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Merritt Printing will only be accepting ink/toner cartridges for recycling that were purchased with us.

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1951 Garcia St., Merritt, BC

the LOCAL BUTCHER

Everything you need to feed your family!

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RESALE THERAPY



CLOTHING • COLLECTIBLES
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1966 Quilchena Ave., Merritt • 604.798.4137

TRIPLE H CONCRETE

(250) 315-7604

concreteit33@gmail.com

All aspects of concrete 30+
years experience

The Chamber Of Commerce Presents:

Wednesday July 19th

6pm- 9pm at Spirit Square



Do you have a special talent you want to share with the Community? Do you have the knack for entertainment? A comedy act, a musical talent, or even a dance you want to perform?

NOW IS YOUR CHANCE!!

Join Us Every Wednesday for
Family Friendly Entertainment,
Local Vendors, And Hot Dogs

Proudly Sponsored By:

Presented By:

Merritt
FLOURISH UNDER THE SUN



Summer Artisan
Show & Sale
OVER 40 ARTISTS & ARTISANS
June 29 to September 10, 2023
COME VISIT THE GALLERY AT THE NICOLA VALLEY ARTS CENTRE
Buy local
Buy handmade
Support your local artists,
designers & crafts people

HOURS:
Wed to Sat 10am-5pm
Sunday 12-4pm
2051 VOUGHT ST.
ENTER BEHIND KEKULI CAFE

the Arts Council
Nicola Valley Community Arts Council

2051 Vought St., Merritt, BC | www.nicolavalleyarts.com | curator@nicolavalleyarts.com | 250-378-6515



MERRITT MORNING MARKET .COM

WEEKEND EDITION - JULY 14, 2023 #3847
News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8
Tel: (250) 378-5717 Fax: (250) 378-2025 Email: market@uniserve.com



ER closure protest. Residents rallied after a call went out on the Nicola Valley ER Crisis facebook page yesterday. Interior Health closed the Merritt Emergency Dept. overnight Tuesday, with no notice at all. Organizer Georgia Clement posted: "Rally today was great, lots of honking horns and support. Mayor Goetz fully supported us although he could not attend, he is as fed up as I have heard him now. IHA assured him a week ago they were doing all they could... and what did they do??? They hired yet another director!!! Not another dr or nurse!!!!"

Nicola Lk beaches closed due to toxic algae bloom

Effective yesterday, all the beaches on Nicola Lake, including Monck Provincial Park, have been closed by Interior Health because of an active toxin-producing cyanobacteria bloom — blue-green algae.

Beach closures are issued when a serious risk to the health and safety of recreational water users exists. Stay out of the water and do not use as drinking water. Users are advised to avoid any contact with the beach and recreational water — boating, paddling, playing in wet sand.

If contact is made, rinse your body with clean water. Boiling the water will not remove any toxins. Eating fish caught from affected waters is an unknown health risk. If you choose to eat the fish, remove all fat, skin and organs before cooking, because toxins are more likely to collect in these tissues.

The economic cost of wildfire smoke

When tallying the economic toll of climate change, flooding tops the list in Canada. But the wildfire smoke that has blanketed many parts of North America this summer also comes with a financial cost.

In the US, researchers found smoke exposure can decrease income across a range of sectors, from manufacturing to farming to real estate, and that older workers and people of colour were disproportionately affected.

Another study, published last month in the journal *Science of the Total Environment*, concluded smoke particulates from wildfires could ultimately lead to between 4,000 and 9,000 premature deaths in the U.S. and cost a staggering \$36 billion to \$82 billion a year in health care.

In the midst of Canada's record wildfire season this year, an environmental economist at the Climate Institute of Canada figured that during a particularly smoky stretch from June 4 to 8, the estimated price tag of smoke-related health care alone was \$1.28 billion. The economic toll of wildfire smoke is another reason to act on climate change.

—Excerpt: https://subscriptions.cbc.ca/newsletter_static/messages/whatonearth/2023-07-13/

The Wit and Wisdom of Will Rogers

I know worrying works, because none of the stuff I worried about ever happened.

You've got to go out on a limb sometimes because that's where the fruit is.

Don't let yesterday use up too much of today.

The worst thing that happens to you may be the best thing for you if you don't let it get the best of you.

When you are dissatisfied and would like to go back to youth, think of Algebra. If you're ridin' ahead of the herd, take a look back every now and then to make sure it's still there.

GARAGE SALES - JULY 15 & 16

- 1564 Canford Ave. SAT 9 am-12:30pm. Crafters, quilters supplies. Huge collection of handmade bags and framed art quilts. Aerobic step bench, snowshoes. Cement mixer, ceramic tile saw. Household goods. Weather permitting.
- Fall Fair building, 319 Lindley Creek Rd., SAT 9am-2pm, SUN 10am-2pm. Fall Fair Giant Yard Sale, donations gratefully received.

