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the

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Michelle Fox

Certified Relaxation Massage Specialist 250-378-1505



JOE, THE COMPUTER GUY

Repairs, upgrades, on-site service Joe 604-377-0274



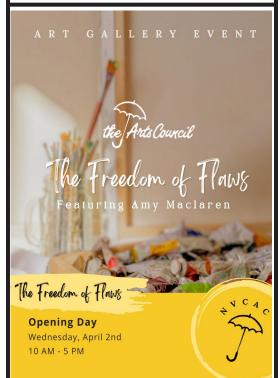
GARAGE SALE SEASON IS **BEGINNING!**

GET ON THE WEEKLY EMAIL LIST OR CALL IN YOUR SALE TEL 250-378-5717

MARKET@UNISERVE.COM

MERRITT PICKLEBALL CLUB

For court times & dates call Dave 250-280-9985 or Stephen 778-709-0363 merrittpickleballclub@gmail.com



WORLD AUTISM AWARENESS DAY - APRIL 2, 2025 #4080 News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8 Tel: (250) 378-5717 Fax: (250) 378-2025 Email: market@uniserve.com

Congratulations, Robin Coutlee!

Robin Coutlee was still in the store,

"I scratched the ticket and saw three

when he learned that he won \$200,000

crowns, then I scanned the ticket on the

machine at the store," recalled Coutlee

of the moment he realized he won. "I

gave the ticket to the clerk to scan it for

winnings and has no other immediate

plans. The ticket was purchased from

Annual general meeting of the NV

The Merritt Library presents a series

Food Bank will be held April 2, 6:30pm

at the Civic Centre. Memberships \$5/yr.

of 5 free illustrated talks by Al Horne

on the history of life on Earth — from

the big bang to now. Starts Wednesday,

The Nicola Mason Lodge #53 will

hold an open house April 6,10am-2pm.

Members invite the general public to

stop by and see what the Masons are all

about. New members. FMI 604-329-4815.

Education & Employment Career Fair

Career Fair will be held Wed, April 9,

9am-5pm at the NVIT Gym. More than

50 booths and a variety of info sessions &

presentations. Lunch and refreshements,

door prizes. No registration required,

free attendance. Presented by Citxw Nla-

ka'pamux Assembly (CNA), Communi-

ty Futures NV, Scw'exmx Tribal Council,

The proposed budget is set for its fi-

The City is looking at approx. 11%+

tax increase on the municipal portion of

property taxes for 2025 (about half of the

bill). The other portion goes to other lev-

els of govt. Download the draft budget

Call for performers - Music in the Park

perform at Music in the Park is Friday,

April 11, 4pm. runs Thursday evenings

throughout the summer at the Rotary

Nicola Valley Vendors Spring Market

happening on April 12, at the Civic Cen-

tre, 10am-3pm. Local vendors, live music

& entertainment, family art fun & treats.

April 19, 10am-12noon, at Central Park

instead of Rotary Park. There will be an

egg hunt (b.y.o.basket), bouncy castle,

face painting, arts and crafts, and a mag-

ic show. FMI www.merritt.ca/easter/

Come celebrate Easter on Saturday,

Easter Eggstravaganza!

The NV Vendors Spring Market is

Deadline to submit an application to

nal reading at the next Council meeting

on Tues. Apr 8 — one last opportunity

NVIT, WorkBC and City of Merritt.

for the public to provide comment.

from www.merritt.ca/budget/

Park Bandshell.

City financial plan & budget

The 2025 Education and Employment

April 2, 6:00pm - 7:30pm, for adults.

Nicola Mason's Lodge open house

The Merritt resident plans to save his

me. They were very excited for me!"

the 7-Eleven on Nicola Ave.

Community

History of Life on Earth

Food Bank AGM

from a Sparkling Riches Scratch & Win.

Wind phone at Pine Ridge Cemetery

Phone project is a partnership between NVIT, the City of Merritt, and Hospice, and built through the collaborative efforts of NVIT's Residential Construction and YETS students. The Wind



Phone has its origins in Japan, where it was created as a place for people to remember loved ones who have passed away. The concept of the Wind Phone was developed after the 2011 Tōhoku earthquake and tsunami, when a man named Itaru Sasaki set up an old rotary phone in his garden to connect with his late cousin. The phone, with no active line, became a place for people to speak to those they had lost, offering a sense of solace and a way to express feelings of grief and love.

