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Local Florist, **Morning Glory Maven**

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Order now for Int'l Woman's Day, March 8
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NICOLA VALLEY RODEO ASSOCIATION
EST. 1968

is inviting friends and members to a
SOCIAL EVENING & ANNUAL GENERAL MEETING
March 12, 2026 at 6:00 pm
at the Canadian Country Music Hall of Honour,
2025B Quilchena Avenue

Join us for hors d'oeuvres, refreshments & music.

CHASING THE SUMMIT
PAINTINGS BY
Claire Burnham
Feb 4-Mar 7, 2026

COME VISIT THE GALLERY AT THE NICOLA VALLEY ARTS CENTRE

the Arts Council
Nicola Valley Community Arts Council

HOURS: Mon-Sat 10am-5pm, Sunday 12-4pm
2051 VOGHT ST., ENTER BESIDE KEKULLI CAFE

2051 Voght St., Merritt, BC | www.nicolavalleyarts.com | curator@nicolavalleyarts.com | 250-378-6515

No Fixed Address: The White Cart Memorial

Film Screening & Panel Discussion

a powerful and intimate documentary that sheds light on a deeply overlooked aspect of the homelessness crisis: people's grief following the death of someone they care about.

Date: Tuesday, March 31st
Time: 5:30 PM - 8:30 PM
Location: NVIT, 4155 Belshaw St, Merritt, BC- Lecture Theatre

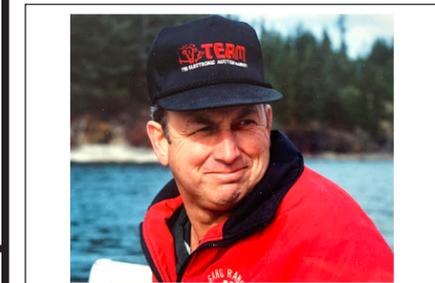
Sign up by scanning the QR code or visit the Front Desk at the NVIT who can assist you with registration. Seats are limited, be sure to grab your spot early. Tickets are FREE.

NVIT Nicola Valley Shelter and Support Society
ASK Wellness Society
BC Centre for Palliative Care

MERRITT MORNING MARKET
Please Recycle

MIDWEEK EDITION - MARCH 4, 2026 #4204
News, opinion, community events since 1996! Box 2199, Merritt, BC V1K 1B8
Tel: (250) 378-5717 Fax: (250) 378-2025 Email: market@uniserve.com

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James Kyle Gardner
Oct 10, 1944 - Feb 24, 2026

It is with deep sadness and immense gratitude for a life well lived that we announce the peaceful passing of James Kyle Gardner. A devoted husband, father, grandfather, great-grandfather and friend.

Jim passed peacefully at home on February 24th surrounded by the love of his family just as he would have wanted. He was predeceased by his beloved son Ken and his brothers Ross and Gerry whose memories he carried with him always.

He leaves behind the love of his life; Linda, who he met in 1963 and were to have celebrated Sixty years of marriage this year.

He is lovingly remembered by his beloved Daughter Sandi (Paul), his cherished Grandchildren Joseph (Ashley), Jessica (Blake), Alyssa (Abby) and his 5 Great Grandchildren who brought him immeasurable pride and joy.

Born and raised in Merritt, BC, his heart never strayed far from the land and community he loved so deeply. The Nicola Valley was not just where he lived, it was who he was. A rancher and cattle broker by trade, he built his life through hard work, integrity, and a deep respect for his home. He started his family at the Gardner Ranch in Lower Nicola, laying down roots for his family he loved so dearly.

He was a man deeply committed to his community. Giving back through various groups such as the Masonic Family, the Cattleman's Association and his years with the 4H Club. He gave his time generously and believed in showing up for his neighbors, his family and his friends.

Jim was fiercely loyal. The kind of friend who held onto relationships from Grade 1 onward. He loved a good round of golf, his weekly coffee meetings, annual fishing trips and traveling far and wide. He was always there for good conversations, and even better whiskey. He was headstrong and determined, yet endlessly generous. Above all, he was a family man. His greatest pride was the life he built with Linda and the family they raised together.

He leaves behind a legacy of loyalty, hard work, and unwavering love. Home feels quieter without him and the constant sound of the news on, but we know he is at peace now.

He will be deeply missed and forever remembered.

Service will be held Sunday March 8, 2026 at 1:30PM at the Merritt Civic Center, 1950 Mamette Ave, Merritt BC.

I'm investing in several stocks like beef, chicken, and fish.. in hopes I become a bouillionaire.

