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the

YOUR IN-TOWN FULL SERVICE BUTCHER SHOP

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2051 VOGHT STREET, MERRITT BC, 250.378.5817



Michelle Fox

Certified Relaxation Massage Specialist 250-378-1505



SPACE FOR YOUR AD TEL 250 378-5717

MARKET@UNISERVE.COM MERRITTMORNINGMARKET.COM



GARAGE SALE SEASON IS **BEGINNING!**

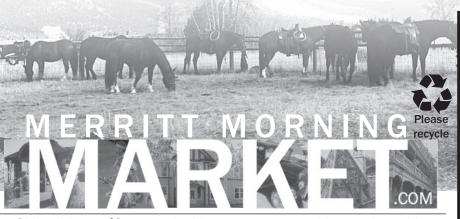
GET ON THE WEEKLY EMAIL LIST OR CALL IN YOUR SALE TEL 250-378-5717

MARKET@UNISERVE.COM

MERRITT PICKLEBALL CLUB

For court times & dates call Dave 250-280-9985 or Stephen 778-709-0363 merrittpickleballclub@gmail.com





ST PATRICK'S DAY EDITION - MARCH 17, 2025 #4073

Community

Bats - out of the darkness

The Nicola Naturalist Society is host-

ing Liliana Ortega, the BC-Bats Thomp-

son-Nicola regional coordinator. Liliana

has worked with bats for many years.

She will discuss basic bat biology, why

bats are important in our area, why they

are under threat and what we can do to

help them. It's a chance to learn from an

expert about these misunderstood but

important critters. Thursday March 20,

7pm at NVIT lecture theatre. All wel-

Red Cross support for flood victims The Canadian Red Cross is launch-

ing a new one-time financial assistance

program for impacted households, in-

cluding homeowners, tenants, and com-

munity-owned homes. Households that

registered with the Red Cross during

2021 will be contacted by email or phone.

They will be invited to complete a ques-

tionnaire to access financial assistance,

which aims to help with recovery-relat-

ed needs and assess ongoing impacts.

The deadline to submit the questionnaire

is March 21. FMI Canadian Red Cross

1-800-863-6582, Mon-Fri 8:30am-4:30

Come celebrate local home based

businesses. Come relax with a Chair

massage. Michelle's Healing Hands is

hosting an Open House at 2225 Merritt

Ave., with a few local vendors from the

pm, www.redcross.ca/2021BCFloods.

Open house, Michelle's Healing

Hands Massage

come, membership or donation.

News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8 Tel: (250) 378-5717 Fax: (250) 378-2025 Email: market@uniserve.com

Residential utility bills

Next month, bi-annual residential utilities bills will be mailed out, with the increase decided on by City Council in December — the first increase in over a decade! Some households with higher usage, ie secondary suites, will experience a greater increase.

Utility fees are set for cost recovery on operational and capital expenses, and are not a source of revenue for the City.

You can look up the Fees and Charges Bylaw 2386 by going online to: www. merritt.ca/utilities/

Provincial funding for fire departments

Through the Community Emergency Preparedness Fund (CEPF), the Province will provide more than \$9 million to benefit more than 230 fire departments in the province that are wholly or partially staffed with volunteer firefighters.

In Merritt, the \$40,000 received will go to upgrading breathing air compressor equipment. Thompson-Nicola Regional District will receive \$360,000 for fire department equipment and training

This funding will help build the capacity of volunteer and composite fire departments to prepare and respond to emergencies through the purchase of new or replacement equipment and the expansion of firefighter training.