Inspired by this, the Wind Phone in Merritt will serve as a place of reflection and connection for our community. There will be an official unveiling of the phone in the future, time to be announced.

This project showcases the dedication, skill, and community pride that NVIT students bring to the table, and a lasting contribution to Merritt.

Level 3 watering restrictions

This winter, the region experienced a lower than average snowpack, currently at 71% of normal (from the March 1 Snow Survey and Water Supply report). And so, groundwater levels are suffering — they are at the bottom end of historic 10-year min/max levels.

The City water management plan is to maintain level 3 watering restrictions year-round, as part of an effort to reduce the likelihood of highly restrictive levels 4 and 5 later on in the summer.

While the City has ample water in its deeper aquifers to meet current and future demand, the City currently does not have the water treatment facility in place at the Kengard well to make full use of these deeper water sources.

Presently, the City extracts most of its water from its shallow aquifers, which are replenished in part by the "losing reach" Coldwater River, causing a direct impact on fish habitats.

To protect fish habitats and ensure plentiful drinking water for residents, and to avoid severe watering restrictions, the City encourages residents to practice water conversation year-round.

For all info related to water conservation & watering restrictions, go to www. merritt.ca/watering/

Barb's Used Book & Music Sale Barb's Used Book & Music Sale returns at the Kelson Hall Centre for Arts & Education, 330 St. Paul St., Kamloops from April 12-26, offering an incredible selection of gently used books, CDs, vinyl, and more. A semi-annual tradition, Barb's Used Book & Music Sale is a vital fundraiser for the Kamloops Symphony Orchestra & KSO Music School. Every purchase supports music education and live performances. Open Sat, April 12 10am-5pm; Sun, April 13 12pm-4pm; Mon–Fri, April 14-18 12 pm-5pm; Sat, April 19 10am-5pm; Sun, April 20 closed; Mon-Fri-, April 21-25 12pm-5pm; Sat, April 26 10am-5pm.

What did the overly excited gardener do when spring arrived? He wet his plants.

Cargo space Dad is down at the auto dealership, looking at potential choices. "Cargo space?" he asks. The salesman, slightly confused, finally replies, "Car no do that... car go road."

That's A Good Thing The young boy was spending a Sunday afternoon with his grandpa. Looking at pictures of his grandpa in his military uniform, the boy asked, "Grandpa, did you ever kill anyone in the war?" "No champ, I never did." "That's a good thing." "You're telling me," began grandpa, "I was the cook!"

A Wish Gone Wrong A genie granted me one wish, so I said, "I just want to be happy." Now I'm living in a cottage with 6 dwarves and working in a mine.

Friendly, professional service from people who care.

Serving the community for over 50 years.

2037 Quilchena Avenue, Merritt BC 250-378-2155



Our Services:

-Rapid weight loss -Lymphatic drainage

massage -Wart, skin tag, mole removal -Stretch mark removal -Scar removal

-Custom medical facials -Laser hair removal -lpl (age spots, rosacea veins, collagen induction)

-Skin tightening, brightening and lifting -Eczema, psoriasis, acne vulgaris and most other

skin conditions -Real non-surgical facelift -Tripolar ultrasound -RF microneedling

-Trifractional skin resurfacing -Skin peels -LED therapy (red light, blue

light, nur light) -Stem cells -Peptides

-Medical grade skincare products

-Dermaplaning



0% Same day financing!

FIVE STAR RATING

To book 250-936-9200

F @

www.desertdivasanddonsspa.com 1751 Granite Ave., Merritt ~ by appointment only

LINBI EMISHED

Interior Community

Services

Better at Home Nicola Valley Invites community members, 60 years + to the

Saturday Seniors' Social

Better at Home Nicola Valley & ICS hosts a Seniors' Social, taking place on the first 3 Saturdays of each month!

This time of connection, with light lunch, is open to all Elders and seniors in community

> Time: 11:00am to 2:00pm Location: ICS - 2040 Granite Avenue

resources available.

