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## Art Therapy in Merritt

Art Therapy sessions are now being offered by Jennifer Chemago at The Nicola Valley Arts Centre

Jennifer is a certified Art Therapist With The Vancouver Art Therapy Institute

For Further Information  
Please visit [www.arttherapywithjennifer.com](http://www.arttherapywithjennifer.com)  
or email Jennifer at [jchemagoarttherapy@gmail.com](mailto:jchemagoarttherapy@gmail.com)



### ANNUAL GENERAL MEETING

**Tuesday January 27th – Interior Savings  
Community Room 6pm**

**Everyone Welcome**

Join us for our 2026 Soccer Season. We are looking for new members to volunteer, various positions include: Board of Directors, Head & Assistant Coaches, Division Reps, Referees, and Registrar.

For more information email us: [info@merrityouthsoccer.com](mailto:info@merrityouthsoccer.com)  
<https://www.facebook.com/MerrittYouthSoccer>  
<http://merrityouthsoccer.com/>

**FARM FRESH  
FREE RANGE EGGS  
\$ 7.00 PER DOZEN**



**Baillie House**  
2202 Voght Street, Merritt, BC  
250-378-0349



**MERRITT MORNING MARKET** .COM

WEEKEND EDITION - JANUARY 23, 2026 #4188

News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8

Tel: (250) 378-5717 Fax: (250) 378-2025 Email: [market@uniserve.com](mailto:market@uniserve.com)

### Int'l Women's Day nominations

March 8, is International Women's Day, and this year marks the 21st celebration to honour women here in the Nicola Valley. If you have any amazing women in your life that you would like to recognize, please let us know!

We want to celebrate the women in our community who are working hard to create and support positive changes, and a healthy community. Please nominate those women who have positively influenced your life, the lives around you, or the community.

The deadline for nominations is February 13 at noon. Nominations may be sent to [nvwomeninaction@gmail.com](mailto:nvwomeninaction@gmail.com). Include contact information for you and your nominee and the reasons for your nomination. Only one nomination per person please.

### Petition to delay school closure decision

A group of concerned parents is asking Nicola-Similkameen SD58 to delay their decision regarding a school closure for one year due to insufficient information and unaddressed impacts on students in the community.

The group is hoping that whatever your opinion on the matter, parents, caregivers, and community members to come together — and add their name to the petition.

It starts: "At this time, there is insufficient information, planning, and community confidence to support a decision of this magnitude. Families are not opposed to change when it is necessary and well planned. However, we are concerned about decisions being made without adequate evidence, transparency, or a clear demonstration of how student well-being will be protected. Given the permanent nature of a school closure, the level of evidence and planning required should be proportionate to the long-term impact on students, families, and the broader community..."

The link to the letter is circulating on local facebook pages, or go to: [https://docs.google.com/forms/d/e/1FAIpQLSfLTEKHgEBu9OhAll0LzRyc-jNUGBCEUF04Qg55GAg3TY6Hmw/viewform?fbclid=IwZXh0bgNhZW0CM-TAAyNjPZBExNHI2bWVjNmtOd09N-WnBaR3NydGMGYQxBwX2lkEDlyMjAzO-TE3ODgymDA4OTIAAR7C6cSQME-Bz\\_4\\_nnATOK1fIIfwkdS43ymIBq2L-g28OqpBzZscXYQZ\\_46zVMoA\\_aem\\_1q-SIPB8T9wg7\\_f37hj4vmQ](https://docs.google.com/forms/d/e/1FAIpQLSfLTEKHgEBu9OhAll0LzRyc-jNUGBCEUF04Qg55GAg3TY6Hmw/viewform?fbclid=IwZXh0bgNhZW0CM-TAAyNjPZBExNHI2bWVjNmtOd09N-WnBaR3NydGMGYQxBwX2lkEDlyMjAzO-TE3ODgymDA4OTIAAR7C6cSQME-Bz_4_nnATOK1fIIfwkdS43ymIBq2L-g28OqpBzZscXYQZ_46zVMoA_aem_1q-SIPB8T9wg7_f37hj4vmQ)

### Challenge and Persist The Origins of the BC Civil Liberties Association, by James Dybikowski

James Dybikowski is Professor Emeritus at UBC, formerly Head of the Dept of Philosophy & Associate Vice-President of UBC. He and his wife Libby lived in the Nicola Valley from 2006-2020, at Miller Estates, until they "could no longer manage lifting bales of hay etc.", according to Jim.

Last Fall, he published an account of how the BC Civil Liberties Assoc. came to be, the external and internal difficulties that it struggled to overcome, and how it came to be as successful as it was — he had been persuaded that the story was well worth telling before it was forgotten. The book draws on resources, some in the public realm, but a good number not. And Jim saw much it first hand; he joined the BCCLA in 1969 and by 1975 was elected Vice-President, and President in 1977 and 1978.