The Community Emergency Preparedness Fund helps communities mitigate and prepare for emergencies by funding local projects and initiatives in several categories. These include public notification and evacuation-route planning, emergency operations centres equipment and training, Indigenous cultural safety and cultural humility training, and emergency support services

equipment and training. Dance Camp March 24-27, 2025. Morning for children 4-6 and afternoon 7+ camp, will be full of dance, music, art and more. Day and week prices are available, Contact

Nicola Valley and surrounding areas. Come celebrate with food and great friends. On March 22nd, 11am-3pm. Bring your friends. make sure you get your ticket for a door prize. Spring dance camp

Love to Dance Academy would like to welcome dancers age 4+ to Spring

kia @ kia.ltdadance@gmail.com for more information. **Poverty & housing insecurity** The City of Merritt with Conayt Friendship Society has retained A Way Home Canada to facilitate a Community Organization Training and Engagement Session, on Monday, March 31, 6:30pm -8:30pm at the Civic Centre. Participants will gain practical tools to enhance their impact and foster allyship in preventing homelessness. The event explores factors contributing to housing instability, barriers individuals face, and how organizations can actively provide meaningful support. Open to community organizations and interested members of the public. To register, email housing@merritt.ca or complete the form online at www.merritt.ca/housingevent/

"May your troubles be less, your blessings be more, and nothing but happiness come through your door."

That money talks, I'll not deny. I heard it once, it said goodbye. What do you call a leprechaun's vacation home? A lepre-condo.

What would you get if you crossed Christmas with St. Patrick's Day? St. O'Claus. How can you tell an Irishman is having a good time? He's Dublin-over with laughter. Mom, I met an Irish boy on St. Patrick's Day. Oh, really? No, O'Reilly!

HIS WEEK'S HOROSCOPE



corrected

We all make mistakes; and we

all have chances to rectify them

This Equinox week, with the

Sun moving into your sign, an

unfairness in your world can be

This week equips you with a

more balanced perspective By keeping an open mind, you

can find inspired ways to turn a

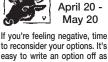
Leo

July 23

Aug 22

March 21 - April 19





inappropriate. But if you look

again, you'll be surprised by the possibilities it holds.

Long-lost items & emotions can

he rediscovered or rekindled

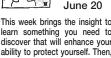
This week brings a special reconnection. Something in you

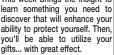
is changing, turning outdated patterns into renewed purpose

Virgo

Aug 23 -

Sept 22



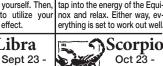


In the approach to the Equinox

Libra

Oct 22

May 21 -



Scorpio Oct 23 -

If you're enjoying the sense of

speed and pressure this week.

then all is well. If not, you can

Cancer June 21 -

July 22

devoted energy to someone., but perhaps your a more contented, peaceful you empathy is influencing your is making contact from the near judgement and you're over-looking a problem. This week future. You can give yourself helps you reset your priorities.



week promises a revelation. But

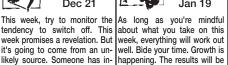
it's going to come from an un-

sight that will benefit you... a lot. | bountiful.

problem into an advantage.









you to make progress.

some inspirational advice.

If you value your skills and use them, a brilliant idea will be influentialand you will gain recognition and respect, and access



Remember as we grow older we become wiser. You're ready and willing for the next stage of your life, and to take advanencouragement that enables tage of the opportunities the Equinox brings your way.

Friendly, professional service from people who care.

Serving the community for over 50 years.

2037 Quilchena Avenue, Merritt BC 250-378-2155 DESERT

MEDISPA

Our Services:

DIVAS&DONS

-Rapid weight loss -Lymphatic drainage

massage -Wart, skin tag, mole removal -Stretch mark removal -Scar removal

-Custom medical facials -Laser hair removal -lpl (age spots, rosacea veins, collagen induction) -Skin tightening, brightening

and lifting -Eczema, psoriasis, acne vulgaris and most other skin conditions -Real non-surgical facelift

-Tripolar ultrasound -Trifractional skin resurfacing

-Skin peels -LED therapy (red light, blue light, nur light) -Stem cells

-Peptides -Medical grade skincare

products -Dermaplaning



0% Same day financing!

UNBLEMISHED FIVE STAR RATING

To book 250-936-9200

F ©

www.desertdivasanddonsspa.com 1751 Granite Ave., Merritt ~ by appointment only



Better at Home Nicola Valley Invites community members, 60 years + to the

Saturday Seniors' Social

Better at Home Nicola Valley & ICS hosts a Seniors' Social, taking place on the first 3 Saturdays of each month!

