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THE STYLIST/ BARBER IS IN

Cash or e-transfer only

Art Therapy in Merritt

Art Therapy sessions are now being offered by Jennifer Chemago at The Nicola Valley Arts Centre

Jennifer is a certified Art Therapist
With The Vancouver Art Therapy Institute

For Further Information
Please visit www.arttherapywithjennifer.com
or email Jennifer at
jchemagoarttherapy@gmail.com



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MERRITTMORNINGMARKET.COM



**Citxw
Nlaka'pamux
Assembly**

We are pleased to announce that we have more job opportunities to join the Citxw Nlaka'pamux Assembly. Please visit our website to view the following job postings available:

- CNA - Elders Coordinator
- CNA - Employment and Training Assistant
- CNA - ?eskntwex™ General Clerk
- CNA - Human Resources Support Clerk
- CNA - Special Projects Lead
- CNA - Territorial Stewardship Assistant - Interim Leave Coverage
- CNA - Youth Coordinator

Interested applicants are encouraged to submit their cover letter and resume to:

Citxw Nlaka'pamux Assembly
Email: HR@cna-trust.ca
In-Person: 2025 Granite Ave, Merritt, BC

We offer competitive wages, benefits, pension, internal training, and professional development to support the right candidate. We believe in initiative, respect and community values. If you have some of these qualities and believe you would be of value to our organization, then we want to hear from you!

Follow the link: https://employment.cna-trust.ca/job-postings_join_our_team.htm





MERRITT MORNING MARKET

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WORLD DAY OF SOCIAL JUSTICE ED. - FEB 20, 2026 #4199

News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8
Tel: (250) 378-5717 Fax: (250) 378-2025 Email: market@uniserve.com

Public book of condolences for Tumbler Ridge

Following the tragic events in Tumbler Ridge on Tuesday, Feb. 10, 2026, an online book of condolence is available for British Columbians to express their sympathies and messages of support.

It is the easiest and most convenient way for people to pay their respects. It is near the end of its access, and will remain open until end of day today Feb 20.

Go to: submit.digital.gov.bc.ca/app/form/submit?f=5aadf492-bbc0-4685-b9ec-c7fdca617f97

Cultural burning & prescribed fire

Fire is a natural, normal process for many ecosystems in BC and is necessary to maintain a healthy forest and the diversity of plant and animal life.

The history of aggressive and highly effective wildfire suppression in the Province has resulted in: Build-up of forest fuels; Greater tree encroachment on grasslands; 'In-filling' of once open, dry forests This has both increased the risk of devastating wildfires and negatively impacted biodiversity and forest health.

Cultural burning

Indigenous cultural burning has existed since time immemorial, with traditional knowledge passed down from generation to generation. The term *cultural burning* refers to the intentional use of fire at a broad scale on the land that is led by First Nations or is based in First Nations' distinct cultural values, perspectives or practices.

While the Province does not undertake cultural burning, it has a responsibility to address some of the barriers to cultural burning that exist. To achieve that, in line with its commitments in the Declaration on the Rights of Indigenous Peoples Act, the Province is working in partnership with Indigenous peoples to co-develop a policy and program framework for cultural and prescribed fire that aligns with the UN Declaration and provides the foundation for a sustainable, long-term and co-managed approach.

Prescribed fire

Prescribed fire is the planned and intentional use of fire on a specific land area. It is one of the most ecologically appropriate and relatively efficient means for achieving a range of objectives. These objectives can include habitat enhancement, preparation for tree planting or disease eradication.

Prescribed fire can also contribute to achieving air quality and climate action targets by preventing large, intense wildfires and replacing them with more frequent, well-timed and well-planned low-intensity fires.

These fires can take many months to plan and are managed to minimize the chance of escape and smoke impacts while maximizing the benefits to the site.

Local cultural burning projects

BC Wildfire Service has announced 2 more cultural burns besides the first one announced for Nicola Mameet IR #1 starting March 2. They will be supporting Coldwater Indian Band for the remaining 35 hectares of an ongoing project, approx. 10 km southwest of Merritt on Coldwater IR #1, starting ealy next month. And they will be supporting the Upper Nicola Band for a 90-hectare burn project, spread out between multiple treatment units on the Douglas Lake IR #3, about 40 km northeast of town, also starting next month.

Smoke will be visible in local communities and from along area highways.

I have a bed but I don't sleep. I have a bank but no money. I have a mouth but can't speak.
What am I? A river.

Archeologists are holding a party to celebrate unearthing the largest dinosaur tibia ever...
It's going to be quite the shindig!