- 2225 Nicola Ave., SAT & SUN 9am-3pm. Kitch. appl., outdoor f/p, outdoor & household goods, new items added
- 1571 Bann St., SAT 9am-1pm. New stuff, same address. No early birds
- 2528 Aberdeen Rd., Low. Nic. SAT & SUN 9am-3pm. Lots of nice stuff, enjoy beautiful Lower Nicola
- 346 Guichon Ave., Lower Nicola SAT 8am-2pm

Black's PHARMACY

HIRING

F-T Front Store Supervisor
F-T or P-T Pharmacy Assistant

IDA
2037 Quilchena Avenue, Merritt BC 250-378-2155

Read! Move! Learn!



ACTIVE
STORIES
Ages 4 to 6
Try it Out!

SATURDAYS - 10 to 11AM - Love to Dance Studio, June, July & August.

(No class July 8th, 15th or Aug 26th)

Pre-register: literacymerritt@gmail.com

Books will be read. Art will be created



EXPLORE
ART
LITERACY
Ages 4 to 6
Try it Out!

Choose from two sessions at the NVCAC Clubhouse - June, July & August.

THURSDAYS 11AM-Noon or FRIDAYS 10-11AM

Pre-register: literacymerritt@gmail.com



SPACE FOR YOUR AD

TEL 378-5717 - FAX 378-4700

MARKET@UNISERVE.COM



VIC'S DANCE BAND

Legion

free Entry

Dinner Special

Beef Dip with Fries & Marinade Salad

FRIDAY

JULY

7pm-9:30pm

THE LANDING ZONE LOUNGE

1940 Quilchena Ave

SUMMER READING CLUB 2023 JOURNEY THROUGH TIME

Merritt Library
Summer
Reading
Club
Events!

Call for details!
250 378 4737

Tuesdays
10:30-11:30am
Ages 6-9

Wednesdays
10-10:30am
Ages 0-5

Thursdays
10:30-11:30am
Ages 10-12

Fridays
1-3pm
Ages 13-17

Saturdays
1-2pm
Music Appreciation Hour (teens & adults)

THE LANDING ZONE LOUNGE

1940 Quilchena Ave

Scan to book an appointment



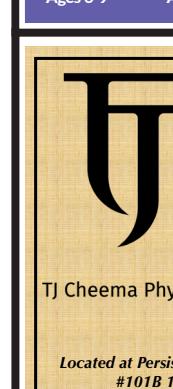
Physiotherapy Services
Available:
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Chronic Injuries/Chronic Pain
Acute Injuries
Pre/Post Surgical
... and more!

Services available in English and Punjabi.

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778-779-5887

@tjcheemaphysio



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#101B 1700 Garcia St



CUSTOM MUGS

Your photos or art on a mug ~ great gift!

Office Supplies (250)378-6882
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1951 Garcia St., Merritt, BC

MERRITT MORNING MARKET

FRIDAY EDITION — JULY 14, 2023 #3847

Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

PERSONAL

HAVE YOU SEEN a white dove in your area? If yes, please call 315-2249

2 DAY BEGINNERS pole dance workshop, July 15 & 16 , 10 am-12 pm both days (can sometimes run longer depending on everyone's energy level) We work on beginners spins , combinations , introduction to climb & sit. Strength & flexibility training \$250 To hold your space only 10 spaces avail. crystalcairnart.com

\$250-525-6119

SENIOR SEEKING reliable, responsible prsn to mow yard, string spring 2024. Must have own mower & access. tools, refs 280-3297

LOOKING FOR a hard working la-bourer/handymen for outdoor work mostly- pay well 378-5661

ELKS EVENTS: Every Wednesday Bingo, doors open 11am, ends 3pm. Every Friday Nite Bingo, doors open 4pm, ends 10pm. 1701 Coldwater Ave.

COLLECTING pop bottles & cans, for pick-up. Mike 525-0471

HOUSE/DOG SITTER wtd, must love dogs! Refs req'd. 3 weeks end of July. Please email lizg01@telus.net

NA MEETINGS are held each Tues, Thurs & Sun 7pm at the United Church, 1899 Quilchena Ave.

AA MEETINGS Wed., Fri., Sat. At 7pm, Mon. Noon at Trinity United Church, 1899 Quilchena Ave.