This time of connection, with light lunch, is open to all Elders and seniors in community

> Time: 11:00am to 2:00pm Location: ICS - 2040 Granite Avenue

resources available. For information, please contact the Better at Home Nicola Valley Program Coordinator,

Judy Myram at 250-280-3015 or jmyram@interiorcommunityservices.bc.ca



Dance Camp 4 Days 1 Day Join us for a fun filled week 4-6yrs **7+ yrs** (1pm-4pm) Ages 4+ \$40 \$140

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JOE, THE COMPUTER GUY

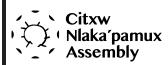
Repairs, upgrades, on-site service Joe 604-377-0274



Water Monitoring, Fish and Aquatics Wildlife Monitoring, Terrestrial Services **Environmental Planning**

Environmental Reporting

Tel: (250) 378-1864 2025 Granite Ave., Merritt



We are pleased to announce that we have more job opportunities to join the Citxw Nlaka'pamux Assembly. Please visit our website to view the following job postings available:

- Ashcroft Community Engagement Coordinator
- Certified Professional Accountant
- Grant Specialist
- People and Talent Clerk

Interested applicants are encouraged to submit their cover

Citxw Nlaka'pamux Assembly Email: HR@cna-trust.ca

In-Person: 2025 Granite Ave, Merritt, BC We offer competitive wages, benefits, pension, internal training, and professional development to support the right candidate. We believe in initiative, respect and community values. If you have some of these qualities and believe you



would be of value to our organization, then we want to hear from you!

Please follow the link to view our job postings: https://employment.cna-trust.ca/ job-postings join our team.htm



FREE CLASSIFIEDS — Call 250-378-5717 or email market@uniserve.com

> MERRITT PICKLEBALL CLUB For court times & dates call Dave 250-280-9985 or Stephen 778-709-0363 merrittpickleballclub@gmail.com

MERRITT ART GROUP





A THE PARTY OF THE MERRITT MORNING MARKET

MONDAY EDITION — MARCH 17, 2024 #4073

Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

ARE YOU BULIMIC or do you suffer from compulsive over-eating? We care .we offer hope. Contact: oa.org for info. on: face-to-face, and Zoom meeton the 12 steps. FMI R.B at PO Box P235/75R15 UNIROYAL Rallye m+s 10,000 diesl generator, back-up cam, on 6-bolt Nissan rims a season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of a recommendation of the season of wear dual of the seas LOOKING FOR SOMEONE to deep clean 2-bdrm mbl home in town \$25/hr SPARE TIRE carrier fits 65 Ford ThunOXFORD motorcycle tank bag, , magcash 378-7435

LOOKING FOR SOMEONE to help me with the use of my Cricut Explorer 55R18, Nordman, 80-90% tread, hardly Air 2 and the understanding of the program . Please call or text 378-7950

NEED SOMEONE to take care of your

honest & reliable 315-3621 ALANON (for friends & families of al- 215/75R14, exc cond \$175 280-0543 coholics) every Monday @ 7pm Trinity

United Church Hall ELKS EVENTS: Every Wednesday

ends 10pm. 1701 Coldwater Ave. 1899 Ouilchena Ave.

AA MEETINGS Wed., Fri., Sat. At 7pm, Mon. Noon at Trinity United Church, 1899 Quilchena Ave. SERVICES

JOE, THE COMPUTER GUY. Repairs, upgrades, on-site service 604-377-0274 HOUSE & YARD MAINTENANCE: Landscaping, fencing, painting, home repairs, tree removal, hedge clipping, gardening, weeding, etc. 315-8087 SHELLY'S BANNOCK & Catering &

other goodies 936-8368 BONDABLE Services. Laundry, house cleaning, errands ect. Discount for seniors. 604-210-6597