My wife just phoned me, and the conversation went like this: Her: "You know that Gladiator movie that I got you for Christmas...?" Me: "Yeah." Her: "Wind it forward one hour, 16 minutes and 28 seconds." Me: "Right, I've done that." Her: "Okay, you see the gladiator at the front fighting the lion...?" Me: "I can see that, yeah." Her: "Just behind him, there are two gladiators having a sword fight with each other...?" Me: "Okay, I see them." Her: "Well, behind those two, on the left-hand side of the screen, there's a gladiator holding a spear...?" Me: "Yes...! I can see him." Her: "Right...! Those are the sandals I want for my birthday."

The Printer Whisperer My printer and I have a healthy relationship: It refuses to work, I threaten to replace it, and then we both pretend the Wi-Fi is the problem.

Province-sponsored training Empower, protect and connect

The province of BC is sponsoring their Empower, Protect + Connect program right here in Merritt, each Wednesday evening beginning March 18 to June 10, 6-8pm (12 sessions), at the Civic Centre — registration is free!

The program develops essential safety and empowerment skills, builds strength and confidence, and provides a safe and supportive space where participants can build community.

Learn practical self-defence techniques for physical safety. Develop situational awareness in everyday and high-risk environments. Strengthen assertiveness and boundary-setting skills. Rebuild personal confidence through trauma-informed practices. Access emotional support and empowerment strategies. Connect with local community resources and services. Foster physical and emotional resilience in a supportive group setting.

The 12-week program offers weekly 2-hour sessions that include: 1 hour Self-Defence Training, taught by certified instructors, with a focus on real-life scenarios and practical safety techniques.

And 1 hour Counselling & Empowerment Workshop, facilitated by a Registered Clinical Counsellor and local organizations, offering trauma-informed support, strategies for personal growth, and community connection.

The program is for anyone aged 15 + affected by or at risk of gender-based violence. It is free to attend, but registration is required as participants are expected to attend most/all sessions. Register by calling 250-315-1050, stopping by the Civic Centre, or online from the link at: www.merritt.ca/empower/

Community Polar Plunge challenge

Special Olympics Merritt is challenging local organizations, businesses, and community members to jump in for inclusion! Nicola Lake, March 7. Build a team, or enter as an individual and take the plunge solo. It's all in support of the Special Olympics athletes and helping to create opportunities for sport, confidence, and belonging for people with intellectual disabilities. Show your community pride [plunge4specialolympics.crowdfunder.ca/127708](https://www.crowdfunder.ca/127708)

NV Rodeo Assoc AGM

The NV Rodeo Association will host a social evening & annual general meeting on March 12, 6pm at the Canadian Country Music Hall of Honour, 2025B Quilchena Ave. Memberships will be available.

Community yard sale

Bring all your "treasures" to the Civic Centre and join others, at one location on Saturday, March 21, for the City of Merritt's official Community Yard Sale. Open to the public from 8am-2pm. To be a seller, call the Civic Centre to register. (\$5/table, max 3 tables).

2026 Spring marketplace

At the Civic Ctr, March 14 & 15. Handcrafted decor, artwork, jewelry, body care products, unique seasonal pieces.

Black's PHARMACY

Friendly, professional service from people who care.

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2037 Quilchena Avenue, Merritt BC 250-378-2155

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breelepinewoodward@gmail.com

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2202 Voght St.
10-4pm Tues-Sat

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2025 Granite Ave., Merritt

Citwx Nlaka'pamux Assembly

We are pleased to announce that we have more job opportunities to join the Citwx Nlaka'pamux Assembly. Please visit our website to view the following job postings available:

- CNA - Cook's Ferry Comm. Engagement Coordinator
- CNA - Elders Coordinator
- CNA - Employment and Training Assistant
- CNA - Engagement Specialist
- CNA - 7eskntwex™ General Clerk
- CNA - Human Resources Support Clerk
- CNA - nle7képmx Guardian Coordinator
- CNA - nle7képmx Land Guardian (Valley)
- CNA - Special Projects Lead
- CNA - Youth Coordinator

Interested applicants are encouraged to submit their cover letter and resume to:
Citwx Nlaka'pamux Assembly
Email: HR@cna-trust.ca
In-Person: 2025 Granite Ave, Merritt, BC
We offer competitive wages, benefits, pension, internal training, and professional development to support the right candidate. We believe in initiative, respect and community values. If you have some of these qualities and believe you would be of value to our organization, then we want to hear from you!
Follow the link: https://employment.cna-trust.ca/job-postings_join_our_team.htm



WEDNESDAY EDITION — MARCH 4, 2026 #4204
Box 2199, Merritt, BC V1K 1B8 T: (250) 378-5717 F: (250) 378-2025 E: market@uniserve.com