SERVICES

2 MEN, HANDYMAN: lawn cutting, dump runs & carpentry work 280-7492, 705-679-3054

TRIPLE H Concrete, for all aspects of concrete, 30+ yrs exper. Free quotes 315-7604

DJ FLOORING for all interior flooring needs 315-7604

JPV ENTERPRISES: Landscaping, lawn care, pruning, hedging, gardening. Lic'd, equipped. On Facebook. 280-7077

ELECTRICAL, plumbing, renovations, nw to 604-819-8948

RUDY WORKS - Home & Office Maintenance & Repair - home & office tech, carpentry, electrical, plumbing, concrete, 315-6689 or contact@rudywoks.co

SCRAP FOR CASH. I'll come to you. Batteries, brass copper, aluminum, stainless, wire, Call or msg 604-618-8710, or the middleman@shaw.ca Fast service,

TOPS: Take Off Pounds Sensibly weight loss support group. Meet Tuesday mornings. FMI Iris (250)378-8182

WOODY'S tree service & more: Landscaping, fencing, handyman wrk, etc. 315-8087

ONE WOMAN AND A BRUSH. Painter, available, only diff. is the price. 15 years experience. Ann 378-5377

DRYWALL, textured ceiling, painting. Call Jeff (250)378-3709, (250)315-2066

CERTIFIED TREE FALLER, w/ wd chipper, sml truck & trailer, will do residential, fruit trees, etc. 378-6431

EAGER, RELIABLE man w/ 4x4 truck & trailer, avail. Dump runs, deliveries, plywood, sand, gravel, appl., housewares Greg 315-7525, (250)320-2054 Fast, courteous service

EMPLOYMENT OPPORTUNITY

SHORT ORDER COOK full/ part time wanted in Merritt, Canadian/Malaysian types of foods. ap1788@gmail.com

WTD: YARD MAINT.: 1 day/week, riding lawnmower, weed eating, yard work. April to September. Resume to info@nicolavalleyhoney.com or 315-5208

FULL-TIME CLERK/CASHIER req'd for new home brew business, downtown. Wage dependent on experience. Drop off resume in person at Nicola Valley Wine and Beer Supplies, unit 1-2152 Quilchena Ave., Mon-Fri 10-11am.

DR. SAINT'S DENTAL OFFICE (2199 Quilchena Ave) is seeking a friendly, outgoing, motivated F/T chairside dental assistant. Experience an asset but will train the right individual for our team.

HIRING SHORT ORDER COOK full time, Merritt Resident, and person from out of town must be willing to relocate to Merritt call 778-866-3250 or email resume to ap1788@gmail.com

LABOURERS WANTED- Nicola Post & Rail. Positions available -full time (mon - fri), part time, evening shifts, weekend shifts, and seasonal. Wage \$22 per hour. Please apply if you are willing to work in an outside environment and have strong work ethic. No mill experience necessary. Call Tony 250-319-9891

FOR SALE - APPLIANCES

TRUENORTH electric smoker \$25. leparkr1751@gmail.com 778-834-3148

WHIRLPOOL french door fridge, 30", 1 yr old/as new, everything cln/works lk nw, pd \$2200 + tax, sell \$1200. 378-2458

PORTABLE SPIN washer, newer mod- el \$800bo 280-0857

SMOKER with chips \$40 378-6915

FRIDGE \$100 378-5087

NEWER Maytag glass top-loading wsh- er, 5.5 cu. ft (huge) \$400 378-3496

DRYER, works \$75 315-9060

1-YR OLD Cool-a-ton chest freezer, 7 cu ft, wrks grt \$225 378-9847

GD USED freezer, 10 cft \$75 936-9204

FOR SALE - AUTOMOTIVE

2010 EXT CAB Mazda truck, 5-spd, 2.3L mtr 280-6207, 315-1690

1995 FORD Explorer XL SUV, Dark Blue Manual, New battery, sparkplugs, spark plug cables, head gasket, brake shoes, CD player, fresh oil and filter. Runs good. 2.5" lift kit on rear. All pa- perwork. \$1500 315-5812

4-235/65R17 WINTER snow flake tires \$50/all. 4-235/60R18 summer tires \$100/ 617-2249

FOUR 8 bolt 16" steel rims for Ford/GM \$50/all obo 315-0074

2015 DODGE 1/2-ton pck-up, lk km, exc cond \$24,000 378-6915

FOR SALE - FURNITURE

BROWN sectional couch 8' x 7' right hand "L" \$100. Futon couch/bed \$100. 39" x 74" x 6" foam mattress \$30. 604-617-1061

SOLID WOOD table & 6 chairs, beaut. cond, 70" x 41" w/ 18" insert, seats 8. 250-718-3740

OFFICE chair, olrd, gd shape \$25obo 315-0074

TUNING FORK, older 378-2823

TRUCK tool box 378-2832
TJ 4000 JEEP, offrs 378-2136

FORD hidden trailer hitch \$175. Ford tail gate, new condition \$250obo. Auto paint sprayer \$40 378-6027

NR NW 15" Blizzak w/ rim, 205/75R15 \$110 378-4572

2007 DODGE 1/2 ton crew cab, hemi eng., compl. Truck, no keys or papers \$1000obo 280-0358

92 CHEV S-10 4x4 for parts. \$300 378-6692

MERCEDES rims & tires, 255/55R18, used 1/2 seas., w/ lugs, fancy rims, off Mercedes SUV. 378-7995