ANTIQUE Blaupunkt cabinet tube radio w/ record player & plays side cabinet

DOG GROOMING (All Sizes). I have a few openings for new clients, located SALOON lamps, double globe, brass, off Iron Mountain Road... please text or pair, tall \$160. 378-9645 leave a message 604-220-7353 FARM FRESH FR

SCRAP FOR CASH. I'll come to you. EGGS for sale \$6 per doz. Call or text Batteries, brass copper, aluminum, stainless, wire. Call or msg 604-618-8710, or the middleman@shaw.ca Fast service,

TOPS: Take Off Pounds Sensibly weight

CERTIFIED TREE FALLER, w/ wd RECLINING push chair, exc cond, nw chipper, sml truck & trailer, will do residential, fruit trees, etc. 378-6431

 $\textbf{EAGER, RELIABLE} \hspace{0.2cm} \text{man} \hspace{0.2cm} w/\hspace{0.2cm} 4x4$ truck & trailer, avail. Dump runs, deliveries, plywood, sand, gravel, appl., housewares Greg 315-7525, (250)320-2054 Fast, courteous service

EMPLOYMENT OPPORTUNITY PART-TIME BARTENDER. drop off

resumes at the Legion Lounge in person or email to legion096@outlook.com

FOR SALE - APPLIANCES

AIR COND. 12,000btu, 19"x21.5"x14" high \$300. Brian 936-8547 aft 6pm USED DYSON vacuum cleaner, gd LOW PROFILE bed, nvr used, with wrkng cond. just too heavy for me. Asking \$250 firm. 378-8838

ry good shape \$100 378-6787 INGLIS flat top elect stove \$150. 24"

elect stove, Danby 1 yr old \$250 280-0543 pr 378-9645 NOMA portable a/c, model 04351310, 4-PC qun-sz bdrm set. China cabinet &

FOR SALE - AUTOMOTIVE

FOUR 235/65R17 winter snow flake tires, sell together only, 60% tread. condition. \$200. 378-9899 \$150.00. phone 250-315-2249

2000 DODGE Dakota 4x4, 4.7ltr V8 Dodge & nw radiator \$3500obo or consider trade Brian 936-8547 aft 6pm 4-P245X75RX16 m+s tires. 80% tread.

RUNNING brds w/ mounting brckts, blck, brnd nw, 79"lx6" for Dodge 1500 \$700 Brian 936-8547 aft 6pm

4 ALL-SEAS. Goodyr tires 235/45R19", used 6 mos \$800obo 936-8330

2005 FORD F350 diesel truck, canopy and extended cab, 170,300 Km + all up- SALUSPA inflatable hot tub, lk nw cond Prince Motel 378-6899 grades. Exc cond. \$22,000. 280-2540

packs. Apple car play 604-818-0191

on 6-bolt Nissan rims a season of wear dual a/c, rns extremely well \$19,000 obo left on them,4 tires, rims \$100 280-1413 Brian 936-8547 aft 6pm derbird \$1900 Joe 378-5100

4 STUDDED WINTER tires 225 x used, 525-1400

2006 CADILLAC ESCALADE EXT, LOOKING FOR A LIVE-IN CARE- Pick Up with solid Tonneau Cover. Good Tires. AWD 213,000 kms. Runs SLEEPING BAG by Chinook, called Well, needs some electrical work. Clean home or pets at Christmas? Call Bill, truck. \$3500 280-1413

SET OF 4 studded winter tires, FOR SALE - PETS / LIVESTOCK

Bingo, doors open 11am, ends 3pm. Ev- 2 CATS, FREE. Cats accessories includery Friday Nite Bingo, doors open 4pm, ed to go with the cats. Text 315-8415 5-GAL. heated bucket \$45. 1-gal. heated NA MEETINGS are held each Tues, bucket \$35. 2 5-gal. flat-back buckets Thurs & Sun 7pm at the United Church, \$30/both. Galvanized chicken fount w/ heated base \$100 378-3496

FOR SALE - MISCELLANEOUS

RESTAURANT EQUIPT: stove, dp plates, cutlery, smallware, more \$8000 for the lot. Brian 936-8547 aft 6pm