I once had a hen that could count her own eggs... She was a mathemachicken

I once asked a monkey how he handles the chaos of modern life: Deadlines. Social pressure. Climate change. He looked at me very seriously and said, "You think it's chaos. But for me?"
He peeled one slowly. "Life can just be bananas sometimes."

If a hexagon has 6 sides and a pentagon 5 sides what has no sides? A carport.

My friend had been engaged over 5 times but never married. That's a lot of near missus.

Community Love to Dance bottle drive

Support Love To Dance Academy as they work towards expanding. Volunteers will be going door to door collecting bottles and cans tomorrow, Feb 21, 10am -1pm, in Merritt and Lower Nicola. Volunteers are also needed. To donate bottles or to volunteer, call Rachel (250)315-7755.

Tobogganing has changed into games in Central Park

Old fashioned fun and games, tomorrow, Saturday February 21, 1-3pm at Central Park, near the police station. Free for kids of all ages and kids at heart. Door prize draw for adults 1:30pm, who previously entered bet on sun. Prizes to give away. FMI, text Cecilia 250-315-0022 or email gcdyck@hotmail.com

Stopping human trafficking and sexual exploitation

The NV Community Justice Services Society will be hosting an anti-human trafficking presentation with advocate, author & speaker Cathy Peters. The event will be held Tuesday, Feb 24, at NVIT. Doors open at 6:30pm, presentation 7-8pm. Free, open to the community. FMI contact Lee (250)280-4460.

Steak dinner fundraiser in memory of Pam Jarvis

The Grand will hold a fundraiser on February 28th — raffle auction, a pre-order list for t-shirts & more. All proceeds, all tips made, & \$10 from each ticket sold will go directly to the 6 Jarvis children. \$25 per ticket, reservations required. 3 seatings: noon, 5pm & 7:15pm. FMI or to donate any goods or services for the raffle auction, call the Grand (250)378-4618.

Polar Plunge challenge

Special Olympics Merritt is challenging all local organizations, businesses, and community members to jump in for inclusion! Nicola Lake, March 7. Build a team with coworkers or friends, or enter as an individual and take the plunge solo. It's all in support of the Special Olympics athletes and helping to create opportunities for sport, confidence, and belonging for people with intellectual disabilities. Show your community pride plunge4specialolympics.crowdchange.ca/127708

Community yard sale

Bring all your "treasures" to the Civic Centre and join others, at one location on Saturday, March 21, for the City of Merritt's official Community Yard Sale. Open to the public from 8am-2pm. To be a seller, call the Civic Centre to register. (\$5/ table, max 3 tables).

2026 Spring marketplace

At the Civic Ctre, March 14 & 15. Handcrafted decor, artwork, jewelry, body care products, unique seasonal pieces.



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CHASING THE SUMMIT

PAINTINGS BY
**Claire
Burnham**
Feb 4-Mar 7, 2026

COME VISIT THE GALLERY AT THE NICOLA VALLEY ARTS CENTRE

the Arts Council
Nicola Valley Community Arts Council

HOURS:
Mon-Sat 10am-5pm
Sunday 12-4pm

2051 VOGHT ST.
ENTER BESIDE KEKULI CAFE



2051 Voght St., Merritt, BC | www.nicolavalleyarts.com | curator@nicolavalleyarts.com | 250-378-6515

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for more info or merrittpickleballclub@gmail.com

Baillie House Book Sale!



Quality Books!




\$5 per bag

Join us at 2202 Voght Street on Feb 24th-28th
From 10:00-2:30PM
250-378-0349



Interest in buying some
quality books at a fair price?

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Citxw Nlaka'pamux Assembly

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MERRITT MORNING MARKET

FREE CLASSIFIEDS — Call 250-378-5717
or email market@uniserve.com



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PAINTINGS BY
Claire Burnham
Feb 4-Mar 7, 2026

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the Arts Council
Nicola Valley Community Arts Council

HOURS:
Mon-Sat 10am-5pm
Sunday 12-4pm

2051 VOGHT ST.,
ENTER BESIDE KEKULI CAFE

BRITISH COLUMBIA ARTS COUNCIL
BRITISH COLUMBIA MUSEUM OF ARTS AND CULTURE

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FRIDAY EDITION — FEBRUARY 20, 2026 #4199
Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

SALES

COMMUNITY YARD SALE, Civic Centre, SAT, MARCH 21, 8am-2pm. To register as a vendor, recreation@merritt.ca 250-315-1050, \$5/table max 3 tables