PARTS FOR 06 Chev Uplander: nw inside door handle passenger sliding dr, nw electronic parts, nw windsld wshr mtr for back & more. Lorna 936-8556

4 STOCK rims for 2005 Toyota Camry, 16" \$100315-9221

FOUR 70s mag wheels 15", 5-1/4 on 5, \$500/all 378-6421

4 FIRESTONE MSL78 on 15", on sc 4x4 rims, 5-1/4 on 5. \$500/all 378-6421

FREE: canopy fits 02 F150 378-3496

4 LIKE NEW, 31" BF Goodrich tires; 10 ply; 31 x 10.50R15 LT 280-1728

GREY tonneau cover fits 02 Toyota Tacoma \$100 280-0543

2014 TERRAIN, all wheel drive, perfect condition, serviced every year, good for young couple 315-4593

2014 GMC Traverse, exc cond, yearly serviced, all seas, tires. 315-4593

2004 P.T. CRUISER This beauty is black/black leather interior, fully loaded, heated seats, sun roof, great radio. 126,000 km, probably needs a radiator. Comes with winter and summer tires. All good! \$ 4000 wyndburr@outlook.com, 315-7611

ASSORTMENT oldr-style speakers, offrs 378-2136

NINTENDO PS2 console, no cords/accsories 378-2136

STEREO hk-up for car, Clarion PX2250 250w, \$300 new, sell \$150 Lewis 778-661-0986

FOR SALE - ELECTRONICS/ SOFTWARE

FREE: Officjet 4500 HP printer & connecting cables, plus two 901 cartridges, 1 blk, 1 tri-col. 378-6356

HOME SECURITY system Wireless \$150obo 378-6027

12 SPEAKERS diff. sizes 378-2136

iPHONE X 64 GB, Battery life 100%, \$250. **iPHONE SE** 128 GB battery life 100%, \$200. **iPHONE 7** 64Gb battery life 84%, \$150. **iPHONE 6**, 16 Gb, battery life 99%, \$95. All phones are like new and come with cases. 378-5004

ASSORTMENT oldr-style speakers, offrs 378-2136

NINTENDO PS2 console, no cords/accsories 378-2136

STEREO hk-up for car, Clarion PX2250 250w, \$300 new, sell \$150 Lewis 778-661-0986

FOR SALE - RECREATIONAL

BIKE RACK \$75. Porta tote \$50. Broom for back of truck \$75. 5th Wheel king pin tripod \$75. New propane portable camp fire \$75. New mat for outside trailer \$20. Special collapsible step ladder for RV \$50. New 100 watt solar panel complete \$125. leparkr1751@gmail.com 778-834-3148

8 FT. MERCURY inflatable boat and electric motor, like new. \$1500 378-9849

1980 RINELLE 18' boat, Merc cruiser 188, w/ trlr, cheap, offrs. Don 315-7820

NORCO mountain bike \$25 obo 936-8484 after 5pm

2008 SIDE-by-side Kawasaki 410 4x4, dump, 5' blade, trailer \$8000 315-7182

WEST MARINE inflatable boat, 5-prsn capacity, 4hp elect mtr \$850obo 378-3496

10' FLAT-bottom boat w/ elect. mtr \$1000 315-7182

STATIONARY exercise bike \$20. 378-6787

83 HONDA XR200R dirt bike, gd rm cond. \$1850obo. 378-6915

2011 U-BILT tent trlr, as is, nds roof crank installed, part incl., nr nw tires, solid frame, camping supplies incl - dishes, bedding, road insurable, my loss is your gain \$750obo 378-5528

14' V-HULL aluminum boat for trailer. New bearing, good tires with spare. \$700 Steve 315-5909

3 HP JOHNSON Seahorse outboard motor \$500. 378-6027

09/10 POLARIS Ranger, gd cond./well-maint'd \$6800 315-2334

BROWNING AB3 Rifle 243 with Nikon BDC scope, lk nw cond/in box \$1200 525-0109

BOAT w/ trailer & elect. motor, access., oars, seat, jacks, fshfrd \$800. Will sell motor separately \$200. Rods & tack available separately 315-1447

BOWFLEX Blaze \$400obo 378-9659

AVION, 1994 5th wheel, 34 feet. Everything works, vry gd condition. Located in Cache Creek \$20,000obo 315-7611 for pictures. A must see!

BIKE CARRIER for 3 bikes. Lrg red backpack, never used \$100. Men's lrg bag carry on bag \$45. 378-4856

LADIES sz 8 snowmobile boots, felt liner, lk nw. X-country skis, poles, boots sz 8 ladies. MSR snowshoes \$100. 378-4856