The book covers the BCCLA's founding in 1962, as well as its predecessor group which layed a foundation. It covers the many very interesting landmark cases which it participated in, as BC took slow steps into the realm of rights & freedoms: Doukhobors & Sons of Freedom, theater & book censorship, start of legal aid, educating the public on civil liberties, religious freedom, the Heroin Treatment Act, and more.

There will be a few copies available in the near future at the Merritt Public Library. Copies can also be obtained by emailing Jim directly at [jamesd@mail.ubc.ca](mailto:jamesd@mail.ubc.ca)

**What do you call** a paper airplane that won't fly? Stationary.

**I'm so good at sleeping.** I can do it with my eyes closed.

**Doctor: "I'm sorry, but you suffer** from a terminal illness and only have 10 to live."

**Patient:** "What do you mean 10? 10 what? months? weeks?" **Doctor:** "9, 8, 7..."

**Q. How much room** is needed for fungi to grow? A. As mushroom as possible

## Black's PHARMACY

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2037 Quilchena Avenue, Merritt BC 250-378-2155



NICOLA VALLEY & DISTRICT  
METIS SOCIETY

AGM & ELECTIONS  
JANUARY 24, 2026  
11AM

Conayt Friendship Center  
Purple door in alley



### Family Literacy Week

**January 24 - 31, 2026**

Visit [literacymerritt.com](http://literacymerritt.com)  
for the calendar of events



## The Caring Cutter

Patti - 778 865 0533

- \$20 haircuts for Seniors 70+ w/ ID
- Senior companion-ship, housecleaning

1922 Voght St., walk-ins welcome

## THE STYLIST/ BARBER IS IN

Cash or e-transfer only

### SPACE FOR YOUR AD

TEL 250 378-5717

MARKET@UNISERVE.COM

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**Connect and Play with the  
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Call John (604)841-8911 • Gian (250)315-3376

for more info or [merrittpickleballclub@gmail.com](mailto:merrittpickleballclub@gmail.com)

## Rediscovered Treasures

Exhibition Jan 7-31, 2026  
Bidding opens January 9



Come join us for a heartfelt celebration of art,  
generosity, and sustainability.

Every piece in this collection has been donated by members  
of our community — each one carrying a story, a memory,  
and now, a chance for a fresh start.

COME VISIT THE GALLERY AT THE NICOLA VALLEY ARTS CENTRE

HOURS: Mon-Sat 10am-5pm  
Sunday 12-4pm

2051 VOUGHT ST., ENTER BEHIND KEKULI CAFE



NRD  
Merritt

BRITISH COLUMBIA ARTS COUNCIL  
MERRITTCITYARTS.COM

BRITISH COLUMBIA



Water Monitoring, Fish and Aquatics  
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Tel: (250) 378-1864  
2025 Granite Ave., Merritt



We are pleased to announce that we have more job opportunities to join the Citxw Nlaka'pamux Assembly. Please visit our website to view the following job postings available:

**Boston Bar Community Engagement Coordinator**  
**Community Lead - Special Projects**  
**Employment and Training Assistant**  
**Employment and Training Coordinator**  
Junior Kitchen keykix  
nēʔkēpmx Land Guardian (Canyon - Multiple Positions Available)  
nēʔkēpmx Land Guardian (Valley - Multiple Positions Available)

Interested applicants are encouraged to submit their cover letter and resume to:

Citxw Nlaka'pamux Assembly  
Email: HR@cna-trust.ca

In-Person: 2025 Granite Ave, Merritt, BC

We offer competitive wages, benefits, pension, internal training, and professional development to support the right candidate. We believe in initiative, respect and community values. If you have some of these qualities and believe you would be of value to our organization, then we want to hear from you!

Follow the link: [https://employment.cna-trust.ca/job-postings\\_join\\_our\\_team.htm](https://employment.cna-trust.ca/job-postings_join_our_team.htm)



FREE CLASSIFIEDS — Call 250-378-5717  
or email market@uniserve.com



**TUESDAYS 1:30-3:30 PM**

Beginning January 6<sup>th</sup>

**At The Nicola Valley  
Community Arts Centre**

Join us for some fun & creative  
art-making with

Jennifer & Mischelle!