ROCK/cement flower planter \$75. Antique dbl bed for house/garden\$40. Antique doll crib \$50. Antique elect. mower \$200obo 378-7057 auxiliary heater, copper/chrome, fancy DELTA DUST COLLECTOR AP400 \$50 378-9645

& hardware \$250. 378-9645

w/ record player & glass side cabinet, WOOD heater. Osbourne, heats 1500 made in Germany \$300 378-4031

FARM FRESH FREE RANGE 604-839-8383

POWER wheelchair, exc. cond., power tilt, incl batt. & charging unit \$9000 378-9699

loss support groupMeet Tuesday mornings. FMI Iris 378-8182 ea. 378-5691

back, incl misc. hardware (new) \$4000 378-9699

MILK container for farm milk \$40 Joe FULLY EQUIPPED camper van, Chev/

#VANLIFE 2 Sortera wht Idea storage 460-2004 bins, 16-gal., made in Spain, angled on 1 end, exc cond \$30/both firm 378-9443 aprils 378-3496 UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5

for 1 cup. 378-4947 GRANNY'S House Quilting Retreat has sewing notions from Pat's Patches 378-3734

padded black vinyl h/f boards, nw mattr. w/cover & 3 pillows. \$175. 315-2249 CUISINART portable lp gas grill in ver- RECLINER \$300 378-4619

ANTIQUE fancy walnut end tables w/ drwr & shlf, for lvingrm or bdrm \$160/

14,000 btu. 315-9661 hutch, drk wd, sell together or sep. Brnd **DEHUMIDIFIER** paid \$300 sell \$150. nw **rocker/recliner**, tan col. 378-9607

FOR SALE - ELECTRONICS/SOFTWARE

ROLAND CD-2E SD/CD recorder for sale; record, listen, burn CDs; in perfect

COMPUTER keyboard & mouse \$25. Joann 778-389-9365

projector with portable screen. \$50. Four available .Call or text 604-534-1401 KODAK slide trays \$20 378-6787

FREE: 25" Samsung computer monitor, flat screen. HP all-in-one copier/printer/ scanner w/ paper. Joann 778-389-9365

2 BOSE bookshelf indoor speakers \$200/pr. 2 bookshelf outdoor speakers, incl lots of speaker wire \$200 378-6915

\$225 378-6915

2006 TOYOTA Tacoma Access Cab 1998 5TH WHL trvl trlr, 27', 9400lb, \$10,000. 6-spd standard 4x4 New a/c, stereo/tv, read kitch. \$6500obo or brakes/rotors/callipers/spark plugs/coil consider trade. Brian 936-8547 aft 6pm 2 SWIVEL boat seats \$50 315-3155

4 WINTER tires, 225/65/17, 65-70% 1993 38' MOTORHOME, Pace Arrow,

netic, expands to 30ltr, converts to backpack, waterproof, has map reader, gd shape 378-1843 aft 5pm

TWO NEW 8.5-ft Barclay sound wooden oars \$150 378-6787

the beast. Good to -40. Nw/nvr used. \$300, they are \$450 new. 250-755-6817LOADING ramp for ATV Joe 378-5100 LEFT HANDED 308 Savage Axis rifle lk nw condition. Rifle sited in, less than 30 rounds shot. Vortex diamond back **RAMSHORN** snails \$5 ea (604)210-6597 12x40 scope. \$600 with scope \$400 without scope. Or trade for 30/30. 280-4004 CHIAPAS 44 MAG Alaskan takedown Lever action. \$1700 250-755-6817

FOR SALE - TOOLS/EQUIPMENT

SMALL 4x8.5 boat trlr has longer & heavier reach than usual, 2 dry boxes & boat rack gd sz for dump rns, oldr but wrks gd \$250 315-3155

fryer, cold tbl, commerc. sink, tbls, chairs, 2 LARGE wood stoves, 1 Ashley & other \$250ea 280-0543