For information, please contact the Better at Home Nicola Valley Program Coordinator at 250-280-3015 or jmyram@interiorcommunityservices.bc.ca

Better





FREE SERVICES FOR NEWCOMERS IN MERRIT





GET HELP WITH

○ = Documents renewal **(** Em



CONTAC US

ellen@kcris.ca - 250 682 1718 👔 david.cazares@kcris.ca - 250 299 4930

COLUMBIA WelcomeNC III Immigration, Refugees and Citizenship Canada et Citize

SPACE FOR YOUR AD

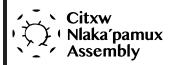
TEL 250 378-5717 MARKET@UNISERVE.COM MERRITTMORNINGMARKET.COM



Water Monitoring, Fish and Aquatics Wildlife Monitoring, Terrestrial Services **Environmental Planning**

> Tel: (250) 378-1864 2025 Granite Ave., Merritt

Environmental Reporting



We are pleased to announce that we have more job opportunities to join the Citxw Nlaka'pamux Assembly. Please visit our website to view the following job postings available:

- Ashcroft Community Engagement Coordinator
- Certified Professional Accountant
- Grant Specialist
- People and Talent Clerk

Interested applicants are encouraged to submit their cover

Citxw Nlaka'pamux Assembly Email: HR@cna-trust.ca

In-Person: 2025 Granite Ave, Merritt, BC We offer competitive wages, benefits, pension, internal training, and professional development to support the right candidate. We believe in initiative, respect and community values. If you have some of these qualities and believe you



would be of value to our organization, then we want to hear from you!

Please follow the link to view our job postings: https://employment.cna-trust.ca/ job-postings_join_our_team.htm



FREE CLASSIFIEDS — Call 250-378-5717 or email market@uniserve.com

> MERRITT PICKLEBALL CLUB For court times & dates call Dave 250-280-9985 or Stephen 778-709-0363 merrittpickleballclub@gmail.com

MERRITT ART GROUP





MERRITT MORNING MARKET

WEDNESDAY EDITION — APRIL 2, 2024 #4080

Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

ATTN: MIKE THE HANDIMAN in 315-2698

FOUND: set of keys at Funeral Chapel prkng lot, 2 gas keys. 315-5430

ARE YOU BULIMIC or do you suffer from compulsive over-eating? We care .we offer hope. Contact: oa.org for info. on: face-to-face, and Zoom meetings. Overeaters Anonymous is a based on the 12 steps. FMI R.B at PO Box 936-8371 1889, Stn. Main, Merritt, BC, V1K 1B8 3 FEMA LOOKING FOR SOMEONE to deep clean 2-bdrm mbl home in town \$25/hr cash 378-7435

me with the use of my Cricut Explorer Air 2 and the understanding of the program . Please call or text 378-7950

NEED SOMEONE to take care of your

ALANON (for friends & families of alcoholics) every Monday @ 7pm Trinity United Church Hall

ELKS EVENTS: Every Wednesday Bingo, doors open 11am, ends 3pm. Every Friday Nite Bingo, doors open 4pm, ends 10pm. 1701 Coldwater Ave.

NA MEETINGS are held each Tues, BABY plum trees \$5, baby horsechestnut Thurs & Sun 7pm at the United Church, trees \$10, baby clove currant bushes \$5. 1899 Ouilchena Ave.

AA MEETINGS Wed., Fri., Sat. At RESTAURANT EQUIPT: stove, dp 7pm, Mon. Noon at Trinity United Church, 1899 Quilchena Ave.

SERVICES

JPV ENTERPRISES: Landscaping (lawn care, hedging, pruning, gardening). eneral labour. Licensed, equipped. On

JOE, THE COMPUTER GUY. Repairs, upgrades, on-site service 604-377-0274 bardware \$250, 378-9645 HOUSE & YARD MAINTENANCE: Landscaping, fencing, painting, home repairs, tree removal, hedge clipping, gardening, weeding, etc. 315-8087

SHELLY'S BANNOCK & Catering & other goodies 936-8368

BONDABLE Services. Laundry, house cleaning, errands ect. Discount for seniors. 604-210-6597

DOG GROOMING (All Sizes). I have a few openings for new clients, located off Iron Mountain Road... please text or leave a message 604-220-7353