*Jennifer has a Bachelor of Fine Arts with a Major in Visual Arts & a Minor in Psychology. She also has a diploma in Art Therapy & is a certified Art Therapist. Jennifer will be on hand to provide guidance for those who wish.*



**Connect and Play with the MERRITT PICKLEBALL CLUB!**  
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Call John (604)841-8911 • Gian (250)315-3376 for more info or merrittpickleballclub@gmail.com

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## MERRITT MORNING MARKET

FRIDAY EDITION — JANUARY 23, 2026 #4188

Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

### SALES

**CRAFT MARKET & BAKE SALE**  
Shulus Hall Feb 7 10am-5pm. Raffle & door prizes, local artisans, handmade products, concession

### PERSONAL

**LOST:** Chain w/ medallion 315-7771  
**FOUND CAT:** Appeared at Sunshine Valley address: Shorthair tortoiseshell young female cat. 378-6540

**DISABLED PERSON NEEDS OCCASIONAL HELP** for odd jobs around the house (house cleaning, shovelling, etc). You should be strong, thinking and energetic with a good outlook on life. Please text 250-378-7938

**GOING AWAY ON HOLIDAYS?** Nd someone to care for your home or sml farm? call Bill, reliable, honest 315-3621

**LOST:** keychain with change purse. Navy blue arrowhead beadwork w/ lanyard, Ford key & PO key, ID in change purse (status card & card card), between Post office & Black's on Nov 24. Please, just need ID back. 525-0406

**NA MEETINGS** are held each Tues & Thurs 7pm at the United Church, 1899 Quilchena Ave.

**MISSING:** 2 sets of 2 silver matching keys & 1 single key w/ blank photo tag attached. Call/text Gilbert 250-828-0582

**DO YOU PLAY VIOLIN?** Join our string ensemble group. Practice Wednesdays evenings. Text Cecilia 315-0022

**ALANON** (for friends & families of alcoholics) every Monday @ 6pm Trinity United Church Hall

**ELKS EVENTS:** Every Wednesday Bingo, doors open 11am, ends 3pm. Every Friday Nite Bingo, doors open 4pm, ends 10pm. 1701 Coldwater Ave.

**AA MEETINGS** Wed., Fri., Sat. At 7pm, Mon. Noon at Trinity United Church, 1899 Quilchena Ave.

### SERVICES

**NEED CORPORATE** planning, business wealth account, collateral loans, key person insurance, etc 778-630-0323

**DOG GROOMING** (All Sizes). I have a few openings for new clients, located off Iron Mountain Road... please text or leave a message 604-220-7353

**TC PAINTING**, licensed, insured. Returning to work, taking small jobs for now. Or if more work, we can discuss. Tina 604-767-4866

**NEED HELP AT HOME?** I offer professional, flexible, reliable, friendly, and dependable cleaning and caregiving services. Please call or text: 250-879-5383

**JOE, THE COMPUTER GUY.** Repairs, upgrades, on-site service 604-377-0274

**SHELLY'S BANNOCK & Catering & other goodies** 936-8368

**SCRAP FOR CASH.** I'll come to you. Batteries, brass copper, aluminum, stainless, wire, Call or msg 604-618-8710, or the middleman@shaw.ca Fast service,

**CERTIFIED TREE FALLER**, w/ wd chipper, sml truck & trailer, will do residential, fruit trees, etc. 378-6431

**EAGER, RELIABLE** man w/ 4x4 truck & trailer, avail. Dump runs, deliveries, plywood, sand, gravel, appl., housewares Greg 315-7525, (250)320-2054 Fast, courteous service

**EMPLOYMENT OPPORTUNITY**

**LIST YOUR JOB.** List your employment opportunity here, no charge. 250-378-5717 [market@uniserve.com](mailto:market@uniserve.com)

**FOR SALE - APPLIANCES**

**MICROWAVE** new 1200W family size Panasonic Genius \$150 378-5394

**FRIGIDAIR** stove, 2 yrs old \$2500bo. Vitara fridge, 10 mos. old \$400obo. Amana washer & dryer, 4 yrs old \$300/pr obo 280-0543

**FREEZER**, smaller approx. 2'x4'. Calvin 778-586-8362

**COUNTERTOP** dishwasher, hardly used, 3 yrs old \$300 250-289-4759

**FREE:** 4-bmtr prop. range (604)312-1954 A/C \$100. Calvin 778-586-8362

**MICROWAVE** \$30 378-0838

**ARCTIC AIR** a/c 5000btu 18.5wx-15.5dx12'h \$25. Kenmore a/c 12,000btu 18wx15dx22 \$100. **Wsh/rdryer** \$300/pr. Elect. fireplace w/ remote \$100. Gas stove, dbl oven, Americana \$150. Inglis fridge \$75 315-0415

**FOR SALE - AUTOMOTIVE**

**1991 FORD F150 4x4** 378-7124

**4 MICHELIN A/T tires** 275-65-R18, tires were take offs, lk nw \$400 280-0769

**95 CHEVROLET** Crew Cab Pickup Truck \$1500obo 315-0011 Aspen Grove

**SET OF 4 TIRES**, good rims, 245-17

winters for Ford \$400. Calvin 778-586-8362

**ALUM.** dry box combination tonneau cover for full size pickup truck with 6 ft. box. \$450obo. 315-2080

**4 SALIUN** tires 205/55/R16 M+S, used for 5 months \$225 378-2226 after 5pm

**PARTING OUT:** 2010 Ford F150, Lots of good stuff, Various prices or take truck for \$700 Text 250-936-8982

**TIRES:** Five 185/65R15 snowflake, Two 215/65 17" wtrn snowflake M&S. Two 215/55R17 winter snowflake. Four 195/65 16" snowflake. Four 185/65R15 winter studded, brnd nw. Rick 936-8885