PERSONAL

LOST: Chain w/ medallion 315-7771
FOUND CAT, Appeared at Sunshine Valley address: Shorthair tortoiseshell young female cat. 378-6540
GOING AWAY ON HOLIDAYS? Nd someone to care for your home or sml farm? call Bill, reliable, honest 315-3621
LOST: keychain with change purse. Navy blue arrowhead beadwork w/ lanyard, Ford key & PO key, ID in change purse (status card & care card), between Post office & Black's on Nov 24. Please, just need ID back. 525-0406
NA MEETINGS are held each Tues & Thurs 7pm at the United Church, 1899 Quilchena Ave.
MISSING: 2 sets of 2 silver matching keys & 1 single key w/ blank photo tag attached. Call/text Gilbert 250-828-0582
DO YOU PLAY VIOLIN? Join our string ensemble group. Practice Wednesdays evenings. Text Cecilia 315-0022
ALANON (for friends & families of alcoholics) every Monday @ 6pm Trinity United Church Hall
ELKS EVENTS: Every Wednesday Bingo, doors open 11am, ends 3pm. Every Friday Nite Bingo, doors open 4pm, ends 10pm. 1701 Coldwater Ave.
AA MEETINGS Wed., Fri., Sat. At 7pm, Mon. Noon at Trinity United Church, 1899 Quilchena Ave.

SERVICES

NEED CORPORATE planning, business wealth account, collateral loans, key person insurance, etc 778-630-0323
TC PAINTING, licensed, insured. Returning to work, taking small jobs for now. Or if more time, we can discuss. Tina 604-767-4866
NEED HELP AT HOME? I offer professional, flexible, reliable, friendly, and dependable cleaning and caregiving services. Please call or text: 250-879-5383
JOE, THE COMPUTER GUY. Repairs, upgrades, on-site service 604-377-0274
SHELLY'S BANNOCK & Catering & other goodies 936-8368
SCRAP FOR CASH. I'll come to you. Batteries, brass copper, aluminum, stainless, wire. Call or msg 604-618-8710, or the middleman @shaw.ca Fast service,
CERTIFIED TREE FALLER, w/ wd chipper, sml truck & trailer, will do residential, fruit trees, etc. 378-6431
EAGER, RELIABLE man w/ 4x4 truck & trailer, avail. Dump runs, deliveries, plywood, sand, gravel, appl., housewares Greg 315-7525, (250)320-2054 Fast, courteous service

EMPLOYMENT OPPORTUNITY

LIST YOUR JOB. List your employment opportunity here, no charge. 250-378-5717, market@uniserve.com

FOR SALE - APPLIANCES

ELECTRIC stove/range, glass top, convection oven, black \$325. Kenmore refrigerator, wrks gd \$125 378-1680
DEEP FRYER still in box \$25 378-5008
MICROWAVE new 1200W family size Panasonic Genius \$150 378-5394
FRIGIDAIR stove, 2 yrs old \$250obo. Vitara fridge, 10 mos. old \$400obo. Amana washer & dryer, 4 yrs old \$300/ pr obo 280-0543
FREEZER, smaller approx. 2'x4'. Calvin 778-586-8362
COUNTERTOP dishwasher, hardly used, 3 yrs old \$300 250-289-4759
ARCTIC AIR a/c 5000btu 18.5wx-15.5dx12"h \$25. Kenmore a/c 12,000btu 18wx15dx22 \$100. **Wshr/dryer** \$300/ pr. Elect. **fireplace** w/ remote \$100. Gas stove, dbl oven, Americana \$150. Inglis fridge \$75 315-0415
FREE: 4-bmr prop. range (604)312-1954 A/C \$100. Calvin 778-586-8362
MICROWAVE \$30 378-0838

FOR SALE - AUTOMOTIVE

SET OF 15" tires, 205/70R15, very gd shape \$100 315-8087
4 MAG 15" rim & centre caps for Fod Ranger, all gd shape 315-7771

4 MICHELIN A/T tires 275-65-R18, tires were take offs, lk nw \$400 280-0769
1991 FORD F150 4x4 378-7124
SET OF 4 TIRES, good rims, 245-17 winters for Ford \$400. Calvin 778-586-8362
95 CHEVROLET Crew Cab Pickup Truck \$1500obo 315-0011 Aspen Grove
ALUM. dry box combination tonneau cover for full size pickup truck with 6 ft. box. \$450obo. 315-2080
4 SALIUN tires 205/55/R16 M+S, used for 5 months \$225 378-2226 after 5pm
PARTING OUT: 2010 Ford F150, Lots of good stuff, Various prices or take truck for \$700 Text 250-936-8982
TIRES: Five 185/65R15 snowflake. Two **215/65 17"** wntr snowflake M&S. Two **215/55R17** winter snowflake. Four **195/65 16"** snowflake. Four **185/65R15** winter studded, brnd nw. Rick 936-8885
2005 DODGE 1500 4x4 SLT, auto, quad cab, 4 tires w/ snowflake last yr, gd glass, vry gd cond, vry reliable, lots work done, 220,000km, \$8000obo. Greg 315-7525