SANDBLASTER 36"x24"x24", vry gd cond. Joe 378-5100

18"X42" mower blade, off riding lawn-

like new \$200 378-6787

2 STAINED GLASS doors, glass knobs CRAFTSMAN 2x42 Belt 8 Disc Sander/Grinder, Model No 351 286380 \$175 378-6787

> sq. ft house \$600 hardly used 315-5018 YAMAHA 3000 WATT generator EF3000iSE remote start new battery Hardly used. \$2000. 315-2898

TRVL TRLR, in the Nicola Valley area, \$4000-\$6000., under 4600kg 936-8387 LOOKING FOR a working Am/FM receiver or plus components will pay, text 378-7333

SMALL LIGHT WEIGHT travel trailer with toung weight of 350lbs and the weight of 1500 lbs for under \$5000. suzannesaumure@hotmail.com

Dodge preferred \$2000 range, cash 250-

ANVIL text 315-9789

ISO FREE OR inexpensive cloth loveseat. Text 378-7938

RECORDS, hunting knives, sports cards, Johnny Cash memorabilia. Tom 778-288-4095

FOR SALE HOUSE/PROPERTY

LAND FOR SALE: Build your dream home on an amazing 1.44 acre Nicola River waterfront property at 2299 Burgess Ave. 250-252-5060

EXC COND 2-bdrm Sandpiper apt, grnd lvl, suit. for handicap \$235,000 378-7502 MANUFACT'D home, 2 bdrm, 1 bath, call to view 1-800-361-8111, 315-1000 buyandsellmobilehomes. com

6 MOS FREE pad rent. 4-bdrm mobile home, Low. Nicola MHP. Julie 280-9666

FOR RENT

4000SQFT shop/warehouse for lease in Lower Nicola, 500sqft mezzanine, 500sqft office space, 3 phase elec-2000 DODGE Dakota 4x4, 4.7ltr V8 Joann 778-389-9365 trical, Bathroom, gas furnace, Air comauto, just had mtr replaced at Rivershore VINTAGE BELL @ HOWELL autoload pressor, 14' x 14' door, Outside space

> SHOP/WAREHOUSE. 1000sqft shop/ warehouse plus 1000sqft mezzanine for lease, Radiant heat, bathroom, 12'x12' door. Call or text 604-534-1401

> 2600 SQFT SHOP, 16' ceiling, 14' door, 5 ton overhead crane, 3 phase electrical, gas furnace, bthroom, Low. Nicola, Call/ text 604-534-1401

> BACHELOR suite, furnished, util incl. 2-BDRM bsmt suite n/p, n/s 778-639-0244



Preliminary Field Reconnaissance Archaeological Impact Assessments **Excavation and Site Assessments**

> Tel: (250) 378-1864 2025 Granite Ave., Merritt



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This time of connection, with light lunch, is open to all Elders and seniors in community

> Time: 11:00am to 2:00pm Location: ICS - 2040 Granite Avenue

Spaces to visit over a beverage, areas for playing games, resources available.

Better at Home Nicola Valley Program Coordinator, Judy Myram at 250-280-3015 or jmyram@interiorcommunityservices.bc.ca









WORD FIT PUZZLE

NICOLA VALLEY INDUSTRIES

6 Letters

mining

7 Letters

tourism

9 Letters 8 Letters

forestry

ranching

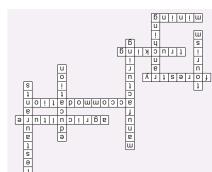
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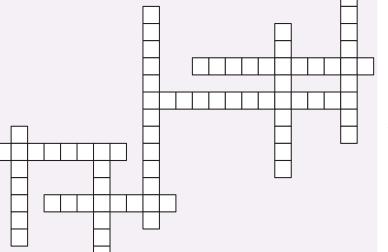
education accommodation manufacturing

13 Letters

11 Letters agriculture

restaurants





POST YOUR CLASSIFIEDS... VOICE MAIL (250) 378-5717, EMAIL MARKET@UNISERVE.COM LEAVE A COMMENT ONLINE AT OUR WEBSITE: MERRITTMORNINGMARKET.COM