SCRAP FOR CASH. I'll come to you. Batteries, brass copper, aluminum, stainless, wire. Call or msg 604-618-8710, or the middleman@shaw.ca Fast service, TOPS: Take Off Pounds Sensibly weight loss support groupMeet Tuesday morn-

ings. FMI Iris 378-8182

EAGER, RELIABLE man w/ 4x4 truck ANTIQUE fancy walnut end tables w/ & trailer, avail. Dump runs, deliveries, drwr & shlf, for Ivingrm or bdrm \$160/ plywood, sand, gravel, appl., housewares Greg 315-7525, (250)320-2054 Fast, 4-PC qun-sz bdrm set. China cabinet & courteous service

EMPLOYMENT OPPORTUNITY

PART-TIME BARTENDER. drop off resumes at the Legion Lounge in person or email to legion096@outlook.com

FOR SALE - APPLIANCES AIR COND. 12,000btu, 19"x21.5"x14" high \$300. Brian 936-8547 aft 6pm CUISINART portable lp gas grill in verry good shape \$100 378-6787

tires, sell together only, 60% tread. \$150.00. phone 250-315-2249 2000 DODGE Dakota 4x4, 4.7ltr V8

auto, just had mtr replaced at Rivershore Dodge & nw radiator \$3500obo or consider trade. Brian 936-8547 aft 6pm 4-P245X75RX16 m+s tires. 80% tread. \$200 378-4947

\$700 Brian 936-8547 aft 6pm

used 6 mos \$800obo 936-8330 \$70/box. Steve 315-5909 newly remodelled, nw floors & paint 4 WINTER tires, 225/65/17, 65-70% SLEEPING BAG by Chinook, called \$1500. John 425-772-3400

2005 FORD F350 diesel truck, canopy OXFORD motorcycle tank bag, , mag-LOOKING FOR A CAREGIVER.
FMI 778-255-0437
ATTN: MIKE THE HANDIMAN in 1982 and extended cab, 170,300 Km + all up netic, expands to 30ltr, converts to backpack, waterproof, has map reader, gd shape 378-1843 aft 5pm on 6-bolt Nissan rims a season of wear 1993 38' MOTORHOME, Pace Arrow,

Sunshine Valley, please call me. Linda laft for them, 4 tries, rims \$100 280-1413 8.31 Cummings diesl, Allison Trans., \$152-2698\$

2006 TOYOTA Tacoma Access Cab 10,000 diesl generator, back-up cam, \$10,000. 6-spd standard 4x4 New dual a/c, rns extremely well \$19,000 obo brakes/rotors/callipers/spark plugs/coil packs. Apple car play 604-818-0191

TWO NEW 8.5-ft Barclay sound wood-

FOR SALE - PETS / LIVESTOCK

5 DOVES free, in large handmade cage

3 FEMALE kitties to gd homes 250- out scope. Or trade for 30/30. 280-4004

7 RHODE ISLND RED laying chickens - 1 yr. old, gd layers \$12/ bird 378-2832 LOOKING FOR SOMEONE to help LANGSHAN rooster free to gd home, me with the use of my Cricut Explorer only 6 mos old, beautiful & great in a flock. We had 4, nd only 1. 604-309-4823 BLK & DCKR leaf blower, corded \$50 8 RHODE ISLAND red chickens, 1 year obo. 315-9692 2 CATS, FREE. Cats accessories included to go with the cats. Text 315-8415 5-GAL. heated bucket \$45. 1-gal. heated 2 LARGE wood stoves, 1 Ashley & oth-

FOR SALE - MISCELLANEOUS

heated base \$100 378-3496

378-2410

fryer, cold tbl, commerc. sink, tbls, chairs, plates, cutlery, smallware, more \$8000 for the lot. Brian 936-8547 aft 6pm

ROCK/cement flower planter \$75. auxiliary heater, copper/chrome, fancy Hardly used. \$2000. 315-2898 \$50 378-9645

& hardware \$250. 378-9645

ANTIQUE Blaupunkt cabinet tube radio w/ record player & glass side cabinet, made in Germany \$300 378-4031

UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5 for 1 cup. 378-4947 **826 CRAFTSMAN** snowblower for parts 378-3496

