 per hour. Conay Friendship Soc. 378-5107  
**DON'T KNOW HOW, BUT** lost dog collar along river trail, bright blue w/ 3 tags 378-6115

**LOOKING FOR** someone to heal, w/ higher powers 378-8326

**WTD:** all around handyman, 4hrs daily from 10-2pm. Call Rob 936-8243. Tools are provided

**TO THE PERSONS** who took my round, green, glass topped patio table and single chair remaining after my house burned in February of this year. PLEASE RETURN THEM. ASAP

**CAT SITTER** req'd (in my home) for 2 days in oct.(sun & mon mid month) for special needs cats. MUST LOVE CATS 378-9452

**IS THERE ANYONE** in Merritt offering the PAL course 378-4191

**LOST** in Merritt area: cat pendant (sentimental value) Merritt City or Lower Nicola? Reward 378-2341

**ALCOHOLICS ANONYMOUS** meets Mondays at noon, Trinity United Church

**FREE CLASS** for erotic floor & flow movement Sept 10, 6:30-8pm Civic Ctr. Heels & erotic wear optional & encouraged.

**LOST:** pair of dark brown ladies pre-scription glasses with animal print design on them, in a dark brown case 378-4590

**FOUND:** fleece multicolored baby blanket, above the graveyard on Bench. Call/ txt 280-8880 to id

**FOUND** on old #5 Hwy Merritt-Kamloops, below Elmer Whitecross's house on the cement siding: 34800 watt battery, gd for mower, scooter, etc. Gilbert 280-7514

**FOUND:** A handful of keys on Patchett Road, call or text 250 315 3367 to identify

**ANGIE'S TEA LEAF READING.** Anytime, reas. pricess. 378-8326

**LOST:** cane, Aq Ctre prkng lot 378-2614

### SERVICES

**PIANO** Lessons all ages welcome. FMI 250-315-7314 \$22/half hour

**PIANO** lessons, violin lessons, theory exams, \$18/half hour. Cecilia 315-0022

**ONLINE** marketing for local businesses now available. Social media, website management, search engine optimization. 936-8981

**HOUSEKEEPING** \$15/hr 378-4022

**EAGER, RELIABLE** man w/ 4x4 truck & trailer, avail. Dump runs, deliveries, plywood, sand, gravel, appl., housewares. Greg 315-7525, (250)320-2054. Fast, courteous service

**SWEET YOU OFF YOUR FEET** cleaning services and holistic wise cracker has openings for residential clean up, detail on new builds, in-between trades clean up, garbage removals. Exc refs 303/hr Crystal McIntosh 250-539-8119

**ON-SITE** Livestock Slaughter Service. Master butcher & slaughterman offers fully eq'd profess., humane farm slaughter of beef, pigs, sheep/goats. FMI/ appointments 525-0396

**FREE** scrap rear removal. Chad 280-9599

**ND HOME RENOS?** Skilled handyman with 20+ yrs exper in lt framing, plmbng, drywall, finishing, taping, text'd ceilings, flring, cstm wdwrk, ie shelving etc. Free estimate 315-8679. Refs upon request

**WOODY'S TREE** services, pruning, removal, hedges, anything to do with trees 315-8087

**JPV ENTERPRISES:** Landscaping (lawn care, hedging, pruning, gardening), general labour. Licensed, equipped. On Facebook. 280-7077

**DRYWALL**, textured ceiling, painting. Call Jeff (250)378-3709, (250)315-2066

**CERTIFIED** tree faller w/ small wood chipper, truck & trlr w/ all the gear, or just hauling debris to the dump. 378-6431

**GRANNY'S HOUSE** Quilting & Retreat has fabric and sewing notions. 378-3734

**EMPLOYMENT OPPORTUNITY**

**LOOKING FOR** rel. caretaker cpl. Accomm. dbl wide mbl home w/ appl. 2-bdrm, 2-bth + dn on commerce. site, ret'd or semi-ret'd, rnt \$1150 (reduced rent for small services). Send refs w/ appl. to greenmail@shawcable.com

**HELP WTD:** class 3 driver p-t, f-t, wag- es based on experience 378-7122 Jason

### CHILD CARE

**BABYSITTER** \$12/hr, 3 child limit, avail weekdays/weekends. Has babysitters cert. (has 8month old baby bro) very excellent w babies, hardworking, genuine & caring! Electra 280-3237

**WILL MIND** your children all day or after school 378-0870

### FOR SALE - APPLIANCES

**BBQ** master charcoal flame, like new, w/ full tank propane \$100 378-4022

**STOVE**, lk nw 525-0064

**2 CU.FT.** freezer \$25 in Merritt 604-376-6205

**SMALL** bar fridge \$25 exc cond. 378-1860

**LARGE** Whirlpool dryer, \$100, exc cond 587-340-5322

**LK NW**, hrdly used Jack Lalanne stainless steel power juicer Ultimate. lrg capacity separate pulp extractor. \$75 378-5004

**MICROWAVE**, works great 378-8326

**FRIDGE**, 10 yrs old, wrks well except for inside light \$100obo, u pck up 378-4057

### FOR SALE - AUTOMOTIVE

**FORD** 5.8 V8 eng. c/w auto trans & aux. trans, from F4 150 4x4, all in exc cond. offrs 378-4904

**2 SNOW TIRES** \$60 378-0838

**DELTA POLY** tool bx for trck bed. Gull wing design w/ locks & key, bkl, dimensions: 70 in. long on top (across) with 60 in. inside (across x 14 inches high x 12 inches depth. Gary 378-9877

**WINTER TIRES** P245/60R18, lk nw BF Goodrich 525-1250, 378-9948

**00 GMC** k2500 with 6.5 diesel. Engine w/ 120k & body w/ 409k, nds nw turbo otherwise gd around town hauler. \$1500. Gary 378-9877

**20" GDYR** Wrangler tires, m&s, gd tread 275x16R20, set of 4 \$200. Harry 315-6109

**04 PONTIAC** Montana \$1500. 270k, a/c, 2 sets tires on rims, bed frame for camping, 8 seats. Cecilia 315-0022

### FOR SALE - AUTOMOTIVE

**4 DOZ.** quart canning jars w/ nw lids, carrier leg w/ insert \$30, or \$10 carrier alone, \$10 for jars, \$10 for lids 378-3665

**MOBILITY** scooter exc cond, vry gd cond., ideal for seniors or handicapped, 2 new batt. Shopright \$900. 525-0118

### FOR SALE - MISCELLANEOUS

**PLUMS** 10lb \$9 378-4771

**FREE** 19 x 37 marble sink and top for bathroom cabinet 378-5668

**6 KITTENS**, ready to go to good homes 4 mos. old. 280-5889

**HELP WTD:** class 3 driver p-t, f-t, wag- es based on experience 378-7122 Jason

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**BABYSITTER** \$12/hr, 3 child limit, avail weekdays/weekends. Has babysitters cert. (has 8month old baby bro) very excellent w babies, hardworking, genuine & caring! Electra 280-3237

**WILL MIND** your children all day or after school 378-0870

### FOR SALE - MISCELLANEOUS

**HEALTHCARE** master charcoal flame, like new, w/ full tank propane \$100 378-4022

**2-12 WEEK OLD** manco/bengal kittens, male, free to good homes 315-3963

**8-YR** 15.3hh standardbred bay mare, trained to ride, good hooves, good w kids, fast, could use some miles exc prospect. \$500 Jessie 280-3933

**DUCKS \$6.** Roosters to give away. 250-458-2314

**AWESOME** CKC black lab for stud 280-5038

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