SALES

COMMUNITY YARD SALE, Civic Centre, SAT, MARCH 21, 8am-2pm. To register as a vendor, recreation@merritt.ca 250-315-1050, \$5/table max 3 tables

PERSONAL

POTTERY BY DIANE. One of a kind hand crafted pottery on sale at Creative Co., starting Mar 2. Some commissions possible email diane.wandler@yahoo.ca Next firing en of May, so send me your special ideas. What would u like me to make? Meet the potter Thurs Mar 5, 12, 19 & Sat Mar 28

GOING AWAY ON HOLIDAYS? Nd someone to care for your home or sml farm? call Bill, reliable, honest 315-3621

LOST: keychain with change purse. Navy blue arrowhead beadwork w/ lanyard, Ford key & PO key, ID in change purse (status card & care card), between Post office & Black's on Nov 24. Please, just need ID back. 525-0406

NA MEETINGS are held each Tues & Thurs 7pm at the United Church, 1899 Quilchena Ave.

MISSING: 2 sets of 2 silver matching keys & 1 single key w/ blank photo tag attached. Call/text Gilbert 250-828-0582

DO YOU PLAY VIOLIN? Join our string ensemble group. Practice Wednesday evenings. Text Cecilia 315-0022

ALANON (for friends & families of alcoholics) every Monday @ 6pm Trinity United Church Hall

ELKS EVENTS: Every Wednesday Bingo, doors open 11am, ends 3pm. Every Friday Nite Bingo, doors open 4pm, ends 10pm. 1701 Coldwater Ave.

AA MEETINGS Wed., Fri., Sat. At 7pm, Mon. Noon at Trinity United Church, 1899 Quilchena Ave.

SERVICES

NEED CORPORATE planning, business wealth account, collateral loans, key person insurance, etc 778-630-0323

TC PAINTING, licensed, insured. Returning to work, taking small jobs for now. Or if more time, we can discuss. Tina 604-767-4866

NEED HELP AT HOME? I offer professional, flexible, reliable, friendly, and dependable cleaning and caregiving services. Please call or text: 250-879-5383

JOE, THE COMPUTER GUY. Repairs, upgrades, on-site service 604-377-0274

SCRAP FOR CASH. I'll come to you. Batteries, brass copper, aluminum, stainless, wire. Call or msg 604-618-8710, or the middleman@shaw.ca Fast service,

CERTIFIED TREE FALLER, w/ wd chipper, sml truck & trailer, will do residential, fruit trees, etc. 378-6431

EAGER, RELIABLE man w/ 4x4 truck & trailer, avail. Dump runs, deliveries, plywood, sand, gravel, appl., housewares Greg 315-7525, (250)320-2054 Fast, courteous service

EMPLOYMENT OPPORTUNITY

LIST YOUR JOB. List your employment opportunity here, no charge. 250-378-5717, market@uniserve.com

FOR SALE - APPLIANCES

ELECTRIC stove/range, glass top, convection oven, black \$325. Kenmore refrigerator, wrks gd \$125 378-1680

DEEP FRYER still in box \$25 378-5008

MICROWAVE new 1200W family size Panasonic Genius \$150 378-5394

FRIGIDAIR stove, 2 yrs old \$250obo. Vitara fridge, 10 mos. old \$400obo. Amana washer & dryer, 4 yrs old \$300/pr obo 280-0543

FREEZER, smaller approx. 2'x4'. Calvin 778-586-8362

COUNTERTOP dishwasher, hardly used, 3 yrs old \$300 250-289-4759

ARCTIC AIR a/c 5000btu 18.5wx15.5dx12'h \$25. Kenmore a/c 12,000btu 18wx15dx22 \$100. Wshr/dryer \$300/pr. Elect. fireplace w/ remote \$100. Gas stove, dbl oven, Americana \$150. Inglis fridge \$75 315-0415

FREE: 4-bmr prop. range (604)312-1954 A/C \$100. Calvin 778-586-8362

FOR SALE - AUTOMOTIVE

SET OF 15" tires, 205/70R15, very gd shape \$100 315-8087

4 MAG 15" rim & centre caps for Ford Ranger, all gd shape 315-7771

1991 FORD F150 4x4 378-7124

SET OF 4 TIRES, good rims, 245-17 winters for Ford \$400. Calvin 778-586-8362

4 MICHELIN A/T tires 275-65-R18, tires were take offs, lk nw \$400 280-0769

95 CHEVROLET Crew Cab Pickup Truck \$1500obo 315-0011 Aspen Grove

ALUM. dry box combination tonneau cover for full size pickup truck with 6 ft. box. \$450obo. 315-2080