GRANNY'S House Quilting Retreat has sewing Pat's Patches 378-3734

FOR SALE - FURNITURE

DOUBLE BED, nvr used, with padded CERTIFIED TREE FALLER, w/ wd black vinyl hf boards, nw mattr. w/cover chipper, sml truck & trailer, will do residential, fruit trees, etc. 378-6431

RECLINER \$300 378-4619

4-PC qun-sz bdrm set. China cabinet &

hutch, drk wd, sell together or sep. Brnd nw rocker/recliner, tan col. 378-9607

FOR SALE - ELECTRONICS/SOFTWARE

COMPUTER keyboard & mouse \$25.

ry good shape \$100 378-6787

INGLIS flat top elect stove \$150. 24"

lect stove, Danby 1 yr old \$250 280-0543

FOR SALE - AUTOMOTIVE

Gale

Gale

Goods

FOR SALE - AUTOMOTIVE

Goods

Goods

Goods

FOR SALE - AUTOMOTIVE

FOR SALE - AU **2 BOSE** bookshelf indoor speakers \$200/pr. 2 bookshelf outdoor **speakers**,

incl lots of speaker wire \$125 378-6915 FOR SALE - RECREATIONAL

TRADE 14' Jumpking trampoline for smaller trampoline (min 8'). 378-2410

600 SQFT SHOP, 16' ceiling, 14' door, 5 ton overhead crane, 3 phase electrical, 1998 5TH WHL trvl trlr, 27', 9400lb, gas furnace, bthroom, Low. Nicola, Call/ a/c, stereo/tv, rear kitch. \$6500obo or text 604-534-1401 consider trade. Brian 936-8547 aft 6pm BACHELOR suit RUNNING brds w/ mounting brckts, consider trade. Brian 936-8547 aft 6p blck, brnd nw, 79"1x6" for Dodge 1500 2 SWIVEL boat seats \$50 315-3155

FEDERAL Premium 6.5 Terminal As- 2-BDRM bsmt suite n/p, n/s 778-639-0244 4 ALL-SEAS. Goodyr tires 235/45R19", cent 130 grain ammunition by the box, 2040 BIRCH AVE, #3 2-bdrm, 1-bth,

left \$65ea 378-7702 the beast. Good to -40. Nw/nvr used. LARGE 2 BEDROOM apartment in \$PARE TIRE carrier fits 65 Ford Thunderbird \$1900 Joe 378-5100 the beast. Good to -40. Nw/nvr used. LARGE 2 BEDROOM apartment in \$300, they are \$450 new. 250-755-6817 quiet lakefront NEW home, N/P, N/S Ref required. 604-727-5632

en oars \$150 378-6787

LEFT HANDED 308 Savage Axis rifle lk nw condition. Rifle sited in less than 5.5'high x4' wide, 2 parents & 3 kiddos 30 rounds shot. Vortex diamond back 12x40 scope. \$600 with scope \$400 with-

FOR SALE - TOOLS/EQUIPMENT

8" BANDSAW \$200. 8" table saw \$300. 12" planer \$200. Router table \$200 378-0423

old, all are laying \$15 per bird 378-28325 SMALL 4x8.5 boat trlr has longer & home or pets at Christmas? Call Bill, RAMSHORN snails \$5 ea (604)210-6597 heavier reach than usual, 2 dry boxes & honest & reliable 315-3621 boat rack gd sz for dump rns, oldr but wrks gd \$250 315-3155

bucket \$35. 2 5-gal. flat-back buckets er \$250ea 280-0543

\$30/both. Galvanized chicken fount w/ SANDBLASTER 36"x24"x24", vry gd cond. Joe 378-5100

18"X42" mower blade, off riding lawnmower \$200obo 378-7057 DELTA DUST COLLECTOR AP400

like new \$200 378-6787 CRAFTSMAN 2x42 Belt 8 Disc Sand-

er/Grinder, Model No 351 286380 \$175 378-6787

WOOD heater, Osbourne, heats 1500 sq. ft house \$600 hardly used 315-5018 Antique dbl bed for house/garden\$40. YAMAHA 3000 WATT generator Antique doll crib \$50. Antique elect. EF3000iSE, remote start, new battery.