FOR SALE - PETS / LIVESTOCK

6-8 PIGEONS with a good metal roost for them, to give away. 378-4947
30-GAL. fish tank, LED lights, 2-in-1 filter pump, bubble pump, gravel, ornaments, fish net, hand-held cleaner for glass \$250 315-3981
6 FT HINGED plastic dog ramp (astro turf lined for traction) \$95. Large well built **dog house** (insulated, aluminum roof, wavy-edged cedar siding) \$150 firm. Large Petmate portable plastic **dog kennel** \$135. Earl 378-5038
MUSKOVY & Cayuga ducks 378-4476
2 MALE kittens to grt homes 250-682-2012
PITBULL puppies born Feb 28, ready now. Andrew 778-538-3682

FOR SALE - MISCELLANEOUS

5-FT RUBBER plant \$40 378-5008
DOUBLE GLAZED window, 4'h x 6'w \$50 378-1358
HEAD mount cougar rug, ofrs. 378-5038
4 cork boards, 4'x6', exc cond. 280-0543
PR LADIES Hunter boots, madder purple, sz 7, gd cond \$50. 378-1843 aft 5pm
100s PAPERBACK books to give away free, for whoever will come to get them 315-9803, diananorgaard63@gmail.com
FREE FIREWOOD: willow not the best firewood, fine once dry, about 1/2 to 2/3 of a cord, 1475 Cleasby St help yourself.
FREE 4 burner propane range w/ lrg-oven. Free wht dble porcelain **kichen sink**. Free wht **bthrm sink** - 4". Kane Valley Area but can drop off 604-312-1954
WINDOWS, aluminum frames, various sizes. Plywood 3/4" tongue & groove. Regular plywood, 1/2" Aldo 378-2832
UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5 for 1 cup. 378-4947
GRANNY'S House Quilting & Retreat has sewing notions from Pat's Patches 378-3734

FOR SALE - FURNITURE

VINTAGE Half Canopy single bed, frame \$75 378-6787
DOUBLE BED with box spring, frame, stands and set of sheets, gd condition just no room \$125obo. **4 bar stools**, like new \$125 all 4 obo. **Pedestal sink** \$40. **Rocking chair** \$40. 2 swivel **rocking chairs**, light rose in colour, very nice looking \$375obo. 378-7333
SOLID WOOD kitchn tbl, 2 leaves, 6 chairs \$85 378-1835
WOOD table w/ 6 chairs, 2 leafs, exc shape \$300obo. Other furniture: dressers, china cabinet, etc. etc. 280-0543
DLX high-back leather padded desk/of-fice chair, lk nw \$100 378-9169
FILE CABINET 4 drawer legal size \$75. Oak queen **headboard** and bed frame \$25. Matching oak large **dresser** with mirror \$75. Royal Dalton Country Roses **china set** \$300. Bob 250-574-3598
HARDWOOD tbl & chairs \$50obo. Solid hardwood **dresser** & mirr. \$50obo Debra 250-718-3740

FOR SALE - ELECTRONICS/SOFTWARE

4 -TV'S 48", 41", and 2 32-inch. Phone for price 378-7333

LG soundbar, never used \$80 378-5008
SIRIUS RADIO w/ access., nw cond \$100 378-9169

FOR SALE - RECREATIONAL

10' alum. boat, no leaks. \$250obo 315-2080
SAUER 3000 Carl Gustaff 6.5x55 with 6-24x50 scope. Very nice condition, silky smooth, very accurate \$800 hlangeloo46@gmail.com
MUECCI pool cue w/ case, brnd nw. value \$800+, sell \$600 hlangeloo46@gmail.com
SHAKESPEAR Wondertrol. 606 electric outboard motor with 12v battery and battery box \$75 378-6787
WINCHESTER 3" mag Mdl 12 shot-gun, rarely used/lk nw \$850. Earl 378-5038
3-WHL e-bike, 90km total, pd \$3450, sell \$2700. 378-4572, snitch11@outlook.com
1987 TRAVELAIRE 16ft Recreation Trailer \$4000. 2012 flatdeck utility trailer \$1500. **2012 Haulrite** 5/10ft utility trailer w/ ramp & boat rack \$2500. 2003 **utility trailer** ofrs. **Utility trailer & camper** \$1000. Flat bottom **boat** \$500. 2 electric **motors** \$85. 315-0011 Aspen Grove
BICYCLES, Various prices, Various sizes Text 250-936-8982