4 SALIUN tires 205/55/R16 M+S, used for 5 months \$225 378-2226 after 5pm

PARTING OUT: 2010 Ford F150, Lots of good stuff, Various prices or take truck for \$700 Text 250-936-8982

TIRES: Five 185/65R15 snowflake. Two 215/65 17" wnter snowflake M&S. Two 215/55R17 winter snowflake. Four 195/65 16" snowflake. Four 185/65R15 winter studded, brnd nw. Rick 936-8885

2005 DODGE 1500 4x4 SLT, auto, quad cab, 4 tires w/ snowflake last yr, gd glass, vry gd cond, vry reliable, lots work done, 220,000km, \$8000obo. Greg 315-7525

FOR SALE - PETS / LIVESTOCK

6-8 PIGEONS with a good metal roost for them, to give away. 378-4947

30-GAL. fish tank, LED lights, 2-in-1 filter pump, bubble pump, gravel, ornaments, fish net, hand-held cleaner for glass \$250 315-3981

6 FT HINGED plastic dog ramp (astro turf lined for traction) \$95. Large well built dog house (insulated, aluminum roof, wavy-edged cedar siding) \$150 firm. Large Petmate portable plastic dog kennel \$135. Earl 378-5038

MUSKOVY & Cayuga ducks 378-4476

2 MALE kittens to grt homes 250-682-2012

PITBULL puppies born Feb 28, ready now. Andrew 778-538-3682

FOR SALE - MISCELLANEOUS

WINDOWS GALORE, frames, various sizes 378-2832

5-FT RUBBER plant \$40 378-5008

DOUBLE GLAZED window, 4h x 6w \$50 378-1358

HEAD mount cougar rug, offr. 378-5038

4 cork boards, 4'x6', exc cond. 280-0543

PR LADIES Hunter boots, madder purple, sz 7, gd cond \$50. 378-1843 aft 5pm

100s PAPERBACK books to give away free, for whoever will come to get them 315-9803, diananorgaard63@gmail.com

FREE FIREWOOD: willow not the best firewood, fine once dry, about 1/2 to 2/3 of a cord, 1475 Cleasby St help yourself.

FREE 4 burner propane range w/ lrg-oven. Free wht dble porcelain kitchen sink. Free wht bthrm sink - 4". Kane Valley Area but can drop off 604-312-1954

PLYWOOD 3/4" tongue & groove. Regular plywood, 1/2" Aldo 378-2832

UNPASTEURIZED raw honey: \$40 for 8 cups, \$20 for 4 cups, \$10 for 2 cups, \$5 for 1 cup. 378-4947

GRANNY'S House Quilting & Retreat has sewing notions from Pat's Patches 378-3734

FOR SALE - FURNITURE

VINTAGE Half Canopy single bed. frame \$75 378-6787

DOUBLE BED with box spring, frame, stands and set of sheets, gd condition just no room \$125obo. 4 bar stools, like new \$125 all 4 obo. Pedestal sink \$40. Rocking chair \$40. 2 swivel rocking chairs, light rose in colour, very nice looking \$375obo. 378-7333

SOLID WOOD kitchen tbl, 2 leaves, 6 chairs \$85 378-1835

WOOD table w/ 6 chairs, 2 leafs, exc shape \$300obo. Other furniture: dressers, china cabinet, etc. etc. 280-0543

DLX high-back leather padded desk/office chair, lk nw \$100 378-9169

FILE CABINET 4 drawer legal size \$75. Oak queen headboard and bed frame \$25. Matching oak large dresser with mirror \$75. Royal Dalton Country Roses china set \$300. Bob 250-574-3598

HARDWOOD tbl & chairs \$50obo. Solid hardwood dresser & mirr. \$50obo Debra 250-718-3740

FOR SALE - ELECTRONICS/SOFTWARE

LG soundbar, never used \$80 378-5008

4 - TV'S 48", 41", and 2 32-inch. Phone for price 378-7333

SIRIUS RADIO w/ access., nw cond \$100 378-9169

FOR SALE - RECREATIONAL

10' alum. boat, no leaks. \$250obo 315-2080

SAUER 3000 Carl Gustaff 6.5x55 with 6-24x50 scope. Very nice condition, silky smooth, very accurate \$800 hlangeloo46@gmail.com

MUECCI pool cue w/ case, brnd nw. value \$800+, sell \$600 hlangeloo46@gmail.com

SHAKESPEAR Wandertrol. 606 electric outboard motor with 12v battery and battery box \$75 378-6787