**2005 DODGE** 1500 4x4 SLT, auto, quad cab, 4 tires w/ snowflake last yr, gd glass, vry gd cond, vry reliable, lots work done, 220,000km, \$800obo. Greg 315-7525

**FOR SALE - PETS / LIVESTOCK**

**2000 BEAUTIFUL** large Angel Fish \$15/pair. 936-9912

**6-8 PIGEONS** with a good metal roost for them, to give away. 378-4947

**30-GAL.** fish tank, LED lights, 2-in-1

filter pump, bubble pump, gravel, ornaments, fish net, hand-held cleaner for glass \$250 315-3981

**6 FT HINGED** plastic dog ramp (astro turf lined for traction) \$95. Large well built **dog house** (insulated, aluminum roof, wavey-edged cedar siding) \$150 firm. Large Petmate portable plastic dog kennel \$135. Earl 378-5038

**MUSKOVY** & Cayuga ducks 378-4476

**2 MALE** kittens to grt homes 250-682-2012

**PITBULL** puppies born Feb 28, ready now. Andrew 778-538-3682

**FREE:** Lonesome ringneck male dove w/ outdr cage. Hawk got mate 378-3496

**FOR SALE - MISCELLANEOUS**

**HEAD** mount cougar rug, offrs. 378-4049

**4 cork boards**, 4'x6', exc cond. 280-0543

**PR LADIES** Hunter boots, mudder purple, sz 7, gd cond \$50. 378-1843 aft 5pm

**1008 PAPERBACK** books to give away free, for whoever will come to get them 315-9803, diananorgaard63@gmail.com

**FREE FIREWOOD:** willow not the best firewood, fine once dry, about 1/2 to 2/3 of a cord, 1475 Clebsy St help yourself.

**FREE** 4 burner propane range w/ irge-oven. Free wht dbl porcelain **kichen** sink 4". Kane Valley Area but can drop off 604-312-1954

**WINDOWS**, aluminum frames, various sizes. Plywood 3/4" tongue & groove. Regular plywood, 1/2" Aldo 378-2832

**UNPASTEURIZED** raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5 for 1 cup. 378-4947

**GRANNY'S** House Quilting & Retreat has sewing notions from Pat's Patches 378-3734

**VINTAGE** Half Canopy single bed, frame \$75 378-6787

**SINGLE SIZE** solid wood storage bed frame with 3 drawers and a headboard in great condition for \$100obo 315-9713

**DOUBLE BED** with box spring, frame, stands and set of sheets, gd condition just no room \$125obo. 4 **bar stools**, like new \$125 all 4 obo. **Pedestal sink** \$40. Rocking chair \$40. 2 **swivel** rocking chairs, light rose in colour, very nice looking 375obo. 378-7333

**SOLID WOOD** kitchn tbl, 2 leaves, 6 chairs \$85 378-1835

**WOOD** table w/ 6 chairs, 2 leafs, exc shape \$300obo. Other furniture: dressers, china cabinet, etc. etc. 280-0543

**HARDWOOD** tbl & chairs \$50obo. Solid hardwood dresser & mirr. \$50obo Debra 250-718-3740

**DLX** high-back leather padded desk/office chair, lk nw \$100 378-9169

**FILE CABINET** 4 drawer legal size 75". Oak queen **headboard** and bed frame \$25. Matching oak large **dresser** with mirror \$75. Royal Dalton County Roses china set \$300. Bob 250-574-3598

**HIDE-A-BED** \$50obo. Rocking chair \$15. TV stand \$10. 378-8838

**2 GRAVITY** Chairs \$50 each 936-8387

**FOR SALE - FURNITURE**

**FOR SALE BY OWNER** building lot in Collettville (1420 Pine); +12,000 square feet, +-9,600 sq. ft. "buildable," \$80,999. FMIC [michaelsasges@proton.me](mailto:michaelsasges@proton.me) 604-916-9289

**12X60 MBL HOME**, must be moved All offers considered. Mess./text 315-7803

**FOR RENT**

**4-BDRM** house, 2-bth, immed. 378-4392

**3-BDRM** house, 1-bth, detach. gar., lrg fncd bck yrd, avail. immed. 378-7416

**STUDENTS** only: \$1000/mo w/ some wrk wknd or key access. 10 hrs/wk 378-4201

**FO**