RECORDS, hockey cards, Johnny Cash memorabilia. Tom 778-288-4095

TRVL TRLR, in the Nicola Valley area, \$4000-\$6000., under 4600kg 936-8387 SALOON lamps, double globe, brass, pair, tall \$160. 378-9645

LOOKING FOR a working Am/FM re ceiver or plus components, text 378-7333 FARM FRESH FREE RANGE EGGS for sale \$6 per doz. Call or text 604-839-8383 suzannesaumure@hotmail.com

er tilt, incl batt. & charging unit \$9000 378-9699

Grand Wirectchair, exc. cond., power tilt, incl batt. & charging unit \$9000 bodge prefd \$2000 range cash 250. Dodge pref'd \$2000 range, cash 250-460-2004

FOR SALE HOUSE/PROPERTY

notions from LAND FOR SALE: Build your dream home on an amazing 1.44 acre Nicola River waterfront property at 2299 Bur-gess Ave. 250-252-5060

EXC COND 2-bdrm Sandpiper apt, grnd lvl, suit. for handicap \$235,000 378-7502 MANUFACT'D home, 2 bdrm, 1 bath, call to view 1-800-361-8111, 315-1000 buyandsellmobilehomes. com

6 MOS FREE pad rent. 4-bdrm mobile home, Low. Nicola MHP. Julie 280-9666 FOR RENT

3-BDRMlrg lvngrm & din. rm, fully re-FOR SALE - ELECTRONICS/SOFTWARE
ROLAND CD-2E SD/CD recorder for garage, immed. 2337 Coutlee 378-2047 sale; record, listen, burn CDs; in perfect condition. \$200. 378-9899

sale; record, listen, burn CDs; in perfect condition. \$200. 378-9899

sale; record, listen, burn CDs; in perfect own prkng, util incl. nw appl /naint/floor-own prkng, uti own prkng, util incl, nw appl./paint/flooring. May 1 378-2047

Joann 778-389-9365

VINTAGE BELL & HOWELL autoload projector with portable screen. \$50. Four

"House and Joann 778-389-9365"

2-BDRM I-bth house, Irg fined yrd, quiet area of twn, priv., n/s n/p, refs req'd, \$1900 + util. Apr 1. Call/text 604-534-1401

4000SQFT shop/warehouse for lease in Low. Nic., 500sqft mezzanine, 500sqft office space, 3-phs electrical, bthrm, gas furn,, air compressor, 14' x 14' dr, outside space avail. Call/text 604-534-1401 SHOP/WAREHOUSE, 1000saft shop/

warehouse plus 1000sqft mezzanine lease, Radiant heat, bathroom, 12'x12' door. Call or text 604-534-1401

BACHELOR suite furnished util incl.

Prince Motel 378-6899



Preliminary Field Reconnaissance Archaeological Impact Assessments **Excavation and Site Assessments**

> Tel: (250) 378-1864 2025 Granite Ave., Merritt



Better at Home Nicola Valley

Invites community members, 60 years + to the

Saturday Seniors' Social

Better at Home Nicola Valley & ICS hosts a Seniors' Social, taking place on the first 3 Saturdays of each month!

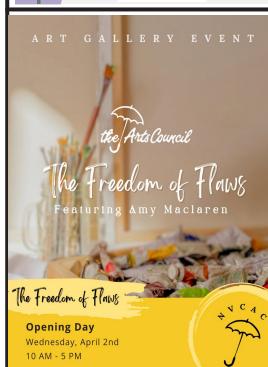
This time of connection, with light lunch, is open to all Elders and seniors in community

Time: 11:00am to 2:00pm

Location: ICS - 2040 Granite Avenue Spaces to visit over a beverage, areas for playing games

resources available. Better at Home Nicola Valley Program Coordinator, Judy Myram







Puzzle #1

SUDOKU

3 6 4 1 3 2 6 4 3 8 3 4 9 6 2 5 4 7 2 6 4 8 2 3 8 2 6 3 4 5 3 9 8

Puzzle #2

9	3	4		6	5	1	2	
					3	4		
		6	2	7			9	
5 6		9	3		6		4	2
6					2	5		9
	2	8				6		
4			6		8	2		
3	8	7	5			9	6	4
		5						



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