WINCHESTER 3" mag Mdl 12 shotgun, rarely used/lk nw \$850. Earl 378-5038

3-WHL e-bike, 90km total, pd \$3450, sell \$2700. 378-4572, snitch11@outlook.com

1987 TRAVELAIRE 16ft Recreation Trailer \$4000. 2012 flatdeck utility trailer \$1500. 2012 Haulrite 5/10ft utility trailer w/ ramp & boat rack \$2500. 2003 utility trailer offr. Utility trailer & camper \$1000. Flat bottom boat \$500. 2 electric motors \$85. 315-0011 Aspen Grove

BICYCLES, Various prices, Various sizes Text 250-936-8982

FOR SALE - TOOLS/EQUIPMENT

WOOD STOVE 55,000 btu \$100 378-1358

220 VOLT construction heaters, built in thermostat, 2 avail. \$50 each 378-8802

SNOW blower, elect., works great \$60 315-5946

EARLY 1950s tractor/front end loader, offers 378-7124

DELTA 2hp cabinet saw \$800 378-6260

DELTA 10" table saw with roll around kit, like new condition \$450. 378-6787

2021 EQUIPT TRLR bumper pull, 20ft deck, tandem 14,000lb axles, exc shape \$7500 315-3071

225V MILLER welder and cables. Oxy and Act gauges, 4 small tanks, hoses, bottle cart \$200. 378-6787

WANTED/WANTED TO BUY

JIGSAW PUZZLES, 550pcs 378-5546

I PAY CASH for broken or no longer used gold & silver jewellery, coins etc. Also looking for old lighters & hunting or pckt knives. Call/txt Helena 778 538 9063

RECORDS, hockey cards, hunting knives, Johnny Cash memorabilit. Tom 778-288-4095

SMALL wood dog house, 315-2249

WTD: CHEAP VEHICLE under \$1000 ASAP 280-3917

45-GAL. barrel, cln plstc or stl 378-6421

WANTED: free fixer upper bikes (Adult), free working dryer, clean smoke free hide-a-bed for spare room. 315-5437

OLD PRE-1980S boys type toys 250-808-3579, totallytuned@iCloud.com

FOR SALE HOUSE/PROPERTY

FOR SALE BY OWNER building lot in Colletville (1420 Pine); +12,000 square feet, +-9,600 sq. ft. "buildable", \$80,999. FMI michaelsages@proton.me 604-916-9289

12X60 MBL HOME, must be moved All offers considered. Mess/text 315-7803

FOR RENT

ROOM/BOARD. Lrg furnished bdrm, quiet neighbhd, off street prking avail. Grt cook kctchn & laundry privileges. dog on site. \$750, refs req'. 315-9803

4-BDRM hse, 2-bath, immed 378-4392

3-BDRM house, 1-bth, detach. gar., lrg fncd bck yrd, avail. immed. 378-7416

STUDENTS only: \$1000/mo w/ some wrk wknd or key access. 10 hrs/wk 378-4201

FOUR 1-BDRM, \$950/mo, kitchenettes for winter. Coin Laundry, Free wifi/parking, sat. TV, smart TV, free water/hydro/gas/pest control/hi-spd internet Movies & sports channel! 778-639-0323

FIVE 1-BDRM, \$1200/mo., kitchenettes for winter. Coin Laundry, Free wifi/parking, sat. TV, smart TV, free water/hydro/gas/pest control/hi-spd internet, Movies & sports channel! 778-639-0323

2-BDRM ste, 1-bth, n/p, n/s, 778-639-0244

RM FOR RNT Low. Nic. Shared accomm. Hydro/internet incl. \$750. Senior or wrking female only. Dam. deposit & refs req'd. 280-0779



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Art Therapy in Merritt

Art Therapy sessions are now being offered by Jennifer Chemago at The Nicola Valley Arts Centre

Jennifer is a certified Art Therapist
With The Vancouver Art Therapy Institute

For Further Information
Please visit www.arttherapywithjennifer.com
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jchemagoarttherapy@gmail.com



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LIVING THE DREAM

Photography by **MIKE ANFIELD**



Show: March 11-
April 4, 2026

Reception
March 12, 4-7pm

COME VISIT THE GALLERY AT THE NICOLA VALLEY ARTS CENTRE



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WORDSEARCH

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Words can be found in any direction (including diagonals) and can overlap each other.

- | | |
|--------------|---------------|
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| EMPOWERMENT | CONNECTION |
| STRENGTH | WORKSHOP |
| CONFIDENCE | STRATEGY |
| SELF-DEFENCE | TRAINING |
| AWARENESS | ASSERTIVENESS |
| EMOTIONAL | PARTICIPANT |
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