FOR SALE - TOOLS/EQUIPMENT

WOOD STOVE 55,000 btu \$100 378-1358
220 VOLT construction heaters, built in thermostat, 2 avail. \$50 each 378-8802
SNOW blower, elect., works great \$60 315-5946
EARLY 1950s tractor/front end loader, offers 378-7124
DELTA 2hp cabinet saw \$800 378-6260
DELTA 10" table saw with roll around kit, like new condition \$450. 378-6787
2021 EQUIPT TRLR bumper pull, 20ft deck, tandem 14,000lb axles, exc shape \$7500 315-3071
225V MILLER welder and cables. Oxy and Act gauges, 4 small tanks, hoses, bottle cart \$200. 378-6787

WANTED/WANTED TO BUY

I PAY CASH for broken or no longer used gold & silver jewellery, coins etc. Also looking for old lighters & hunting or pckt knives. Call/txt Helena 778 538 9063
RECORDS, hockey cards, hunting knives, Johnny Cash memorabilit. Tom 778-288-4095
SMALL wood dog house, 315-2249
WTD: CHEAP VEHICLE under \$1000 ASAP 280-3917
45-GAL. barrel, cln plstc or stl 378-6421
WANTED: free fixer upper bikes (Adult), free working dryer, clean smoke free hide-a-bed for spare room. 315-5437
OLD PRE-1980S boys type toys 250-808-3579, totalltuned@iCloud.com

FOR SALE HOME/PROPERTY

FOR SALE BY OWNER building lot in Colletville (1420 Pine); +12,000 square feet, +-9,600 sq. ft. "buildable," \$80,999. FMI michaelsages@proton.me 604-916-9289
12X60 MBL HOME, must be moved All offers considered. Mess./text 315-7803

FOR RENT

4-BDRM hse, 2-bath, immed 378-4392
3-BDRM house, 1-bth, detach. gar., lrg fncd bck yrd, avail. immed. 378-7416
STUDENTS only: \$1000/mo w/ some wrk wknd or key access. 10 hrs/wk 378-4201
FOUR 1-BDRM, \$950/mo, kitchenettes for winter. Coin Laundry, Free wifi, free parking, satellite TV, smart TV, free water/hydro/gas/pest control/hi-spd internet Movies & sports channel! 778-639-0323
FIVE 1-BDRM, \$1200/mo., kitchenettes for winter. "Coin Laundry, Free wifi/parking, sat. TV, smart TV, free water/hydro/gas/pest control/hi-spd internet, Movies & sports channel! 778-639-0323
2-BDRM ste, 1-bth, n/p, n/s, 778-639-0244
RM FOR RNT Low. Nic. Shared accomm. Hydro/internet incl. \$750. Senior or wrking female only. Dam. deposit & refs req'd. 280-0779
FURN'D ROOM entuite bthrm, 11km west of Merritt, country setting 378-4476
4000SQFT shop/warehouse for lease in Low. Nic., 500sqft mezz., 500sqft off., 3-phs electrical, bthrm, gas furn., air compr., 14'x14' dr, Call/text 604-534-1401



K'en T'em

CULTURAL HERITAGE

Preliminary Field Reconnaissance
Archaeological Impact Assessments
Excavation and Site Assessments

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ART THERAPY
WITH JENNIFER



MERRITT MORNING MARKET

CHECK OUT OUR FEATURE PHOTO EVERY ISSUE, ONLINE



SUDOKU

Puzzle #1

		6			1		
8	2	3		6	7		4
	4					2	6
				1			2
9		5			3	4	8
	3	1	8		5		6
		4			1		
			6				
			5	3	4		9

Puzzle #2

4			9		1	2	7	
					8			9
					6	3		1
2		9						
6	5	8				4		
	4		3	6			7	2
					4	8		
3	6	4	8	5				
		7		9	4	8		
					3			

Puzzle #3

5	7	6	4	8	2	1	9	3
8	2	3	1	6	9	7	5	4
1	4	9	3	5	7	8	2	6
4	8	7	9	1	6	5	3	2
9	6	5	7	2	3	4	1	8
3	9	4	2	7	1	6	8	5
7	5	2	6	9	8	3	4	1
6	1	8	5	3	4	2	7	9

Puzzle #4

4	8	2	1	9	3
1	3	6	7	2	8
2	7	9	5	4	6
6	5	8	2	1	7
9	4	1	3	6	5
3	6	4	8	5	2
7	2	3	4	8	9
8	9	2	1	7	3
5	1	7	6	9	4
6	1	8	5	3	4

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